



**A CHANGE OF PLAN?**

Full house at the Westbury protest meeting

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**FIT FOR THE QUEEN**

Tahara, it's a Georgian dream

**> FEATURE PAGE 9**



**FUN FOR YOUNG AND OLD**

Chudleigh show attracts record crowd

**> COMMUNITY P17**

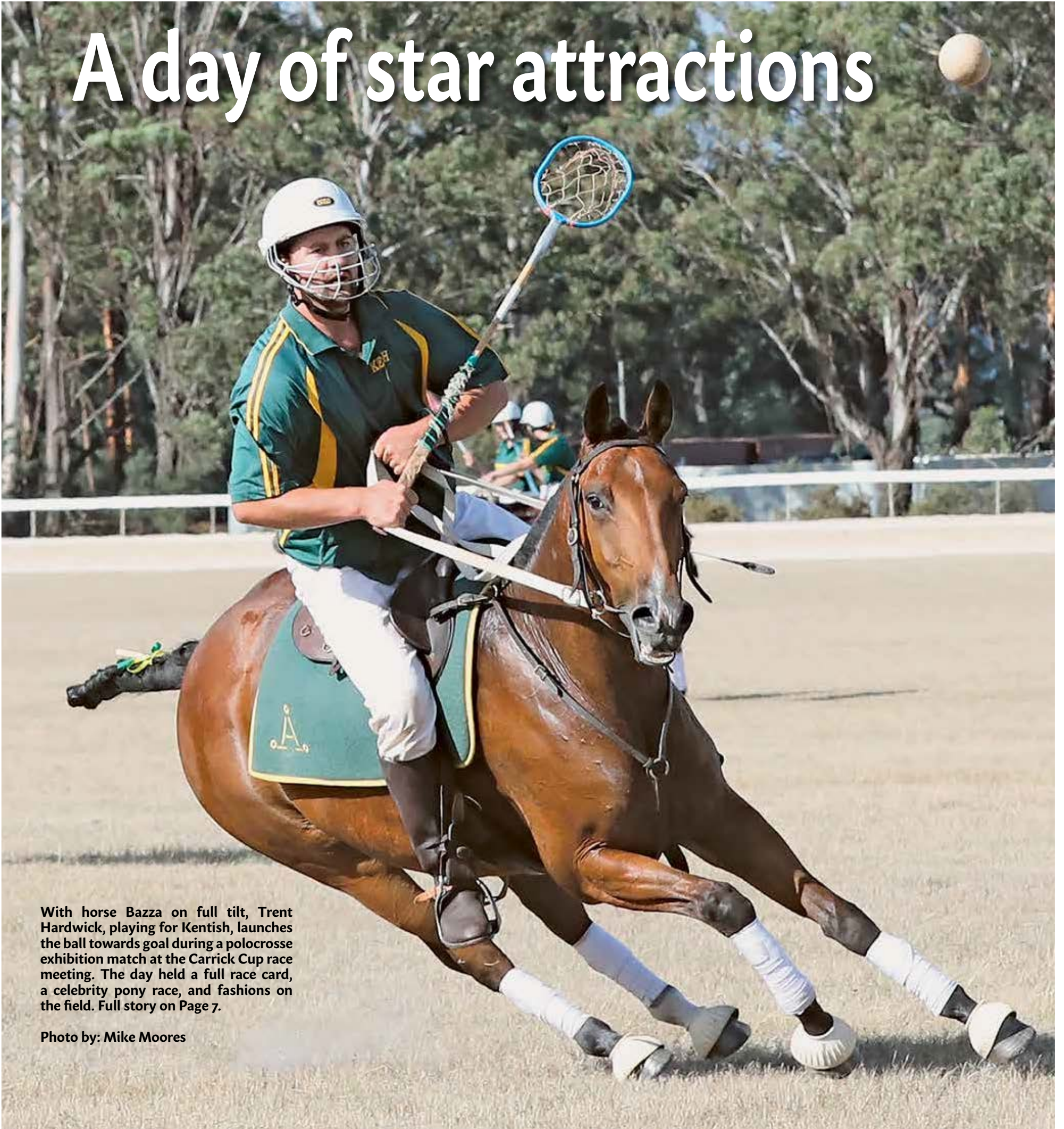
# Meander Valley Gazette

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March 2018

Meander Valley Gazette *Your independent community paper*

## A day of star attractions



With horse Bazza on full tilt, Trent Hardwick, playing for Kentish, launches the ball towards goal during a polocrosse exhibition match at the Carrick Cup race meeting. The day held a full race card, a celebrity pony race, and fashions on the field. Full story on Page 7.

Photo by: Mike Moores

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# Come join the circus

Sionn Higgins, age 9, demonstrates the use of Diabolo which was derived from the Chinese yo-yo, at Chudleigh's recent circus school.

Photo by: Mike Moores

By Hayley Manning

CHUDLEIGH'S three-day circus school was attended by 40 eager kids, the maximum number possible. Children spent the days laughing, playing, learning and spending some quality time away from their phones and devices.

Circus Art hosts, Anna and David, shared 20 years of circus experience with their captivated pupils, who gained self-confidence and became aware of their own capabilities, while having fun learning to juggle, master the diabolo, acro-balance and more.

Proud parent Kerry McKenna, said her children Daisy (9) and Ruby (8), enjoyed getting outside and learning active skills in a workshop that "creates a childhood for children."

"They could showcase their 'amazing physical skills' later in life when travelling or attending festivals," she said.

SuperSillyUs Coordinator, Pip Stanley, supported the Chudleigh event and said she was very excited about renewed community interest in learning the art of circus performance.

"Our troupe of volunteers have played at schools and numerous community and charity events across Northern Tasmania during our 14 years together. It would be fantastic to form a new group under the existing banner, or create a new one altogether," she said.

Please contact Belinda at Deloraine House on Mondays and Tuesdays, or Pip if you are interested in joining or creating a circus troupe.

## Westbury welcomes legal literacy volunteers

LAUNCESTON COMMUNITY Legal Centre (LCLC) have recently extended their Legal Literacy Volunteer (LLV) service to Westbury Community Health Centre.

Legal Literacy Volunteers help people to fill out forms of all kinds, write letters, and identify when an issue needs to be referred to a free lawyer.

Volunteers will be available at the Westbury Community Health Centre on Mondays, Tuesdays and Thursdays from 10.00am to 2.00pm.

LLV coordinator, Beylara Ra says "We find that many people who come to us are really good at reading and writing but when it comes to filing in a specific form they have real difficulty. This can

be for lots of reasons. The terrific thing about having access to the Legal Literacy program is that rather than putting off completing the form or writing the letter and risking things getting out of control, people can get help locally and confidentially, when they need it", she said.

**people can get help locally and confidentially, when they need it**

Ms Ra said about 50% of what Volunteers help with are Centrelink forms, but they are skilled to assist with many different forms and writing tasks. If you think you might enjoy helping people in your community, please contact Beylara on

6334 1577 to find out more.

Deloraine House continues to provide a Legal Literacy Volunteer service.

Ms Ra said free lawyer visits and availability of LLVs at Deloraine House will not change. "What will change is that people who face difficulty with transport from Westbury to Deloraine or Launceston will have the option of getting help in Westbury".

Volunteers are available at Deloraine House by appointment (ring the House on 6362 2678 to book an appointment).

Anyone wanting a free appointment with one of the LCLC lawyers should call 6334 1577.

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# Capacity crowd rejects plan



Westbury protest meeting brought a passionate plea from Sean Manners. Photo by: Mike Moores

By Sharon Webb

A PUBLIC meeting of around 140 people at the Westbury Town Hall has told Meander Valley councillors to rethink their plan for a two-storey function/recreation centre in the town.

Motions put by Pam Swain and Sean Manners and supported by a large majority of attendees asked council to:

- Halt the function side of the project;
- Increase consultation by establishing a working group including community members;
- Upgrade current football and cricket facilities quickly.

While all Meander Valley councilors attended the meeting, the majority of speakers were residents and community group members. Liz Daley from Launceston was chair and the meeting was orderly.

Sean Manners said many

Westbury residents had told him they had no objection to a reasonable upgrade of sports facilities, but questioned council's non-endorsement of the project's \$15,000 business plan.

"That plan noted 17 under-utilised facilities around Westbury and said needs could be met by refurbishing existing facilities," he said.

"We're a village in the Meander Valley, not a city. The facility needs to reflect the wishes and wants of the residents, not create something that may cost us dearly in the future."

Michael Claxton from the Westbury Shamrocks Cricket Club and Geoff Wadley from the Meander Valley Football Club were damning in their criticism of current sports facilities as "the worst in the Northern Tasmanian Football Association", saying the

"stench of urine" in them is unacceptable.

"We've been back and forth to council for years over this," Mr Claxton said.

"Our cricket club has a 70 year history and is a pathway to national cricket, but it's difficult to attract people to it because of the poor facilities.

"The club relies on fundraising events to exist now; how much will a two-storey building cost us to run?"

Cllr Ian Mackenzie backed the current proposal, saying that councillors had become involved in the design process.

"We were frustrated by not getting the plans we wanted and the cost," he said.

Cllr Rodney Synfield said the current design was a concept plan: "The place is disgusting and it's ridiculous to fix it. We are trying to give you a modern facility."

Dinah Fitzgerald from the advisory committee

# Mustering for mental health

By Hayley Manning

THE AUSTRALIAN Rotary Health and Royal Flying Doctor Service's 'Muster for Mental Health' have completed their mission to have fun while increasing awareness of mental health issues in Tasmania. The convoy of motor homes and caravans gathered fellow travelers as they embarked on their journey to community forums around the state.

Mental health remains a relevant topic in Tasmania following the Liberal Party million dollar mental health policy for 2018, and the Mental Health Council of Tasmania (MHCT) campaign launch, Moving Toward a Healthy Tasmania, which calls for people to pledge their support for mental health issues over the next 12 months.

MHCT CEO, Connie Digolis, welcomes the promise of increased funding from the

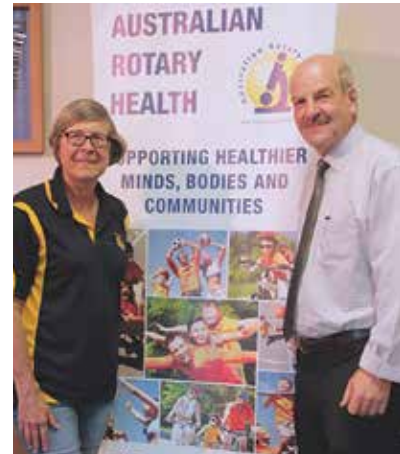
new Liberal government and said it is the best commitment to mental health issues Tasmania has ever seen.

"We need to be brave and remain driven over the year-long campaign in order to keep informing the government more broadly in terms of recovery and outcomes,

because the right supports can make a difference," she said.

Ms Digolis also acknowledged the effectiveness of early intervention for rural and remote communities. "A lot of work is needed to ensure everyone's mental health issues are addressed."

Some of the key messages discussed at the Deloraine forum were hope and recovery, as well as resilience and forgiveness – which forum guest speaker Fr Richard Ross likened to a tree that increasingly 'bends and sways' as it grows older.



Gayle Plunkett and Mark Shelton attend the Deloraine muster. Photo by: Hayley Manning

of the Westbury Health Centre said it is used to the maximum.

"We want to be able to cater for larger groups. In communities where people live happy lives the two most important things are community engagement and the development of significant relationships.

"Anything that brings the community together for sport and social functions improves mental health and decreases depression."

Westbury resident Di Robinson said good sports facilities were important for children's development: "We should take the first step to upgrade those and look at the big picture later on."

Several residents commented on the "shock" of the \$5M cost of the building; another asked council manager Martin Gill how council would recoup the \$145,000 annual cost of running the facility.

"That has yet to be discussed," Mr Gill said. "But councillors have commented that Westbury is struggling to maintain its population and needs to build a facility that would attract families to the area."

Other residents commented on the unsuitability of the upstairs kiosk location in the current plans and the undesirability of a two-storey building in a village setting.

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## In My Opinion...

By Joanne Eisemann  
Managing Editor

I KNEW THAT Year 12 completion rates in Tasmania were behind other Australian states. It's been a topic of conversation amongst educators and parents ever since I can remember.

I looked up the stats the other day. A 2015 study showed Tasmania with just under 50% of young people completing Year 12. Tasmania is 20% behind its nearest rival South Australia (just under 70%) and 30% behind top performer ACT (just under 80%). It's a rather shocking stat.

For some rurally-based kids, going to college is just too much. They either have to board or spend long hours on the bus. While completing Yrs. 11 and 12, my daughter got on a bus at 7.00am. Mostly, she was exhausted to do homework when she returned home after 5.00pm so spent much of her weekends catching up. It's no wonder so many rural young people drop out of school.

And yet the great thing about the college system is the range and depth of the curriculum they are able to offer students - giving kids

a wonderful chance to work out what direction they may want to head after they finish school.

Years 11 and 12 when based in high schools just won't be able to offer such a broad curriculum, or will they?

With many rapid advances in technology and NBN availability, the potential surely exists for Tasmanian students to attend virtual classes anywhere in Tasmania (or the world for that matter).

With a bit of ingenuity, a few changes to infrastructure and some top class planning it is possible for all Tasmanian students to have access to the most brilliant teachers in any subject already on offer somewhere in the state or further afield.

I know there is a bit of this going on already. My encouragement is for virtual class attendance to become firmly integrated into the system.

With its relatively small size, Tasmania is in a unique position to establish such a system. It would be a great way to maximise the wonderful resources of our dedicated teachers and, at the same time, offer students access to a world class education.

## Letters In...

HAVING ATTENDED the public meeting on the Westbury recreation precinct issue I must raise concerns about the Council process to date.

It appears that a great deal of time and money has been wasted on the current two storey proposal adopted by Council as neither they nor the consultants have realised that any public function room must be disability friendly. In the absence of adequate lift facilities or a very, very long ramp the plan is unfit for its purpose and most likely illegal.

Perhaps the Council can recoup some of the consultant fee, but at least the disabled have not been totally forgotten - their toilets are at the top of the stairs.

Malcolm Eastley, Deloraine

I AGREE with Kevin Briggs (MVG February issue) that a local authority should spend its rate payer dollars primarily on frontline services.

I am leaving the municipality after nine happy years at Birralee but during this time I have seen many changes including a trend for Council to be distracted into areas of discretionary spending of sometimes dubious value to residents.

At the same time, despite paying a regular rubbish component in my rates and with no refuse collection at

Birralee I have had to do a 40 km round trip to the Cluan refuse centre and pay a fee when I get there. If Council thinks it is advantageous to spend ratepayer dollars subsidising things such as providing a free camping ground (complete with refuse bins), shouldn't residents with no refuse removal available at least be issued with 'tip tokens' with their rate receipts? Just a parting thought.

Fiona Fletcher

REF LETTER from A Trounson MVG Feb 2018 mentioning the free camping area in Deloraine being a bare paddock with no shelter, water or toilets...

Signage in the area clearly states that it is a rest area for self-contained motor homes only (48 hours maximum period within any week)

Caravans, tents and motorhomes that are not self contained should use Apex Caravan Park West Parade Deloraine...

It would be wonderful if the Meander Valley Council would police this directive.

A.M. Cann Deloraine

MY PARTNER and I are from Coffs Harbour. We are retired and have been travelling in our camper for nine months.

As you would if you were living on a property, everywhere we go, we spend money. This includes getting our Ute serviced, new tyres, petrol, groceries, you name

it, life goes on and you spend money, every day.

We have been camping at Westbury Recreation Grounds on and off. This morning we were approached by a lovely couple who have informed us that this facility will no longer be available as of Monday the 26th of February.

During our travels, we have come across councils who truly open their arms to us Nomads and others who don't. We don't like caravan parks but prefer Bush Camping. As the above mentioned facility is all that is available, we decided to stay here. With the removal of such facilities people will spend their money elsewhere and help the economy of the towns they travel through.

It is with regret that we cannot leave straight away as

we are awaiting a small part for our solar panels to arrive from Sydney through the mail at the post office around the corner. As a result, we could be here till Wednesday and will move on as the Council's request; we always try to do the right thing.

The people of Westbury need to know that the word of mouth is stronger than any advertising for future tourists especially because your town is so central to other areas tourists would like to visit.

We spent one thousand dollars in Strahan in two days. Surely the smart people in your beautiful town need to know how they can tap into being part of this wealth for the future. If you don't attract people with money, how do you expect to grow?

Jacci and Denis Hams

## Heights covenant invalid

By Sharon Webb

BLACKSTONE HEIGHTS residents have had a win in the fight to keep their suburb a low density residential zone.

Meander Valley Council has refused permission for a Blackstone Heights resident to subdivide his property into two blocks because the change would be out of character with the surrounding development and impact on the amenity of surrounding residents.

The move may set a precedent for other Blackstone Heights residents wishing to subdivide.

Councillors rejected the advice of their planner, siding with several objectors wishing to keep their semi-rural outlook.

But they were unable to accept an important argument put by objectors to the

subdivision: that long-standing covenants on all blocks in Blackstone Heights prevented subdivision.

Meander Valley Council planner Leanne Rabjohns said her legal advice was that a covenant was an agreement between landowners, not council.

"Unless there is a specific clause in the planning scheme that requires assessment of a covenant, council cannot consider a covenant," she wrote in advice to council.

Instead of considering the covenant, councillors found that subdividing the property would affect the amenity of Blackstone Heights residents, defined as "...in relation to a locality, place or building, any quality, condition or factor that makes or contributes to making the locality, place or building harmonious, pleasant or enjoyable".

## Mace St park relocation

By Sharon Webb

A PARK in Mace St Prospect Vale will be rezoned residential and a new park established in nearby Bordin St. for safety reasons.

Meander Valley councillors voted to make the change because Mace St park, on an internal block, cannot be seen from surrounding houses because of high fences. In the past residents have complained about anti-social behavior there.

At the February council meeting, planner Jo Oliver said those complaints had prompted council's investigation in 2014.

"At that time we consulted landowners adjoining the park to canvass views on a potential (park) relocation in conjunction with the final stages of the Ben Lomond Views Estate. This was met with general support," she said.

Another reason for moving the park was that the Mace St location did not connect with any other streets or pathways.

The new location links with clear visibility to Nanke Court, which connects to Bradford Avenue and the southern entrance to Prospect High School.

One Mace St resident objected to the change, commenting on the benefit of the park to his children and the need to protect the natural ecosystems provided by parks.

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Meander Valley Gazette

EST. 2013

# Meander Valley Gazette

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By Cody Handley

SANDRA THOMAS is the new coordinator of Deloraine House.

Meander Valley Gazette spoke to Sandra in February to learn a bit about the House's new head honcho.

Originally from Orange in NSW, Sandra has lived and worked on the Gold Coast and in Sydney prior to moving to Tasmania last October.

**When I got here I felt like I could breathe again**

She has always been drawn to Tasmania ever since her first holiday here when she was 18 years old. "I fell in love with the place," she said, and she has been coming back regularly ever since. Each time she made the trip across Bass Strait she always felt as if she had to re-visit Deloraine.

Last year she made the call to move here.

"Once I'd made the decision to move, it all happened really quickly," said Sandra. Within 21 days she had ditched the Gold Coast for Deloraine. "When I got here I felt like I could breathe again," she said, giving her slow gravitation towards the state an air of inevitability.

Sandra has a background in finance and superannuation. From there, she moved into disability support and

counselling. At one point in her career she was a personal trainer. When asked about this curious move, Sandra said she has always had a bit of a coaching style, even during her time in the finance world where she helped people to reach savings goals and to pay off their loans.

Although she admits she is still learning the ropes, Sandra has a clear vision for Deloraine House.

Having a personal interest in mental health issues, Sandra places an emphasis on "acknowledging it's out there and stopping the stigma around it."

She says there is a tendency to see organisations like Deloraine House as being for people down on their luck or out of work. It is Sandra's hope to begin a process of educating the public as to what Deloraine House can do for anyone in the community.

"Essentially we do whatever people need us to do when they walk in here," she said. That can range from putting people in touch with various people or services through to helping people get to appointments. "It's about coaching people into a better lifestyle," she said.

Deloraine House is always on the lookout for volunteers, with a number of areas to suit people's interests. Recently they had a circus trailer



**New coordinator for Deloraine House**

Sandra Thomas, enjoying her new role as Coordinator of Deloraine House Photo by: Mike Moores

donated to them and are looking for people with relevant knowledge and skills to use this asset to do something for the children. They also run a community garden and welcome any excess produce that community members might have from their own gardens.

If you want to know more, volunteer, or think Deloraine House might be able to do something for you, Sandra invites you to drop in for a coffee and a chat.

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Photo by: Mike Moores

Smiles all round as Tas Labor leader Rebecca White comes in just ahead of Tasracing CEO Vaughn Lynch in the Celebrity Pony Race at the Carrick Cup.

# Winners are grinners

By Cody Handley

THE CARRICK Cup was held on 17th February this year.

The Cup itself, worth \$12,000, and fought out over a distance of 2,650 metres, was won this year by Call Her Julie and owner, trainer and driver Matthew Cooper.

In addition to the main event, there was also a celebrity pony race between Opposition Leader Rebecca White, Lyons MP Guy Barnett, Meander Valley's citizen of the year, Toby Ritter, Tasracing CEO Vaughn Lynch and Roberts Representative, Amanda Holloway.

The race was won by Rebecca White by a horse length, followed closely by Vaughn Lynch.

For the second year

running, the event also had a polocrosse display.

Hosted by the Tasmanian Polocrosse Association, the demonstration featured some of the best polocrosse players from around the state, playing on behalf of the Midlands Spurs and Kentish clubs.

The demonstration was intended to raise awareness of the sport with a hope towards boosting participation. "It's always hard to get new players onto the scene," organiser Mark Scott said.

Carrick Pacing Club secretary, Sandra Rybarczyk said this year's turnout was on par with the previous year, despite being held at the same time as the Launceston Greyhound Cup.

IT'S A BIT early for the bustle of Agfest at Quercus Park, yet the fields came to life in February when over one hundred trucks rolled up and parked in rows.

A clear sky greeted the hundreds of visitors to the fifteenth annual Tasmania Truck Show.

Run by the Deloraine Lions Club, the event drew crowds from all over Tasmania.

On show were trucks both new and old; trucks that haul stock, carry supplies, and ones that haul water. There was even a fleet of buses and

# Trophy day for trucks

By David Claridge

coaches to view.

Trent Aiken and his son had never been to the truck show until this year.

"We thought we would come and look," he said.

"We always see the photos each year and think we've missed it again, so we've finally come along."

For many lucky drivers the effort they put into their vehi-

cles paid off as there were 40 awards presented on the day.

The truck show has moved around the state over the years, from Ulverstone to Deloraine according to event organiser, Bryan Watson.

"It's good for the industry, with a lot of contractors in the area," he said.

"Truckies are the main visitors, they like to look at the other trucks. They take a lot of pride in how theirs look and want to see what else is out there. We also put on activities for the kids including lolly hunts and a Zorb ball."

# Westbury community tea

THE WESTBURY Community Tea is held the first Friday of each month in the Westbus Shed.

All are invited to the monthly social tea and family get together at 63 Meander Valley Rd, Westbury (Westbus shed) from 6.30pm.

Join in a social and informal 'old fashioned' evening of community friendship.

Bring food to share and enjoy a pleasant evening with new and old friends.

Feel free to bring games or a musical instrument.

All are most welcome.



Photo by: David Claridge

Tom Triffett from Ulverstone shows off his truck at Carrick Park Trucks Show.



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# Lobster Creek Falls

A short distance from Deloraine, the walk into Lobster Creek Falls can be a little challenging but well worth it once at the falls.

Photo by: Jade Hallam

**By Jade Hallam**  
 WHEN I first started bush-walking I used the wrong language. I misnamed copses of trees timber, as if they were simply potential harvest and I'd describe forest as scrub, as if it were something abrasive to clear away. But allow me to admit that the two-hour return walk to Lobster Falls seems a bit like scrub. The beginning is an unceremoni-

ous pull off on the side of the Mole Creek Road, fifteen kilometres from Deloraine.  
 A winding, gradual descent over a dusty, stone track will cause the walker to wonder which direction you're actually headed? Is this perhaps an unthought-through circuitous route? Like my earlier days, you'll speculate on what vegetation is actually meant to be here as clumps of intro-

duced weed impress upon you visually and physically.  
 The track shows signs of sporadic maintenance but overall the walker will feel that more could be done. Especially so once you start to see the rivulet and pick your way across the steeper, slippery hillside. Weather and human traffic have eroded what is loosely called a path.  
 The final descent is

tricky and you'll be grateful for whatever branches you can grab hold of. From the riverbed continue to step carefully downstream to the second waterfall. Why is it a surprise when the wet rocks are treacherous?  
 But then you're in forest. From a rock ledge, looking down on the main waterfall, flow with the calm and uncompromised beauty.

Here, you will find stillness, making the effort to get there completely worthwhile.  
 Sit and gaze into the generous pool of contemplation. Examine the rock sheers and feel into this valley chasm.  
 On hot days a swim in the silken waters will be irresistible. So too an ice cream from the Honey Farm, as your return includes a detour to Chudleigh.



**Baton bearer**  
 By David Claridge

Local baton bearer, Hollie Bennett. Photo by: Mike Moores

IT IS a memorable thing to be a part of history. For Golden Valley's Hollie Bennett she has followed in the footsteps of thousands of others, many of them famous.  
 The 2018 Gold Coast Commonwealth Games Queen's Baton Relay recently came to Launceston. 11 year old Hollie, the only member of the relay from Meander Valley, was honoured to be part of the experience.  
 Hollie's mother, Cristy Hall, was thrilled that not only was Hollie involved but she was

the first runner in the Launceston part of the relay.  
 "She started from East Launceston Primary School, she got presented with the baton and all the kids made a guard of honour and high fived her on the way out as she made her way down Abbott Street," she said.  
 "She is a real all-rounder. She has competed in athletics, cross country and swimming for her school in the Northern Midlands as well as being a competitive equestrian rider just to name a few things.

I'm extremely proud of what she has achieved!"  
 "She really enjoyed the day. It was a surreal experience for her being with past Olympic champions and community members who generously give up lots of their time for others. They all took her under their wing for the day, which was lovely."  
 The baton relay is a worldwide event where 3,800 baton bearers have been running over 388 days, the same baton will travel over 40,000 kilometres.

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By Mark Butson

AS YOU drive along Meander Valley Road into Deloraine, you catch a glimpse of an imposing heritage home on your left, hidden behind a forest of large trees.

Upon entering Tahara, it has a feeling of royalty with soaring ceilings, magnificent marble fireplaces, original hand painted wall frescoes depicting Cradle Mountain, grand crystal chandeliers and breathtaking lead light doors and windows. There are several large elegant rooms, including a ballroom and 6 bedrooms.

In fact, there is a royal connection with Tahara. Queen Elizabeth II and The Duke of Edinburgh visited the Fitzpatrick family there in 1954, whilst driving from Devonport to Launceston and Connorville. Some locals recall the limousine cruising up the driveway.

The architecture is predominantly Georgian, with the symmetry and proportions of the windows, slate roof and the lack of eaves. However, it also has classical Victorian features, such as the cast iron verandah lacework and balustrading. Some have referred to an Italianate Villa style, but this appearance has only been created by the removal of the upper verandah roof in 1970. Original features include the Butler's pantry, servant's staircase and servant's bells in the bedrooms and kitchen.

The home is in exceptional structural condition, thanks to many owners from 1883 to



# The Queen's B&B

Photo by: Mike Moores

Tahara has a rich architectural history and has even hosted the royal couple, Queen Elizabeth II and The Duke of Edinburgh in 1954.

2010, who all paid attention to drainage, roof plumbing, painting and electrical works.

The present owners (from 2010) Rod and Lynne Paul, have restored the original coach house and gardener's cottage. The property originally comprised 160 acres, however parcels of land were sold over the last 128 years, and there is now 6.5 acres remaining. The gardens feature trees originally imported from England,

including Chestnuts, Laurels, Oaks and Liquid Ambers.

Tahara was completed in 1889 for Caleb and Jessie Smith. The builder was Gunn from Launceston, the stonemason and bricklayer was Tidey from Deloraine.

Caleb Smith had shipping interests in George Town, before farming in the Deloraine area where he made considerable wealth.

Caleb and Jessie had 5 children and Jessie

died 1897. Caleb married Elsie Fellows in 1908 and had 2 more children. He sold the home to Mr Furrage in 1915. William Field bought Tahara in 1919. Ownership passed to William Fitzpatrick in 1922 and it remained in the family until 1983.

William Fitzpatrick was Warden for the Deloraine Council and Secretary of the Meander Racing Club, and owned many race horses.

He married Sarah

Goodridge in 1883, and they had one son and 5 daughters. They owned the Deloraine and British hotels and the Bush Inn.

The family made generous donations to the Holy Redeemer Catholic Church in Deloraine, including a marble altar and fittings. They employed Norman Bird a full time gardener at Tahara for 70 years. He lived in the gardeners cottage, which is now a holiday home.

## Recycling recorded

By Nell Carr

RECYCLING HAS received a lot of interest lately, possibly because of the replay of the ABC series "War on Waste", which depicts a huge bundle of soft plastic being trundled around Canberra by Craig Reucassel.

Jan and Steve Blakeney helped to raise consciousness of the environment when they

arrived in Deloraine from the US in the 1970s. Jan began limited recycling at her Healthwise shop, but it was not until the Deloraine Environment Centre opened a room in the newly-acquired Deloraine House in 1989, that a group from the Centre decided that the former "Cobber" Eade foundry and blacksmith's on the site could be utilised as a recycling shed, that large scale

recycling of food cans, paper, aluminium and glass began. In those days, Boags and Cascade bottles were washed and refilled, and the breweries were paying 30 cents per dozen. We were making \$30 weekly towards the Centre's expenses. Huge numbers of bottles were brought in at Christmas and New Year, and after public festivals, and were collected from businesses round the town on Mondays. (Volunteers became familiar with the customary Friday

evening "booze up" in some shops and offices). But eventually, all glass bottles were broken up into 'cullet', - only 3c a kg. - to be melted down for new glass.

Since then, plastics can be recycled, even soft plastic, at the Deloraine Tip.

When Trash Transformers (Sonia Chergwin and Billie Willis) took over the tip, and set up recycling facilities, the Environment Centre closed the shed. The shed was becoming increasingly

dilapidated and leaky, and would never have passed OH&S inspection. It has been replaced by a smart new facility for Deloraine House.

It is hard to credit that until the 1960s, Deloraine tip was on the banks of the Meander below the train park. Since that time, waste has increased exponentially, and a trip to the Deloraine tip is an unpleasant experience, with plastic bags and even some recyclable items lying about.

Continued on Page 17...



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# VALLEY VIEWS



## Mayor's Message

Above: Mayor Craig Perkins at the unveiling of the 33,600 piece puzzle at Grenoch.

Well, it's certainly been a busy month. On 10 February I had the pleasure of opening the Westbury Garden Club Summer Flower Show. It was a wonderful afternoon and full credit goes to the organisers for a delicious afternoon tea and also to the growers who contributed to the magnificent display of Dahlias, plants and floral art.

The Chudleigh Show, held on the 17 February was once again a favourite with families and was very well attended. The dog high jump and the tree felling events proved to be particularly popular. Now in its 129th year, it's wonderful to see the show well supported and going strong.

The Deloraine Street Car show held on the 18 February rounded off a big weekend in the municipality. The show drew a huge crowd with thousands walking the streets to see what was a magnificent display of over 500 classic vehicles. Full credit to the owners who have spent countless hours preparing their vehicles for display. The Van Diemens Street Rod Club once again demonstrating an amazing commitment and organisational skill. The show is now in its third year and its popularity just continues to grow.

It was a delight to attend

the unveiling of what is arguably the largest jigsaw puzzle in the north of the State - if not the entire State! Congratulations to all the volunteers, family members and residents at Grenoch for embarking on the giant 33,600 piece jigsaw that took 20 months to complete.

On 15 February, Council held a public meeting in Westbury to discuss the proposed recreation ground development. I would like to thank everyone who took the time to attend. Your valuable contributions are appreciated and the ensuing discussion resulted in a number of motions being tabled at the meeting. Thanks also to those who prepared and shared specific presentations to reflect the ideas of club members. Motions put forward will now be considered by Council.

A reminder that on the 18 March the fourth Tasmanian Garlic and Tomato Festival will be held at Selbourne. This year, the Festival is again supporting Rural Help@Hand which provides practical and emotional support to rural patients and their families in city hospitals when they face disabling injury or illness. Make sure you mark the Festival in the diary, it should be a wonderful day out for the whole family.

Mayor, Craig Perkins

## Council Community News

Did you know that Council produces a monthly email news bulletin called 'Council Community News'?

It is a listing of Council news, local events, development opportunities and information resources. Council Community News is available to community groups and interested individuals. To receive your copy, simply forward your email address to [patrick.gambles@mvc.tas.gov.au](mailto:patrick.gambles@mvc.tas.gov.au)

Back copies are available for viewing in the 'Community' section of Council's website, [www.meander.tas.gov.au](http://www.meander.tas.gov.au)

## Regulations are regulations when it comes to free camping

Recently, Council closed the Westbury Recreation Grounds to camping and overnight stays.

Council must abide by planning regulations and national competition policy which govern how the Westbury Recreation Grounds may be used.

"Unfortunately, these regulations do not permit camping and/or overnight stops and the Westbury Recreation Ground is not equipped with the facilities required to support this activity," Mayor Craig Perkins said.

By continuing to allow camping and/or overnight stops Council risks

significant penalties.

"Council is still waiting for some further information from the Economic Regulator. There is some inequity that exists Statewide on this issue and it is hoped that post election we may be provided with this direction reasonably quickly.

We value and welcome visitors to Meander Valley and there are a number of caravan parks in the municipality," Mayor Craig Perkins said.

If you require more information about caravan parks in Meander Valley phone the Great Western Tiers Visitor Centre on 6362 5280.



## Playgrounds foster healthy and active communities

Council has been busy undertaking some work on the Municipality's playgrounds.

Replacement equipment has been installed at a number of sites as older equipment reaches the end of its allocated useful life and in some instances, new equipment has been added.

The Molecombe Drive playground has had replacement equipment installed that is more exercise focussed. As the playground is located on a walking trail, this equipment will form part of a fitness trail.

The playground at the Deloraine Train Park has

had additional equipment installed that caters for an increase in age range and complements existing equipment.

Council worked with the Chudleigh Hall Committee and the Chudleigh Rose Committee to select replacement equipment for the playground that adjoins the Chudleigh Hall. The new equipment is a great addition to the township and increases play value.

"All of these sites have benefitted from these installations.

By continuing to invest and improve Meander Valley's recreational facilities we are fostering a healthy and active community," Mayor Craig Perkins said.

## Weed spraying in rural areas

Council wishes to advise that spraying of weeds on roadside shoulders will be undertaken from **Monday 16 April 2018**.

Spraying generally occurs 1.2 metres from edge of the road surface and will be undertaken across approximately 445 kilometres of Meander Valley's rural road network. Spraying programs are scheduled to occur twice a year, the second commencing in September. Spraying takes approximately three weeks to complete, subject to suitable weather conditions. A roadside area that is regularly maintained (i.e. mowed by the adjacent property) will not be sprayed. For more information on the roadside locations where spraying work will be undertaken and the types of herbicides used, visit [www.meander.tas.gov.au](http://www.meander.tas.gov.au)

## No Spray Register

If you own a property in Meander Valley and prefer not to have roadside weed spraying undertaken across your property's frontage you can have your property listed on the No Spray Register.

Inclusion of your address on the No Spray Register means that herbicide spraying will not occur across the frontage of your property from side boundary to side boundary. This does not include property that is on the opposite side of the street or road, or an adjoining property. Please note the property can only be registered by the owner (not a tenant) and previously registered properties are not required to be registered again.

By registering your property, you accept that the responsibility of weed and vegetation management along the property's frontage will fall to the property owner.

Contact Council on 6393 5300 if you wish to have your property included on the register.

### Well seasoned...just for you?

Whether you dare to dance or prefer to wallow in the water, Well Seasoned has something for you.

Funded by the State Government's Liveable Communities Grants Program, with support from Meander Valley Council, Well Seasoned is comprised of four distinctly different programs that are designed to encourage learning, activity and social connection amongst older members of the community.

The Liveable Communities Grants program is one of the key initiatives aimed at making local communities more responsive and inclusive of the needs of older people.

"The Well Seasoned Program offers residents an opportunity to try something new without any ongoing obligation. You are more than welcome to attend for the full eight weeks or you can just go once to see how you like it. The point is to get out and

have a go." Mayor Craig Perkins said.

The Well Seasoned Program aims to support people to age well, to participate and meet new friends as they grow older.

The programs will be run in conjunction with Westbury Health and include Dare to Dance, Water Wallowing, Breathe & Move and the Good Grub Club. For more information phone Dinah Fitzgerald on 0147 292 622 or email westburyhealth@gmail.com

### Stepping Stones to Success

After attending Meander Valley Council's Stepping Stones Camp, Natalie Dell was left with more than a great experience - she was left with a desire to make a difference to the lives of young people.

"Stepping Stones opened up my eyes to new opportunities and the experience allowed me to expand my leadership skills," Natalie said.

Stepping Stones Camps provide opportunities for young people to challenge themselves through new experiences.

Rock climbing, caving and hiking are just some of the activities that enable young people to experience leadership, develop self-awareness, build new friendships and have lots of fun.

The leadership skills Natalie was able to develop through Stepping Stones Camps gave her confidence to actively pursue even bigger challenges.

"After being positively influenced by camp leaders I wanted the opportunity to undertake a similar role working with younger campers, so I jumped at the chance to become a Stepping Stones Camp leader," Natalie said.

The challenges didn't stop there. Natalie went on to work at Summer Camp in America.

"My love for leadership and watersports led me to Maine. I had no idea what to expect. I resided in a basic wooden cabin with eight 12-13 year old girls for 7 weeks. There was no technology and I spent my days instructing in watersports and leading cabin activities at night," Natalie said.

Three years later, Natalie has become a Camp Counsellor, a Senior Unit Leader and is now establishing a Summer Camp here in Tasmania.

"In 2015, I thought, why should Americans have all the fun? So I contacted

the best youth leaders I knew and organised my own camp. We created an amazing week-long camp inspired by the American Summer Camp," Natalie said.

The last two camps have been sell outs and Natalie's team of youth leaders come from all over Tasmania.

"The majority of youth leaders were previous Stepping Stones participants and Stepping Stones was more often than not their first camp/leadership experience," Natalie said.

Natalie's Summer Camps are attended by young people from all corners of Tasmania including Launceston, Deloraine, Hobart, Smithton, Ulverstone, Tea Tree, Golden Valley and Westbury.

Stepping Stones Camps are run regularly during the school holidays and are advertised on the Meander Valley Council website. For more information contact Council on 6393 5300.

### All welcome at Council Community Forum

Throughout the year, Council holds quarterly forums in different townships to discuss local achievements and issues with residents.

The next Community Forum will be held on Tuesday 27 March from 7pm - 8.30pm at the Ray Johnstone Centre, Sports Clubrooms at Prospect Vale Park.

These gatherings are intended to be an informal sharing of information to raise awareness and to generate practical outcomes. Councillors and Council officers will be in attendance.

This particular meeting will focus on the communities of Blackstone Heights and Prospect Vale.

Refreshments are provided, please come along and share your thoughts.



### Date Claimers

Rupertswood Farm Crop Maze  
10, 11, 12, 17, 18, 24 & 25 March

Great Western Tiers Art Award Exhibition  
Deloraine Creative Studios  
2-31 March

Breabach Concert  
Chudleigh 15 March

St Patrick's Day Shindig  
Westbury 17 March

Tasmanian Garlic & Tomato Festival  
Selbourne 19 March

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# Heather's stories are for the heart and health

By Elizabeth Douglass

OVER HER long career as a nurse, Heather Donaldson has nurtured her memories of a Tasmanian childhood.

Heather's stories of an era when kids ran wild between school and mealtimes are now gathered together in her new book, *There be Dragons*.

The stories of Danny Crawford's dragons and the chook on a string will be enjoyed by nostalgic adults. But these are also stories for children - a depiction of childhood imagination, where dragons could be heard but not seen. It's a world 'full of scares and dares'.

Heather's long career means that this is not her first foray into writing.

In the 1990s, a number of teenage suicides in the Meander Valley had a huge impact on the local community.

As a health professional and concerned parent, Heather was struck by how little advice was directly aimed at young people in words they could relate to, and this led her to create a little book called *Stop Suicide - Words to Hang On To*.

Full of simple sayings, gathered from families, friends and affected teens, the book uses the words people wish they had said or would have wanted to hear.

Launched by the then Premier Jim Bacon, distributed across Tasmania and

the mainland, this little book is still in great demand.

Heather has produced other similar books of humour and compassionate advice for dealing with drug and gambling addictions, diagnoses of cancer and (more lighthearted) for *Growing Old Disgracefully*.

As a health group coordinator across the northwest, Heather also introduced laughter groups into Tasmania - bringing together people suffering from chronic pain and related health issues to share and discuss management of the health problems. Using real, unfeigned laughter to alleviate pain and stress, the price of admission was a joke or cartoon.

Heather's research into the healing effects of hope and laughter were first triggered by the writings of Norman Cousins. *Head First: The Biology of Hope and the Healing Power of the Human Spirit* is just one of his many well-known texts..

Now living in Westbury again, Heather was instrumental in setting up Westbury Community Health Centre and was a founding creator of the Irish Festival.

With more books waiting to be written, it looks as though her contribution to the health and culture of the valley has only just begun!



Photo by: Mike Moores

Heather Donaldson, of Westbury, has authored a new book, *There be Dragons*.

## My wild Tas.

FOR THE month of March, Pixels Digital Gallery will be featuring the work of Robyn Adams.

A selection of 30 of her photographs, depicting delightful sights from around Tasmania, will revolve around the room on the six large screens installed by Alistair Carr.

Now living in Meander Valley, Robyn Adams hails from the Sunshine Coast

Hinterland of South-East Queensland.

The photographic style of Robyn is characterised by the lack of human elements and its capacity to evoke mythical and sublime associations with the natural environment. She does not use photo editing software such as Photoshop, so her work is strictly 'old school'.

Pixels is located in the Deloraine Online Centre underneath the library. Open 10.00am - 4.00pm weekdays

and 10.00am - 1.00pm weekends. All are welcome.



White Wallaby by Robyn Adams

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## Young artists tutored by Tony

GREAT NEWS for young aspiring Meander Valley artists. As part of this year's Youth Week celebrations renowned local artist Tony Smibert will be offering a workshop for keen young painters.

The idea came about when Meander Valley Council Community worker, Vicki Jordan, asked some young people what they would like to see happen for Youth Week this year. The suggestion was made to ask Tony to do a painting workshop.

"When I rang him up he said 'You won't be able to afford me but I'll do one for free' and then he said that he would contact Deloraine Rotary to see if they would agree to provide some financial assistance for the art supplies; and they are interested," shares Vicki.

Vicki stresses that the workshop is especially for young people (under 25's) from Meander Valley who are enthusiastic about art and

keen to learn more from someone as accomplished as Tony.

The workshop will be held on the 19th April at the Granary in Longford, in between two international workshops that Tony is running there. He will be ably assisted by Longford artist Hugh MacKinnon, who is also volunteering his time. Hugh owns the Mountford property where the granary is situated.

"We are really excited to be able to offer this workshop as part of our Youth Week program," says Vicki.

Young people 12 - 25 yrs are invited to register their expression of interest with Vicki Jordan. Mobile: 0400 155 690 or email [vicki.jordan@mvc.tas.gov.au](mailto:vicki.jordan@mvc.tas.gov.au).

Deloraine House, Deloraine Trade Training Centre and Meander Valley Council are working together to provide a calendar of events for Youth Week 13th - 22nd April. Keep an eye on their Facebook page for more information.



# Persian stuffed portobellos on sourdough

This delicious mushroom dish is the perfect brunch for two.

Photo by: Mike Moores

By Wai Lin Coultas

MOST STUFFED mushroom recipes require first baking with just the caps and again after stuffing them, but you can streamline this to just one bake. The yummy ingredients used as stuffing allow heat from above to easily penetrate through to the caps; all neatly balanced by the milder flavours of accompanying crisp lettuce and capsicums on hearty toast... perfect for brunch!

**INGREDIENTS**

- 2 large Portobello mushrooms, only stalks chopped
- 1 large cos heart lettuce leaf, finely sliced
- 1/2 medium red capsicum, deseeded and julienned
- 2 slices of sourdough bread
- Extra virgin olive oil

**For the stuffing**

- 3 1/2 tbsp fine bread crumbs
- 2 1/2 tbsp butter, melted
- 1 tbsp tomato ketchup
- 3 tbsp grated mature Cheddar cheese
- 1 tsp Herbies Persian spice mix
- 10 sprigs chives
- 3 sprigs oregano
- 4 sprigs thyme
- 2 sprigs lemon verbena
- 4 sprigs flat leaf parsley
- Pink Himalayan rock salt

**Instructions**

1. Pre-heat oven to 180°C and chop up the herbs' leaves in a processor.
2. Mix together chopped mushroom stalks, bread crumbs, butter, ketchup, spice mix, chopped herbs and 2/3 of the cheese;

3. Heap 1/2 the mixture onto each upturned Portobello cap; sprinkling 1/2 the remaining cheese over.
4. Bake stuffed caps for 25 to 30 minutes until caps soften, stuffing crisps and cheese melts.
5. Meanwhile, sprinkle oil on the sliced breads and toast on a frying pan over a medium flame till golden brown both sides.
6. To plate, place 1/2 the capsicum and a few sliced lettuce leaves on a slice of toast; topping with a stuffed Portobello before lashing with oil and garnishing with more lettuce.

Serves 2

MEANDER VALLEY - GET INVOLVED

## Vampire free zone

THE TASMANIAN Garlic and Tomato Festival is set for Sunday 18th March this year.

Held at 338 Four Springs Road, Selbourne, the festival will run from 10.00am to 3:30pm.

There will be guest speakers, cooking demonstrations, a tasting tent, tomato tours, children's activities, competitions and challenges, bush walking, a treasure hunt,

live music and around 30 Tasmanian stalls selling quality food and produce.

An entry fee of \$10.00 applies to adults, while children under 16 years enter for free. Dogs are welcome provided they are on leashes and free camping is available.

For more information, please visit [www.tasmaniangarlicandtomatofestival.weebly.com](http://www.tasmaniangarlicandtomatofestival.weebly.com).

## Water workers reunion

A REUNION is being held at the Spreyton football club on Saturday 24th March 2018 from 11.00am for ex-hydro employees who worked in the hydro villages of Waddamana, Butlers Gorge, Bronte

Park, Tarraleah, Wayatinah, Shannon, Poatina, Trevallyn, Gowrie Park, Strathgordon & Tullah. BBQ and refreshments available.

Contact Roger Nutting on 0467 911 824 for more info.

## Delicious desserts for sweet tooths

A DESSERTS masterclass was held for young people at the Trade Training Centre over two days during the school holidays.

The class was part of the school holiday program run by Meander Valley Council.

The desserts masterclass was instigated by Vicki Jordan, with the aims of encouraging young people to cook at the Youth Week Tasmania event in April. The event will cater for the Coffee, Cakes and Conversations Café.

"Young people are interested in cooking. We had a Masterchef one year which was a real hit," Ms Jordan said.

16 participants attended the masterclass, 8 on each day, and were tutored by Chef Melanie Grant.



Luca De Groot decorates a chocolate cake. Photo supplied

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DILIGENT VEGETABLE growers are now reaping the rewards of their spring-time labours.

Dwarf green beans are some of the most valuable of these. They should always be harvested before they go tough and stringy. Sliced, they may be used raw in a salad.

Surplus are easily preserved for the winter months by taking off tops and tails, cooking briefly, cooling in ice cold water, save the water for the garden, dabbing them dry and spreading on a foil-covered tray and freezing for a couple of hours. They can then be broken up and stored in the freezer in butter boxes.

The easy way to harvest is to pull the plants out of the soil, sitting in the shade and

removing the beans. Most of the pods are ready to harvest simultaneously.

**Sweet corn.** To ensure pollination, shake the flowering heads (pictured) on hot sunny days, and the pollen will fall on the cobs developing below. It has been said that lack

of water is responsible for cobs not developing fully to the tips of the cobs, but there is also a belief that it might be a result of poor pollination.

**Garden thug of the month.** Valerian is now showing its insipid pink flowers in gardens and street beds of northern towns. This plant is extremely invasive, and should be rooted out before it seeds.



Pollen-laden corn stalks, shake for better cobs.

# Fruit fly unpalatable

By Antonia Howarth-Wass

THE 2017 vintage in Tasmania was a good one, with dry and warm temperatures at the finish of the season allowing some wines to reach their full potential. Altogether, nearly 13,200 tonnes of grapes were produced with 32% going to sparkling wines and 68% to table wines.

Of these, production was 52% red and 48% white. Prices rose from 2016 to nearly \$3,000 per tonne for pinot noir with \$100 per tonne less for chardonnay and compared to the Mornington Peninsula, about \$1,000 more than from the Barossa and up to \$1,500 more than from the Adelaide Hills.

The price rise for premium quality grapes has been exponential and has grown by more than \$500/tonne since 2013.

Recently, the north has been hit with an infestation of fruit fly, with larvae first being found on nectarines in a supermarket.

There are at least 14 species of fruit fly, but the ones most likely to damage Tasmanian produce are the Queensland fruit fly and the Mediterranean fruit fly from W.A.

These are unlikely to cause the same damage in Tasmania as elsewhere, the Dept of Primary Industries says, but even low levels of infestation will damage export trade.

The State government has mobilised efforts to stop further importations of mainland fruit and vegetables, particularly from one distributor in Victoria, but further contamination has been found.

The question as to

whether vineyards are susceptible is relevant. Fruit from vines can carry the larvae and, if found on bunches, it would mean the need to destroy an entire crop.

This makes the movement of product from vineyard to winemaker specially relevant and, being a common practice in the north of the State due to the high number of small producers, the risk of contamination is high. This makes for exceptional vigilance until the problem is contained and eliminated.

Of particular importance to growers is that this problem has struck at veraison (maturity) and when picking and processing is well under way.

Whether or not vineyards are affected at this stage remains unknown, but growers are determined to ensure that stringent standards are observed and any infestations, if found, are contained.

Meanwhile, the Vintage 2017 according to the Chair of The Wine Tasmania Technical Committee, is looking to be one of the greats. "There has been fantastic depth and flavour and aromas across all varieties while retaining brilliant acidity," he says.

Overseas, Jancis Robinson, author of *Wine Atlas of the World* in addressing the International Cool Climate Wine Symposium in London, stated that for her, the stand-out for her was a little place called Tasmania.

There is reason for much optimism, which is why the fruit fly problem must be eradicated.



Photo by: Mike Moores

The recent fruit fly outbreak is a threat to northern Tasmania's burgeoning wine industry.

Action in the event of discovery - the larva are approximately 3mm whitish grubs

that inhabit the flesh of fruit. When found, notify the Department of Primary

Industries as quickly as possible. Call their Biosecurity Tasmania team on 6165 3774.

## Meander Falls short of consensus

By Sharon Webb

MEANDER VALLEY Council has allocated \$125,000 for a feasibility study for a tourist road to Meander Falls in the face of some residents saying the project is doomed to failure.

Cllr Michael Kelly put the motion to the February council meeting, saying the State Government had spent \$500,000 on new bridges in the area and a road would attract tourists to the falls in winter when there are high water flows.

His motion included writing to Tasmanian political parties seeking a financial contribution to match council's commitment.

Local residents Kevin Knowles and Helen Hutchinson asked why the council would spend so much money when the land involved was World Heritage classified and therefore out of council's control.

"The project is doomed to failure," Meander resident Mr Knowles said.

"We should be working together as a community to develop small trails in the area to benefit us all."

Ms Hutchinson from Western Creek said, as World Heritage the land is a nominated refuge for plants and animals.

"Are we prepared to dislodge plants, animals and rocks for people to be able to travel in a car?"

"The World Heritage conditions won't allow gravel to be brought from outside for a new road.

"Think about what you're planning to do. Would we

bulldoze St Paul's Cathedral for a carpark?"

But Meander residents Wayne Johnston and James Boxhall spoke at the meeting to support the proposal, saying Meander Falls potentially could attract 30,000 visitors a year, like Liffey Falls.

"Meander Falls now has between 450 and 750 visitors a year because people just can't get there," Mr Johnston told councillors.

Mr Boxall asked why locals wouldn't want 30,000 more visitors to the Meander area: "A road would create more opportunities for businesses and accommodation."

Cllr Ian Mackenzie said road supporters wanted "to put Meander on the map and get some economic dollars into the area."

Cllr Rodney Synfield went further, saying the road should be part of a larger

project developing the whole Huntsman area - but eventually was the only councillor who abstained from voting on the motion.

But Cllr White questioned why the council would spend \$125,000 when preliminary World Heritage consultation could render the whole project impossible.

She asked why wording of background to the motion suggested the proposal was "a done deal": "And why has this been allowed to get to this stage without consulting the whole Meander community? It seems only those in favour of the project have been consulted."

Saying the project had merit, Cllr Bob Richardson put a motion to write first to the World Heritage authority for its reaction to a tourist grade road but it was defeated.

## A succulent success

TASMANIANS' PASSION for cacti and succulents attracted 700 people to Deloraine and raised \$1600 for Lyme Disease research.

An organiser of an event held at the Deloraine Bowls Club last month, Rita Eastley, said people came from all over the state for the event where 10 experts exhibited their own special collections of old succulents and exotics.

"Fifteen vendors sold plants to the public as well, and many people were chasing rare varieties," she said.

"Some had been brought into Tasmania from the U.S.

by a Hobart collector."

The funds supporting Lyme Disease research were raised through a gold coin entrance collection and the cost of vendors' tables.

Mrs Eastley became interested in cacti through her brother, co-organiser and Launceston collector Robert Armstrong; she's especially attracted to their glamorous flowers.

Deloraine people willingly lent a hand for the succulents event and the Bowls Club donated the venue.

Organisers plan to hold another event in Feb 2019.

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## Personally branded, my way

By Wendy Laing

A FRIENDLY, interactive workshop called 'Brand It, Build your Personal Brand' was held on Tuesday, 13th February at Deloraine House.

It was run by Talitha 'Taz' Devadass, who is an experienced Program Manager with the Van Diemen Project and a regional entrepreneurship facilitator with a vast amount of expertise and experience.

'Brand It' is an initiative of the Federal Department of Jobs and Small Business and is a free business advice service supporting people who wish to turn their ideas and skills into jobs.

The workshop suited anybody who wished to build their personal image, build confidence to start their own business or just

wanted to improve their presentation skills.

Ms Devadass talked about building a brand through communication and with the confidence to trust yourself and your ideas. Then finding the courage to achieve them.

"My job is to help people see self-employment as a career pathway," she said.

Free support in the Meander Valley on how to begin, run, improve and grow your business is available for both those who wish to start a small business and entrepreneurs who would like help with their existing enterprise.

For more information about this free service you can contact Ms Devadass on 0429 061 668, 6349 1919 or email talitha@vandiemen-project.com.au.

## Street car show a big hit

By David Claridge

COMING OFF the winning of the Meander Valley Community Event of the Year at January's Australia Day awards, the Deloraine Street Car Show reached new heights for its third year when it cruised into town in February.

What started out with a local club wanting to put together a car show has grown into an event that progressively evolves each year. This time 550 cars were on display, and around 10,000 people rolled up for a look.

Local businesses up and down the main road benefited from the influx of visitors, while a number of bands performed as the onlookers meandered the car show.

Committee member for the Van Diemens Street Rod Club, David Sherriff, said he was amazed at how big it has become.

"I was on the gate and saw a lot of tourists come for a look, even a few of the cars on display had mainland number plates," he said.

"My favourites were the Ford 34 Coupe from Adelaide that I saw coming through the gate and there were some really nice two-door Falcons.

"There was something for everyone with Hot rods, Holden Monaros, GT Falcons, Camaro's, Corvettes and the P76 to name but a few."

The organisers want to thank everyone for making it such a memorable event.

## Deloraine: epicentre for Kinesiology

By Lorraine Clarke

KINESIOLOGY IS one of the alternative non-invasive therapies that is sought out when chronic pain and physical maladies cannot be diagnosed by or fail to respond to traditional medicine.

Deloraine resident Philip Rafferty has been a kinesiologist for 35 years. He created Kinergetics Kinesiology in 1991, a modality which is taught in over 20 countries, having been translated into 8 languages. He introduced "Touch for Health" to Australia from the USA.

Philip recently hosted the 9th Annual International Kinergetics Workshop in Deloraine over the month of January. More than 40 people including Australians and many overseas visitors, attended to study under his guidance. The workshop was held at the Rotary Pavilion, with morning and afternoon practical and theory sessions, and meal breaks spent at local eateries.

At the workshop, participants were eager to share their stories. Sharon from Canada had consulted 20 doctors and exhausted all avenues of medical treatments for her fibromyalgia. She explained that the constant pain she experienced for 25 years was so severe that she was afraid to wake up in the mornings, and every part of her body ached. After having Kinergetics treatment she said, "It was like heaven. I don't know life without pain."

Selena came to the work-



Photo by: Mike Moores

Phillip Rafferty practises his craft on Germaine Byrne.

shop to further her studies. She is a Kinergetics practitioner in the Huon Valley, where psychologists refer patients to her for treatment of trauma.

Lianne from Singapore travelled to the workshop to find relief from a stroke initiated by arsenic poisoning from eating

vegetables she had grown in contaminated soil.

Sarah, an Australian based in London, is a Special Needs teacher who first practised Kinergetics 15 years ago to help herself and her friends.

For more information go to [www.kinergetics-reset.com](http://www.kinergetics-reset.com).



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ABN 94 344 598 612



## Veteran cars

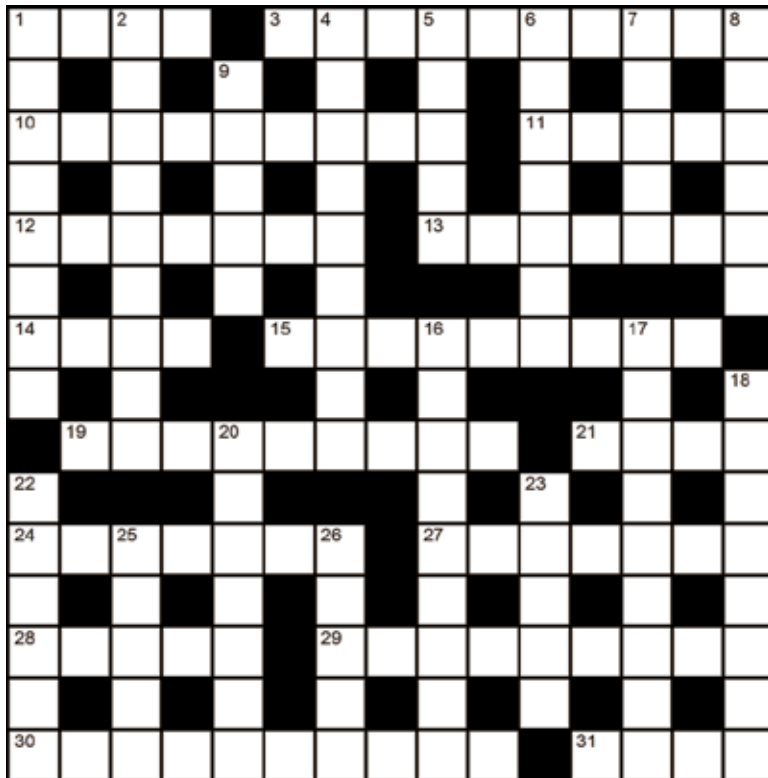
A NATIONAL Veteran car tour will be based in Deloraine and tour the surrounding districts from Wed 21st to Sun 25th March 2018.

The event is for one and two cylinder cars and motor-bikes built before the end of 1918 with most of them built before 1910. Health permitting, the two oldest Fords in Australia will be on show - a 1903 and 1904 model, and possibly an 1898 Renault, as well as a good selection of American and European cars which are rarely seen in Tasmania. On Friday night of the 23rd, just on dark, a gaslight parade up and down the main street will give the public a chance to see the cars, many with their gas and kerosene lamps lit. During the daytime on the 23rd the cars will be displayed on Westbury Village Green at lunchtime for the public to see the collection.

## Smartphones

THE POPULAR Getting Smart with Smartphones monthly sessions at Deloraine Online will resume on the 27th March from 2.00pm to 3.00pm. Any questions you have about mobile phones, both staff and volunteers will do their best to answer. There is no charge.

## Crossword



### Across

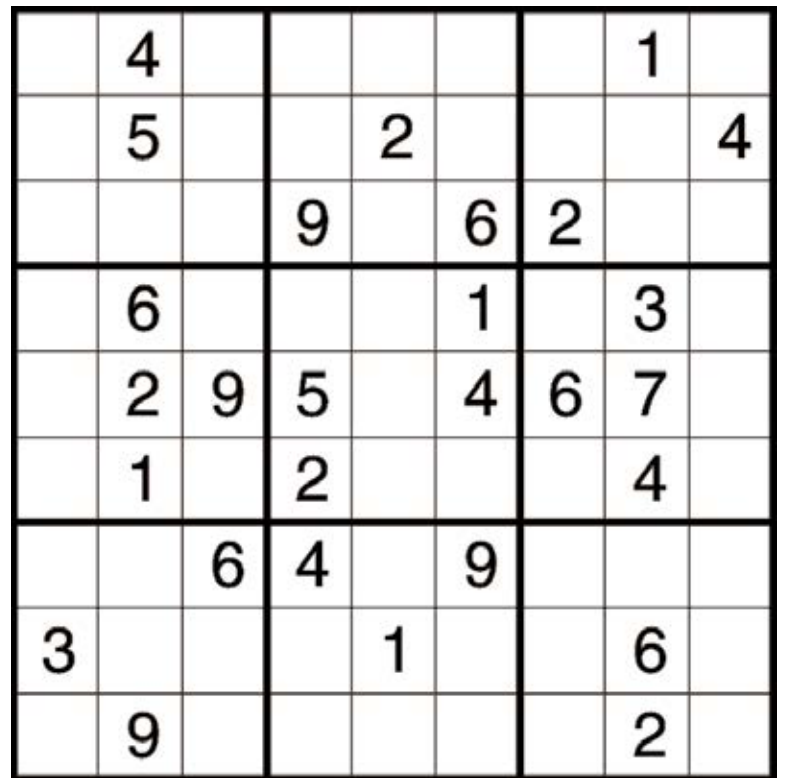
- 1 U S space group (1,1,1,1)
- 3 Court game (10)
- 10 Consequently (9)
- 11 Female sovereign (5)
- 12 Survive (7)
- 13 Bowling pin (7)
- 14 Skin eruption (4)
- 15 Pachyderms (9)
- 19 Sue (9)
- 21 German Mrs (4)
- 24 Passage (7)
- 27 Surrey commuter village (7)
- 28 Trembling poplar (5)
- 29 Mouth organ (9)
- 30 Science of numbers (10)
- 31 Undiluted (4)

### Down

- 1 Belonging to a country (8)

- 2 Enticement (9)
- 4 Papal (9)
- 5 Leg joints (5)
- 6 Mexican liquor (7)
- 7 Proficient (5)
- 8 Beam over a door (6)
- 9 Started (5)
- 16 Medley (3-6)
- 17 Frighten, usually by violence (9)
- 18 Take away (8)
- 20 Squeeze together (7)
- 22 Las Vegas setting (6)
- 23 Racecourse (5)
- 25 Island in the Bay of Naples (5)
- 26 Resort lake in both California and 22 down (5)

## Sudoku (Hard)



©2018 Syndicated Puzzles

How To Play: Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 x 3 boxes must contain the numbers 1 to 9. Best of luck!

### Crossword - March 2018 Solution



### Sudoku - March 2018 Solution

4	9	6	1	8	3	7	2	5
3	8	5	7	1	2	4	6	9
2	7	6	4	5	9	1	8	3
5	1	3	2	6	7	9	4	8
8	2	9	5	3	4	6	7	1
7	6	4	8	9	1	5	3	2
1	3	8	9	4	6	2	5	7
6	5	7	1	2	8	3	9	4
9	4	2	3	7	5	8	1	6

# Events Diary

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Running an event? Then make sure everyone knows about it. Email the details to: [editor@meandervalleygazette.com](mailto:editor@meandervalleygazette.com) - remember to plan in advance so you don't miss out!

Date and Time	Event	Details
Every day in March 10.00am - 4.00pm	Wild Card, Robyn Adams photography	Pixels Gallery, Deloraine Online, 21 West Pde, Deloraine Sat-Sun 10.00am - 1.00pm
March 2nd to 31st 10.00am - 4.00pm	Great Western Tiers Art Award Exhibition	Deloraine Creative Studios
Every Monday fortnight 2.00pm - 4.00pm	Women's Wisdom Group	Deloraine House, 112 Emu Bay Road, Deloraine Explore spiritual topics Ph: Sonja 0466.829.350
Saturday 10th March 7.30pm sharp	Western Tiers Film Society - "Hidden Figures"	Little Theatre, 2 Meander Valley Rd. Deloraine US Drama PG rated 127 minutes Ph: 0418 389 868
Saturday 10th March 2.00pm	Remembering Kent Furmage - Don Chorale	Gallery 9, West Barrack Street, Deloraine Donation for costs appreciated.
Saturday 10th - 12th March inclusive	Rupertswood Farm & Crop Maze	Rupertswood Farm, Station Lane, Hagley Open from 10.00am - 4.00pm Ph: 0403 075 766
Monday 12th March - 6th April	BreastScreen Tasmania Mobile Bus	Deloraine Community Complex, Alveston Drive, Deloraine Call 132050 to make an appointment
Friday 16th March 8.00pm	Westbury Annual Ball	Selbourne Hall Deja Vu Band Belle, Junior Belle, Matron, After Five. \$10.00 entry. Supper. Enq. 6396 1188
Friday 16th & 17th March noon - late	Forth Valley 2018 Blues Festival	Forth Recreational Ground Tickets \$90.00 for Friday & Saturday \$35.00 or Friday Night only Ph:0438 694 468
Saturday 17th March 6.00pm	Shindig, St Patricks Day Concert	Westbury Town Hall Family \$40 Adult \$15 U12's \$10 U5's free Tickets Westbury Council Office Ph: 6393 5300
Saturday 17th March 8.00am - 1.00pm	Lions Club of Hadspen South Esk Car Boot Sale	Riverbank at Hadspen
Saturday 17th March 9.00am - 1.00pm	Mole Creek Market	Mole Creek Memorial Hall, cnr Pioneer Drive and Caveside Road. Contact Ross Quick 0413 681 252
Saturday 17th March 8.00am - 1.00pm	Westbury Market	Anglican Church Hall, 11 Lonsdale Prom. Westbury BBQ cooking breakfast, stalls. Rob Menzie 0417 931 619
Saturday 17th - 18th March	Rupertswood Farm & Crop Maze	Rupertswood Farm, Station Lane, Hagley Open from 10.00am - 4.00pm Ph: 0403 075 766
Sunday 18th March 10.00am - 3.30pm	Tasmanian Garlic & Tomato Festival	338 Four Springs Rd, Selbourne Adults \$10.00. Children U16 free Ph: 0438 009 522 Free camping available
Thursday 22nd March 7.30pm	Tas Symphony Orchestra Woodwind Serenade	Latrobe Memorial Hall \$30.00 Ph: 1800 001 190, Mon-Fri 10.00am - 4.00pm or email <a href="mailto:boxoffice@tso.com.au">boxoffice@tso.com.au</a>
Friday 23rd March most of the day	National Veteran Car Tour	Village Green Westbury
Friday 23rd March just on dark	Gaslight parade of veteran cars and bikes	Main street Deloraine just on dark
Saturday 24th March 7.30pm sharp	WT Film Society - "Embrace of the Serpent"	Little Theatre, 2 Meander Valley Rd. Deloraine Brazil Adventure M rated 123 minutes Ph: 0418 389 868
Saturday 24th March 11.00am	Ex-Hydro Employees Barbecue	Spreyton Football Club, all past employees welcome Ph: Roger Nutting on 0467 911 824 for more info.
Saturday 24th March 9.00am - 11.00am	Aged Care Deloraine Monster Garage Sale	Grenoch carpark (underneath Grenoch if raining) 7 East Barrack St Deloraine Sausage sizzle 6362 8300
Saturday 24th - 25th March	Rupertswood Farm & Crop Maze	Rupertswood Farm, Station Lane, Hagley Open from 10.00am - 4.00pm Ph: 0403 075 766
Monday 26th March 10.00am - 12 noon	How to Block ads on the Internet	Online Access Centre, 21 West Parade, Deloraine \$10.00 Call 6362 3537 to book
Tuesday 27th March 2.00pm - 3.00pm	Get Smart with Smart Phones	Online Access Centre 21 West Pde, Deloraine Ph: 6362 3537 to make a booking. Drop-ins welcome. Free
Saturday 7th April 9.00am - 1.00pm	Deloraine Showground Market	Deloraine Showgrounds, Highland Lakes Rd, Deloraine. Ph: 0409 695 321 for Bookings & Details
Tuesday 10th April 2.00pm - 3.00pm	Get Smart with Smart Phones	Online Access Centre 21 West Pde, Deloraine. Ph: 6362 3537 to make a booking. Drop-ins welcome. Free
Saturday 14th April 7.30pm sharp	Western Tiers Film Society - "Maudie"	Little Theatre, 2 Meander Valley Rd. Deloraine. Canada/Ireland. PG rated 116 minutes Ph: 0418 389 868
Saturday 21st April 8.00am - 1.00pm	Westbury Market	Anglican Church Hall, 11 Lonsdale Prom., Westbury. BBQ cooking breakfast, stalls. Rob Menzie 0417 931 619



WITH A turnout of approximately 1000 people, Chudleigh Show was once again a success.

According to show president, Josh Smith, the number of patrons was the largest the Show has had in several years.

Among the attractions were wood chopping competitions, sheepdog tri-

als, the annual dairy heifer competition, show jumping, and activities for the children paid for by the A and H Society.

There was also a Beaut Ute competition and a muffin bake-off for the blokes.

Having a history that stretches back to 1889, next year will be the Show's 130th year.

## Sandy Lake Hut opening

THE HISTORIC Sandy Lake Hut is no longer confined to history.

The hut has been rebuilt and will be officially opened at 10.00am on Saturday 7th April. Patrons will meet at Lake MacKenzie boat ramp car park before taking a short walk to the site of the hut.

There will be a guest speaker and an inspection of the original hut's remains if lake levels allow. Patrons are invited to bring their own picnic lunch and refreshments.

The Sandy Lake Hut was originally built in 1903 as part of a push by the Northern Fisheries Association and the Northern Tasmanian Tourist Association to promote recreational fishing in the Chudleigh Lakes area.

The hut was designed to be a base for recreational fisherman and bushwalkers alike.

Unfortunately, over the course of the 1940s and 50s the hut was gradually destroyed through acts of vandalism, such as the removal of palings for firewood. The last remnant, the stone chimney, was demolished prior to the flooding of Lake MacKenzie during the development of the Mersey Forth power scheme in 1969.

Two other huts, Lady Lake Hut and Ironstone Hut - built in 1911 and 1918 respectively - suffered similar fates but have since been rebuilt in the last 25 years. Sandy Lake Hut was the last to be resurrected, with building commencing in 2015.

Photo by: Mike Moores



## A family affair

A family affair, Matthew Gurr contests the Standing Block with son Daniel and wife Jo looking on.

## Recycling recorded

Story continued from Page 9...

On their Website, Meander Valley Council anticipates that the Deloraine tip will reach capacity during the next decade. One wonders where to next? In recent years, TVs, white goods, and e-waste have become the most conspicuous piles of waste - computers particularly, are quickly superseded when new, improved models

appear. What will happen to them when the tip is closed?

Under new management, there is now an increasing pile of wool bale-sized bags of recyclables. Apparently their contents are to be compressed, which will make them more compact and therefore cheaper to send interstate for processing. It is unclear whether or not any actual reprocessing of

materials occurs in our state, possibly aluminium, export interstate makes it so much more expensive.

Worldwide, soft plastic has become an enormous problem, littering beaches on uninhabited islands, and floating as 'islands' in the oceans. Photo-degradable plastic, which breaks up into minute particles, threatens the lives of the marine animals which unwittingly ingest it.

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**Sandy Lake Hut Replica Official Opening**

Invitation Saturday 7th April 2018

10:00 am Assemble Lake Mackenzie Boat Ramp (800 metre walk over uneven surface of dry lake bed to the hut)

11:15 am Welcome and guest speakers  
Followed by a hut and surrounds inspection  
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Please note that this is a pet free event

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# SPORT



## Paddling for pleasure

Ethan Beer, 17, of Meander & Rohan Swinsburg, 15, of Deloraine paddle their way around Huntsman Lake at a recent workshop.

Photo by: Mike Moores

by Cody Handley

A KAYAKING workshop was recently held on Huntsman Lake as part of Meander Valley Council's school holiday program.

The session took place on 2nd February and ran for two and a half hours. There were

10 places available, catering to young people aged between 12 and 25 years.

The aim was to teach participants a number of skills such as water safety, handling a kayak, rowing techniques, stopping effectively, and turning at speed.

Good conditions on the

day made for smooth paddling for those involved.

The session culminated in having participants utilise their newly learnt skills to play games such as water polo and tag in their kayaks.

Transport and all gear, including life jackets, were provided.

## Slam dunk for school

by Cody Handley

THE DELORAINE Amateurs Basketball Association (DABA) has donated two rings and backboards to Deloraine High School, which are now up and ready for the new school year.

The project has been 18 months in the making, from the time of donation to having the new basketball court ready for use.

Due to the height of the rings, it required an excavator balanced on the back of a truck to lift the rings into the ground!

The school's Business Manager, Cynthia Pearce, said that Craig Cunningham of STURDYBILT Agencies had done a fantastic job of erecting the rings.

"Not having a gym was very restricting for the stu-

dents. The new court will give a giant boost to school sport," Ms Pearce said.

The court will also be open to students over weekends and during school holidays.

"Deloraine is a strong basketball community," said Ms Pearce. "The new court will provide a place for not only students but the community to come and build their skills and socialise."

The new school court could also benefit DABA, as more students becoming interested in basketball may hopefully translate into more players engaging with the extra-curricular sporting scene.

DABA donated the rings to the school as a result of upgrading their own courts, but they still have two spare rings that they do not have any plans for as yet.

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Photo by: Mike Moores

Jett Chilcott runs with ball around defender Jaylen Chilcott.