



GET IN SHAPE FOR SUMMER

Be spoilt for choice when it comes to getting fit

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THE WESTBURY CRITERIUM

Local and national stars get on their bikes

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A BIRTHDAY CELEBRATION

Your local newspaper is Five Years Old!

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Meander Valley Gazette

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January 2019

Meander Valley Gazette Your independent community paper



Red Hills show pulls in the crowds

Roll cages, helmets and racing flame stickers aren't things you often associate with tractors, that is unless you were out at Red Hills last month. Speed and noise were the two favourite words as the Apex Club of Deloraine held their annual Tractor Pull charity event over the second weekend in December. Tractor Pull Director, Danny Saltmarsh, was impressed with the spectators

that turned up for the event. "It's one of the best turn-outs we've had yet," he said. "People come for different reasons, whether they want to see the super modified tractors from around the state and the mainland, or even the vintage ones. It's great to see mainland tractors competing down here." There were around seven different classes taking turns to pull a weight transfer

sled, the aim is to reach 100 metres but often tractors spin out or lose power, so every centimetre counts when it comes to bragging rights. Money raised at the event goes back to Apex Club of Deloraine and gets distributed around the Meander Valley community during the year and to groups such as Give Me Five For Kids. Photo by: Mike Moores

Land sale plan a reprieve for Quamby Parish churches

By Sharon Webb

THE PROPOSED sale of a church-owned block of land in Carrick has removed three Quamby Parish churches given to the people in perpetuity from the Anglican church and cemetery fire sale.

In December of 2018, Tasmania's Anglican Bishop, Richard Condie, released a list of church properties to parishio-

ners state-wide, indicating which are to be sold and which reprieved.

St Mary's Church rectory and cemetery in Hagley, built with donations from the Dry family; St Andrew's Church in Carrick, given by the Reibey family; and St Andrew's Church in Westbury, built by the British Government with convict labour, now will not be sold - if the parish can

raise \$400,000 from the sale of vacant land on the corner of Meander Valley Rd and East St in Carrick.

In addition, Deloraine's saleyards, church hall and cemetery, and Meander's St Saviour's Church appear to be saved from the chopping block.

But according to Reverend Josephine Pyecroft from Quamby Parish, a row is brew-

ing over which real estate agent will sell the Carrick land.

"We had it valued by Harrison Humphreys; Rob Harrison is a descendent of the Reibey family who gave the church to the people. But the Anglican Hobart office wants to arrange the sale with their choice of estate agent.

"However the deeds say the land can't be sold without the

signatures of the priest and two wardens and we need to go to the Reibey family to sell it.

"We want Harrison Humphreys to sell it, then the money must come back to the parish. We will then donate the money to the Anglican's Child Sexual Abuse National Redress fund."

Rev Pyecroft said she was amazed at the decision to save the three churches and

their cemeteries.

"I thought we might save Hagley because Sir Richard Dry, the first Tasmanian-born premier of this State, is buried beneath the altar there, but all three churches were off the list," she said.

"In the lead-up to the decision I asked parishioners to pray every day for two minutes at 12 noon and I'm silly enough to think that had a lot to do with it."

Continued on Page 4...

TURNING FIVE may not seem like a big achievement, yet it is a number loaded with significance.

Behind the scenes, '5' adds up to countless hours of volunteering time that has been given by a small army of helpers to create and deliver the paper, month in, month out. Without their vital help, the paper wouldn't exist. This is because the Gazette is, for all intents and purposes, very much a local, community-driven project.

This story is written to give you a better understanding of the Gazette as an enterprise, and to publicly recognise the valuable contribution made by so many wonderful people who help us out, each and every day.

"It is refreshing to have a local paper that is run by local people for local people."
Annie

When our region lost its local newspaper more than five years ago, it quickly became clear that something else went missing too. The valley lost the means to collectively share its stories - its triumphs and tragedies, news and tidbits, joys and friendships.

Equally, local businesses lost a key means to reach out to existing & new customers, and local council lost the ability to broadcast its latest information.

Since the start of the Gazette in 2013 (the first issue went to print in January 2014), all of the above has been made whole again. Five years on, we still regularly receive letters of gratitude and thanks for publishing a local newspaper. We enjoy telling the stories, capturing the valley's living history and keeping young & old alike in touch with the amazing people and talents that surround us.

See the retrospective at Pixels



TO COINCIDE with Meander Valley Gazette's 5th anniversary, Deloraine's digital art gallery 'Pixels' will hold an exhibition of some of the more memorable photographs to appear in the paper from 2014 to 2018.

The exhibition will run from the 16th to 31st January.

Connecting our Community

Celebrating 5 years as Meander Valley's local newspaper!



Matthew Bowen lends a steady hand and keen eye to the job of paper folding.

People often think that the paper is put out by Meander Valley Council. This is not so. While we are supported by our local council, especially through the inclusion of their Public Notices pages, the newspaper is actually run and published by a small, local not-for-profit organisation called Meander Valley Connect.

As well as the Gazette, Meander Valley Connect manages two Online Access Centres (Deloraine and Mole Creek) as well as Pixels Digital Art Gallery in Deloraine.



Sharon Webb's journalism career adds depth to the paper

Meander Valley Gazette pays a small amount of money to a handful of core staff each month; however, for the most part, the paper is produced by volunteers.

Weekly meetings are held to discuss the paper's content and direction. The content is predominantly written by volunteer writers who develop stories under direction of the editorial team. We also receive submissions by local community members, politicians and other services/events visiting Meander Valley.

The stories and advertisements are brought together using industry standard software, two computers and the wonders of 'cloud computing', which allows people in a few different locales to access and contribute to the process.

Then, once a month on a Saturday, proofreaders gather in Deloraine to correct any errors. The paper is then

converted into finished artwork and sent to the printers.

In line with our ethos of supporting small business, Meander Valley Gazette is printed in Tasmania in Franklin, Huon Valley. It travels to north via 3 different trucks, with Sunrise Trailers in Deloraine lending a final hand in the process by using their forklift to take the pallet of papers off the truck and place them onto the back of a flat tray ute, which is then delivered to the Deloraine Online Centre.

"Our organisation is one of many whose membership has grown because of news reports and photos of our activities in the Meander Valley Gazette." Michael

A team of folders get cracking unloading the pallet. Thousands of papers are hand-folded, ready to be delivered by Australia Post and a local contractor. Thousands more are delivered to Salmat in Prospect who organise delivery to residents in Prospect Vale and Hadspen. Yet more volunteers deliver papers to shops and businesses throughout the valley. Once delivered, the whole monthly process starts all over again!



Never too old to volunteer, 87 year old Victor Smith delivers hundreds of papers to local businesses each month.

We estimate the paper takes, collectively, around 400 hours per month to put together. Most of these hours are volunteered.

Currently, we are printing 9,500 copies per month. Plus, many people are accessing the paper digitally through our website www.meandervalleygazette.org. (Previous editions of the paper can be downloaded there, too. Just head to the shop and down-

load for free).



Carol Tracey looks after our advertisers

During the time we have been printing we have uncovered a wealth of skilled artisans and craftspeople. We've also looked into many rurally-based enterprises, and the biggest surprise always comes when we discover another local business that is sending their products all over the globe. Innovation is clearly alive and well in Meander Valley and its our aim, with your help, to promote the area to its best advantage.

All up, we've been fortunate to be able to call upon the assistance of many people who have long experience in publishing and communications. In fact, the Gazette provides an ideal vehicle for people to express their creativity and make a meaningful contribution to the welfare of the community.

tralian newspapers.

The paper is offered free to all residents and visitors of Meander Valley and is financed by advertisers, sponsors and donations.

"I wish the MVG was my local paper. I have arranged for a friend to send me regular copies of your great newspaper."
Jenny, Brisbane

The break even costs of producing the paper each month are considerable, and we are very grateful to all of our advertisers for their financial support. Three local businesses have recently taken out 12-month sponsorships, helping to smooth out the ups and downs of monthly advertising income and helping ensure the current 20-page format can continue.

As always, our aim is to keep the residents of Meander Valley informed. To ensure that we can do the job properly we need your input. If we don't know about an event we can't tell the story!

If it's interesting to you then it is probably of interest to other people too. Please email editor@meandervalleygazette.com if you have a story and/or pictures to share, or phone 6286 8212 on a Tuesday or Wednesday to speak with one of the team.

It's always affirming when we hear the wonderful feedback the paper receives, and it confirms our steadfast belief that there still is a much-needed place in this digitised world for the printed word.

Thanks for reading your very own local paper!

Support your local paper!

IF YOU enjoy reading the paper and would like to support the Gazette, please consider providing financial assistance by either advertising or making a donation.

Donations can be made via our website www.meandervalleygazette.org or you can direct deposit to BSB 633000, Number 163419658, Account Name: Meander Valley Connect. Please reference the deposit as 'MVG Donate'.

Alternatively, you can post to or drop into the Meander Valley Gazette office at 21 West Parade, Deloraine 7304.

Not flush with cash? There are other ways to help us out as there are lots of different activities to help with. Please contact the Gazette office on 6286 8212 for more information.

Cindy quilts a forest



Golden Valley textile artist Cindy Watkins pictured with some of the works that make up her '5000 trees project'. Cindy will donate \$2 from each tree sold

Story & photo by:
Emma Hodgkinson

AWARD WINNING textile artist Cindy Watkins has always had an appreciation for the natural world, and after reading a book titled *The Hidden Life of Trees* by Peter Wohlleben, she felt inspired to combine her passion of artistic quilting with her love for trees.

Residing by an ancient forest in Golden Valley, Cindy would go on nature walks, collecting gum leaves, tree bark, and other natural debris that she would use to dye silk that would later become a part of an awe-inspiring project that Cindy would later call 'The 5000 Trees Project'.

"The 5000 Trees Project

gives me the opportunity to develop a style that is uniquely mine whilst helping our environment," said Cindy.

Cindy began by designing trees on paper, soon after she began to quilt her trees in a similar design. She used the naturally hand-dyed silk in most of her trees, experimenting with different colours and designs to create her unique and inspiring quilts.

As well as the silk, there are several other distinct features on Cindy's quilts that represent her inspiration. Such as the detailed stitching that represent elements of nature, and root systems connect all of her trees together.

Cindy says "*The Hidden Life of Trees* talks about how trees communicate through their

root systems, supported by scientific evidence."

Cindy's goal is to stitch the grand total of 5000 trees, donating \$2.00 to Landcare Tasmania for every tree that she sells. Ultimately aiming to raise \$10,000 to help protect and improve the natural environment.

"Without trees, nothing would survive. They provide fresh air, water, shelter, food, and warmth."

Cindy currently has her art displayed in the Wilderness Gallery at Cradle Mountain Hotel until the 28th February 2019. Her artwork can also be viewed at Brush Rabbit in Deloraine, and The Textile Artist in Launceston. So far, she has stitched 1000 trees.



Deloraine Police Station

Deloraine Police Station to remain open

THE STATE Government has confirmed that the Deloraine Police Station is to remain open.

A police media spokesperson said that Deloraine station is in addition to a

new \$5 million police station planned for Longford.

The Longford station was announced in the 2018 state Budget with funding allocated for this financial year.

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St Andrews Church, in Westbury is one of four Meander Valley churches to escape closure and sale.

Photo by: Mike Moores

Land sale plan a reprieve for Quamby Parish churches

Continued from Page 1...

Quamby Parish has raised more than \$50,000 to head off the churches' sale; in addition, new State draft legislation decreeing cemeteries cannot be closed until 100 years after the last burial instead of the current 30 years has damped

down Bishop Condie's sale plan. St Mary's Church is defined as a cemetery because Sir Richard is buried in it.

Rev. Pyecroft said she could identify with people distressed at the thought of the sale of land containing their relatives' graves; her parents' ashes are bur-

ied in her husband's grave in St Mary's cemetery.

"This has been the emotional and spiritual abuse this year," she said.

"I haven't heard of anyone against the sexual abuse redress scheme, but all the while this other abuse has been going on in the

background. This is not the Anglican Church I know."

Rev. Pyecroft was also able to shed light on the rationale for Bishop Condie's churches and cemetery sale plan.

"The Bishop told us he had to raise \$8m for the redress scheme and he proposed to sell 106 properties," she said.

"Twenty-five per cent of the money raised was to go to the redress scheme and the rest to be used to start a new Tasmanian ministry, where congregations would meet in school halls and people's houses.

"The former Sydney Archbishop Peter Jensen and his brother, Dean Phillip Jensen totally changed the face of the diocese to create an almost non-liturgical church run on Calvinist lines. And Bishop Condie has announced that he's a Calvinist."

Rev. Pyecroft, who has not been paid by the Anglican Church for the past 18 years, said clergy were not told what the new Tasmanian ministry would be like, just that the Quamby Parish would need to raise \$216,000 for the redress scheme and \$200,000 to indicate they could pay the salary of a new priest.

"More than \$400,000 is an impossible task so we put in a submission to the Anglican Church Diocesan Council proposing to sell the Carrick land," she said.

Two thirds of the Anglican properties listed for sale have not been rescued, including the Church of the Good Shepherd in Hadsden, the Fencing Paddock in Carrick, and vacant land in Elizabeth Town.

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A slow dripping tap can waste up to five litres of water per hour.

Summer water saving tips

AS THE WEATHER warms and summer starts, TasWater is encouraging people to use less water.

"Traditionally, we use more water during summer, but with the weather bureau forecast of warmer than average days this summer, we are asking everyone right across Tasmania, to conserve water," TasWater Asset Strategy Manager David Graham said.

"Conserving water helps to protect a precious resource, helps to make sure there is enough water for everyone and also reduces the impact on our environment – the less water people use, the less water we divert from rivers and dams.

"This flows right through to sewage – less water down the drain reduces the amount we need to treat, which then reduces the amount of treated effluent being discharged into waterways.

"Using less water means we

don't need to treat and pump as much water and sewage, also reducing our costs and carbon emissions.

"If everyone makes a small amount of effort to change the way they use water, we can better manage the demand and help protect our environment."

Making small changes around a home and business can be a big help in making our water last longer.

TasWater also takes steps to help ensure we are as efficient as possible too. We continually monitor our drinking water catchments, review our operations for improvements and have an ongoing renewal program to upgrade ageing infrastructure.

Tips to conserve water

Inside your home:

- Check all leaky taps - a new washer can make a big difference. A very slow dripping tap can waste up to

five litres of water per hour.

- Try not to run your taps - cleaning teeth and washing your hands under running water can use up to five litres of water.

- Make the most of your dishwasher and washing machine - full loads are the go.

- Dual flush toilets are super efficient. A half flush uses three litres of water; a full flush is six litres of water. Old cisterns can use 18 litres of water in a single flush.

- Keep those showers short and sharp - five minutes is all you need! A water efficient shower head will use nine litres per minute as opposed to a standard shower head that uses 18 litres per minute.

Outside your home:

- Hand watering uses less water - invest in a watering can for those pots and garden beds.

- Try watering early of a morning or late of an evening when there is less evaporation.

- The best watering system is a slow, low flow drip system.

- Use plants that are native to the area or drought resistant.

- Mulching your gardens will prevent up to 70 per cent of evaporation and keeps those weeds suppressed.

- Use your broom, not your hose. High pressure cleaning of paved surfaces wastes large quantities of water.

For further information, call TasWater media contact, Kirsty Reid on (03) 6422 5310.

LIBERAL

SENATOR JONATHON DUNIAM
 Liberal Senator for Tasmania

Delivering for Tasmania

Please contact my office for any assistance.

85 Macquarie Street, Hobart TAS 7000 6231 2444
 senator.duniam@aph.gov.au SenatorDuniam

Authorised by Senator Jonathon Duniam, Liberal Party of Australia, 85 Macquarie St, Hobart TAS 7000.

In My Opinion...

By MVG Editor

IT IS WELL understood but perhaps less practised that Christmas is a time for spiritual reflection, and being so near to a New Year, a timely opportunity to also think about one's actions and goals in the months that lay ahead.

Over the festive period I found myself reflecting upon a conversation I had overheard some time back which got me thinking if it was now standard fare.

Two male friends had met up for a bite to eat. They were smartly dressed and I imagined successful in their respective careers. After initial greetings, they settled down to catch up with each other's news.

What transpired was not so much a conversation but more of a round of competitive gamesmanship.

One had just returned from an overseas holiday. I cannot tell you anymore detail than that because his friend interjected by describing the camping trip he had taken his family on. Upon which he added, without drawing breath, that his new car had towed the van better than expected, so they'll probably do another trip soon.

His friend replied by saying he'd like another holiday, but had just been offered a promotion. To which came the reply, "Will it be a senior level role like mine?"

So went the talk, back and forth. Perhaps I ought not have listened in so much, but it was like having a front row seat at a Wimbledon final.

I've since started tuning into other conversations around me and there does appear to be a lot of 'tennis' being played nowadays. I wonder if it is the result of the culture of our times - success is *really* important, so we aim to outdo everyone, even in conversation; plus, social media strongly encourages self-promotion by saying "Look at what I'm doing right now!"

For society's sake, it would help if this 'competitiveness' doesn't become the norm. Sure, talking does fill awkward gaps of silence, but honestly, too much of it is just shallow. There's no real interest in the other person at all.

If we lose the ability to 'converse' by building upon each other's life experiences and views, we will likely lose our ability to empathise or even learn how to deepen our relationship with, and understanding of, our World. We'll forget how to talk about subjects that require depth and reflection, rather than simply trading soundbites.

As of 2019, I aim to regularly remind myself of something said by Stephen Covey, "The biggest communication problem is we do not listen to understand. We listen to reply." Yes, I hear that.

Some have obvious signs of road trauma and need euthanizing. It's an absolute disgrace. For many, the Meander River is their last "corridor of hope" for survival and the really sad bit is not many people seem to give a stuff.

A.R. Trounson - *Needles*

ONE SMALL PIECE of sandpaper had devastating consequences for Australian cricket, that required much soul searching and rebuilding with reverberations going all the way to the top.

Maybe, just maybe, if we avoid using rough or harsh words when speaking with others and instead use soft or kind words, our lives and the lives of those around us will be considerably more pleasant.

If we want to make a difference to the society we live in, we can do no better than start with ourselves, offering a kind word of encouragement can work wonders.

James Urqhart - *Deloraine*

Photo by: Mike Moores



Campers could be on a good wicket in Westbury.

Camping in Meander Valley

By Sharon Webb

MEANDER VALLEY Council will submit a planning application to provide camping at Westbury recreation ground.

Moving the motion, Cllr John Temple said he had initiated the move following the council's March closure of three free campgrounds on council land.

"This is simply a planning application to see if we can use the Westbury location for that purpose," he said.

"The loss of the three campgrounds has meant a loss of business and vibrancy."

Cllr Susie Bower said that during her recent election campaign, the campground closures had been one of the biggest issues.

"The campers bring a lot of business and currently those people are driving through the town and not spending money," she said.

Deputy Mayor Michael Kelly said the community misses the campers and wants them back: "We are obliged to get them back."

Council manager Martin Gill closed down free

campgrounds in Westbury, Bracknell and Deloraine last year, saying he had no choice because they did not have the appropriate planning approvals.

"Because no permits were in place council had to stop the activity," he said.

In addition, some neighbouring residents were fed up with campers' poor behaviour: noise, camp fires, public urination and public safety issues.

But others are frustrated and angry about the closures as local businesses, many of them on tight margins, have lost camping customers.

However, it is also against the Federal Government's national competition principles for local government to offer free camping in competition with local businesses.

A State Government inquiry into the impact of camping on local council land on national competition principles has dragged on for months.

Mr Gill said in December he anticipated a government statement on the issue in the new year.

Letters In...

WHILE THE PHOTO by Mike Moores (MVG Dec.2018) captures Kerry the Rooster with his proud owner Tony Sherriff, it seems some breeders have failed their fine feathered friends and fallen foul of fairness. With no less than six young roosters being dumped at the Rotary Park in Deloraine over the past six months, it's nothing to crow about. Hate to ruffle feathers but someone who thinks they rule the roost needs knocking off their perch.

Also (for what it's worth) in November's edition of MVG it was advertised that "Percy the Peacock" was up for adoption and needed a new home. Strange how anyone put a bird up for adoption they haven't even caught yet? Percy (not his real name) has been free-ranging with me (homeless) and a stunning array of other neglected animals. Over the years I have also befriended dumped kittens, roosters, along with native animals, all of which are "starving".

Standby Support standing by

By Hayley Manning

Standby Support After Suicide team stand firm in the knowledge that effective communication is the biggest preventative factor for suicide.

Standby recently held two powerful events in Deloraine, as a part of their sustained campaign for community education and bereavement support in the Meander Valley.

Response Team member, Angela Enright, facilitated an inaugural Meander Valley Memorial Walk along the Kooparoona Niara Cultural Trail; while Deloraine House hosted a Pathways to Care workshop to develop a community response plan and increase understanding of bereavement.

Northern Team Leader, Rod Lambert, says there is so much complexity surrounding suicide and each individual response is different.

"It is important for the bereaved to know that while we cannot change what's happened, we can be there to help their pain in an informed, non-judgemental, and compassionate way," Rod said.

"We help anyone, no matter what their relationship has been. We are here to support you even 20 to 30 years later, for as long as needed."

Standby was originally started in Queensland 17 years ago and now offers a 24/7 service across all communities Australia-wide.

First responders, family, friends, or anyone impacted by a suicide can refer or be referred themselves to Standby for immediate support at home, a community club, workplace, or by telephone if preferred.

For further information visit: www.standbysupport.com.au or email: standbytasmania@lifelinetasmania.org.au

EST. 2013

Meander Valley Gazette

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Advertising enquiries:

Email: advertising@meandervalleygazette.com Ph: 6286 8216 (leave a message, it will send an email).

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Photo sales

Many of the photos in this publication are available for sale in varying sizes. For further information please call 6286 8216 or email photos@meandervalleygazette.com

Please Note

While every care is taken the producers of *Meander Valley Gazette* cannot be held liable for any publication errors in written material or advertisements. The opinions expressed, whether by paid advertisement or editorial content do not necessarily reflect the views of this newspaper. Some material may be abbreviated due to space availability.

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To receive a digital copy of the newspaper each month, please make a request by emailing general@meandervalleygazette.com

Running off the pudding



Photo by: Mike Moores

(L to R), Emily & Phyllis shape up after Christmas with Tamsyn Stock-Stafford of Body & Soul Wellness Studio in Deloraine.

By David Claridge

CHRISTMAS IS A time to be happy, to marvel at the colours that fill the stores and gild the decorated trees. Around the end of November, the Christmas-themed treats seem to come out and the supermarkets start stocking shelves with colourful and yummy looking chocolates and candy canes.

I celebrate the festive season by getting a Beer Advent Calendar, my 'treating myself' is in full swing even

before Christmas Day when the coup de grace of eating and drinking time comes.

By the time Christmas and New Year are over, I've gained weight and I haven't been active for weeks.

Fortunately, there are tips and tricks to turn to, so as to not completely wreck yourself over the festive season. After speaking to two local health enthusiasts, I discovered a few things to keep in mind leading up to and following the holiday season.

Westbury based Personal

Trainer, Liza deLautour, who runs You & Me PT, believes that where everyone goes wrong is with all the food on Christmas Day.

"Part of the problem with Christmas is all of the leftover food, it tends to last for days," she said.

"We have become a nation of people who like to socialise over food and drinking alcohol. We need to move more and find other ways to socialise.

"I would suggest that people move, move as much

as they can. We tend to be sitting, eating and socialising a lot around this time of the year.

"Put on some music and dance, drink lots of water, its finding that balance.

"Everyone has to find something they love to do. There is no point joining a gym if they hate being inside. If you love walking or dancing, get out there and do it."

Deloraine-based Personal Trainer, Kimberlee Dixon believes that people need to have more self-control when

it comes to the big day and an ongoing commitment to what you eat and do.

"I tell my clients that they have to do dieting and exercising," she said.

"A lot of people often think they only need to do one or the other. Unfortunately, you have to do both to get the best results.

"Eating bigger breakfasts, medium lunch and a smaller dinner is the key. We need to fuel our bodies for the day, and by the end of it we go to bed with less in our stomachs.

"Many of us end up eating a lot at Christmas, but we are all human at the end of the day.

"If you want to stay in shape you need to try and resist large portions. Give time for your body to process, go for a nice walk or play some cricket in between, said Kimberlee.

It's up to us to be good to our bodies, still enjoy the holidays but rethink our eating habits and be social in ways that are more active. I still over ate this Christmas, but now I have some tools that will help to improve my overall health and wellbeing.

Of course, if I need some professional help, Liza and Kimberlee are out there and happy to help us reach our goals.

Thank you to 'You & Me PT' and 'Kimberlee Dixon Personal Training' for taking the time to help with this story.

Fields of fire



Photo by: Mike Moores

A grass fire adjacent to Meander Valley Rd Deloraine received prompt attention when 2 tankers and 3 helicopter water bombers were called in to extinguish a fire threatening newly baled hay.

Council rejects Blackstone Telstra tower

By Sharon Webb

BLACKSTONE Heights residents were triumphant when Meander Valley Council rejected Telstra's 25m proposed mobile phone tower but the decision means rate-payers could be landed with up to \$10,000 in legal fees.

At the December council meeting, Cllr Andrew Connor warned councillors that should Telstra appeal the decision in Tasmania's Resource Management and Planning Appeal Tribunal, the legal bill would drop in the council's lap.

"RMPAT has only ever refused one tower. These things are rarely successful," he said.

A Telstra spokesperson said the company was still considering whether to appeal the decision.

In a tense December meeting packed with objectors to the Zenith Court tower, councillors heard from residents who believe their property values will be negatively impacted, fear possible health effects from tower emissions (said to be unproven) and fear the effects on nesting eagles in the area.

More than 357 residents formally objected to the tower: 357 through a petition to the council and 30 more through letters of objection.

Petition signers were not just from Zenith Court and Blackstone Rd but from Canopus Drive, Bayview Drive, Glover Avenue, Panorama Rd and Longvista Rd and as far afield as Hadspen, Westbury, Rosevale, Hagley and Bracknell.

At the meeting Blackstone resident Steven McGhee offered to pay half the legal fees should Meander Valley Council be forced to fight a Telstra appeal in the RMPAT.

He also said the council had made no effort to investigate whether the tower was avoidable.

"Only 20 people will benefit from the tower, and near the West Tamar tower house prices have dropped.

"There has been no full and frank discussion from Telstra."

But Telstra senior project specialist Katie Hill told the meeting Telstra had been contracted by the Federal Government to create optimum coverage for black spot areas.

"There were four other candidates for the tower but we found this site has optimum benefit for 3G Plus," she said.

"There will be a benefit for new residential areas coming through and new businesses.

"We heard the community angst in the [September] community information session and we've tried to be

as transparent as possible."

Clinton Northey from telecommunications provider Visionstream told councillors that from a planning perspective the Zenith Ct location belonging to Taswater was a utility zone needing no tree clearing.

"We feel the tower is not in anyone's direct line of vision," he said.

Other councillor comments included:

Cllr Susie Bower: "I find it difficult to believe a report could not be generated to show how many Telstra customers would benefit from this. More than 180 people expected to benefit do not want the tower."

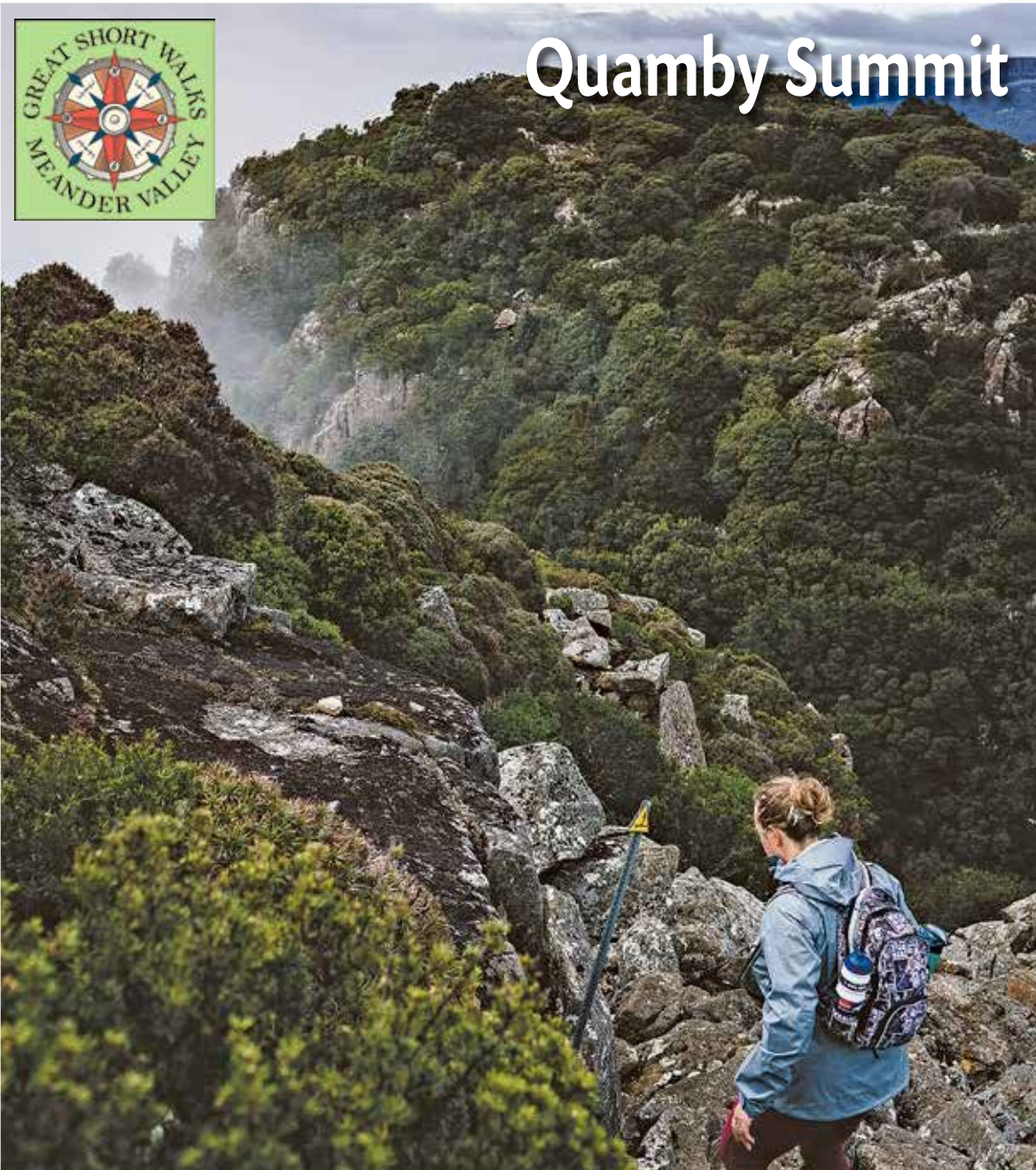
Cllr Michael Kelly: The tower will decrease the value of properties; I have to consider that."

Cllr Frank Nott: "I have concerns about the tower's height and the single 10-year lease is deceptive – a smoke-screen. We need to take heed of the petitioners and letter writers, particularly those with young families. I am supporting the interests of the residents."

Cllr Connor: "Put your hand up if your don't have a mobile phone – very few. Councillors should use their heads not their hearts on this issue."



Quamby Summit



Solo hiking tunes your senses into making smart choices with each footfall. Photo by: Jade Hallam

By Tara Ulbrich

THERE ARE TWO kinds of bushwalkers in the world, forest folk and peak people. Regular readers of this column will probably make a good guess which category this writer belongs to.

I've been instructed that excursions into the wild are best done in groups of four, one to stay with the injured and two to go for help. I've generally aimed for this protocol but a recent climb to the summit of Quamby Bluff was different. It became a two-way challenge, going it alone and pushing physical effort.

The walk is promoted as a 4-5 hour return and though well marked, I appreciated the directions of previous walkers. They've laid branches on false tracks explaining no, not this way. Mostly though my internal dialogue was about the forest scenery, particularly the changes from wet tea tree, to dogwood to myrtle and then sassafras. Approaching the saddle, I savoured a clump

of peppercorn like I have never seen before. But there I go, reverting to type, forest fancier.

Others have told me that solo hiking tunes your senses in to making smart choices with each footfall. You only have yourself to rely on. A prerequisite for safety is humility for your environment and the two sections of vertical rock face generate such respect. The top one on the western edge is particularly challenging – steep and slippery. Don't be distracted by the view back down into Jackeys Marsh.

On the top you'll continue northeast across spectacular open alpine terrain to the 360 degree viewing position. On a clear day the lowlands and Kooparooona Niara will offer themselves up. If weather has moved in they won't. On the day I climbed, this is exactly what happened but I didn't mind. Exhilarated, I had climbed as high as one possibly could, challenging a few ideas about myself in the process.



In 2017, over 6 million Australians were impacted by cybercrime.

Internet-savvy Millennials lax on cyber security

EACH YEAR the number of Australians impacted by cyber criminals continues to rise. In 2017, over 6 million adult Australians were impacted by cybercrime and 46 per cent of Millennials fell prey to cybercrime, putting them in the lead as the most common group to be targeted.

A Norton by Symantec report revealed 37 per cent of Millennials admitted to having at least one device without any protective

measures and were the group most likely to share their password. This is in significant contrast to Gen X users, where only a quarter had shared the passwords to their smartphones and laptops.

The good news is password hygiene is as easy as 1,2,3: 1. Create strong passphrases. 2. Use a different password across all of your accounts; and 3. Don't share your password with anyone!

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Always served with love & care



Photo by: Mike Moores

Helen Clayton (L) and Joan Loone in the planning stages of another delicious offering to raise funds for the Deloraine Hospital.

By Wendy Laing

FIFTY YEARS AGO Mrs Joan Loone became an inaugural member of the newly formed Deloraine Hospital Auxiliary. She had been part of the original steering committee who worked hard to form the

Auxiliary. Their job would be raising funds to help with the ongoing costs of running the Deloraine hospital. "The first items we bought were toothbrushes for the patients," Joan Loone said. From 2010 until the present time the Deloraine

Hospital Auxiliary has raised over \$286,000. The funds are amassed from catered functions, donations and bequests. TV's and air conditioners for patients rooms, washing machines and garden benches are a few of the items bought by the Auxiliary,

the latest being a Bladder Scanner worth \$15,000. Auxiliary members make regular hospital visits, and gifts are given to all patients who are in the hospital at Christmas time. "We have a great relationship with the hospital staff,"

President Robin Cato said. Every year as a thank you for their dedication, the hospital Manager, Lester Jones and the staff cook a Christmas lunch for the Auxiliary members. The main fundraising lunch which has been held at the Bowls Club each year is in the process of being transformed. "Our members are becoming older," President Cato said, "and catering a main meal and sweets for over 200 people takes a lot of time and energy which is exhausting. However, because people especially enjoy our home-made desserts, plans are in hand to decide on an easier option for the future." Each September the Auxiliary will continue to cater for their popular High Teas. Catering quotes for functions can be obtained from Helen Clayton on 6362 2658. New members are most welcome. If you can spare a few hours a month to become a volunteer with the Deloraine Hospital Auxiliary, please ring the President, Robin Cato on 0408 521 836 for more info.

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PUTTING PEOPLE FIRST

Rebecca White MP

Labor Member for Lyons

6212 2225
rebecca.white@parliament.tas.gov.au

Authorised by REBECCA WHITE, 33 COLE ST. SORELL



Peter Jago pictured with his design for the Australian flag.

Flying the flag

PETER JAGO IS a patriotic Australian who loves our country, loves our flag and loves to celebrate Australia Day. That does not mean, however, he thinks there is no room for improvement. "The flag should represent who you are. We're a different country from what we were. The Union Jack takes up one quarter of the flag, and we're a multicultural nation, so it's not as important as it used to be," explains Peter. While waiting for the groundswell of opinion to catch up with his desire to modernise our flag and choose a neutral Australia Day rather than the contentious anniversary of colonial settlement, Peter flies his own elaborate flag design in the front window

of his house. "With the flag," says Peter, "I've been interested in it over the years. Just getting people's opinions and seeing what we could put on it." After much consideration, Peter has melded colourful sporting symbols, social and cultural icons, native fauna and flora with the Southern Cross, Union Jack and Aboriginal flag. "This is a long journey. You don't change the 26th of January quickly. You don't change the flag just like that. We won't see much change in our lifetime," reflects Peter then finishes enthusiastically, "Australia is now a nation of diversity. Let us raise a modern Australian Flag on a modern Australia Day."

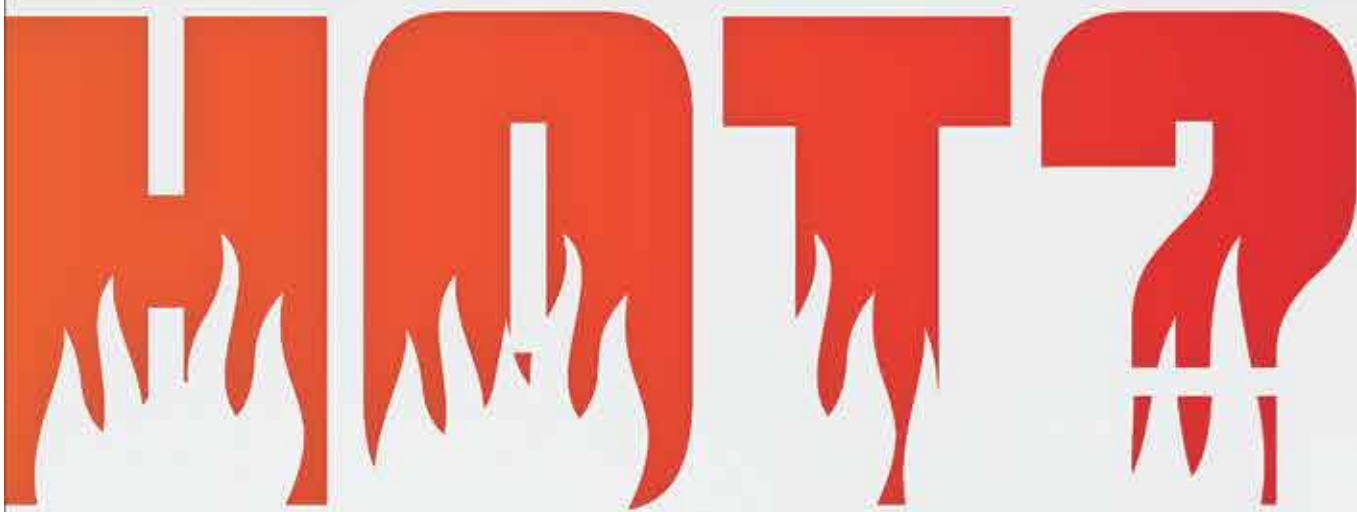
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Above: Mayor Wayne Johnston joins Guy Barnett MP, Tania Rattray MLC and Mark Shelton MP at the Deloraine Show.

Local support for local shows

The 2018 Deloraine and Westbury Agricultural Shows were hives of activity. Patronage was exceptionally high and reflected the demand for affordable, family-friendly events in Meander Valley.

Meander Valley's local shows are showing a resurgence at a time when some of the major agricultural shows are facing declines in patronage.

"Some of the metropolitan shows seem to have lost their relevance, distancing themselves from what was once a community event.

Our local shows have a particular rural feel. They demonstrate that you don't have to be big, to be good," Mayor Johnston said.

"Attending local events is a wonderful way of engaging with the community and supporting the local economy and I encourage you all to go along," Mayor Johnston said.

This recipe for success will continue with the historic Chudleigh Show set to get underway on Saturday 16th February.

LEDs to shine a spotlight on Prospect Vale Park

The sports lighting on the AFL Ground is being upgraded as part of the Prospect Vale Park Development Plan.

"Council has worked with the local AFL clubs in order to progress the project which will result in the facility having one of the first match standard LED lit grounds in the state," Mayor Johnston said.

Construction is due to commence in January and is expected to be completed by March 2019.

LED lights are significantly more energy efficient resulting in less power consumption. They also have a globe life that is three to four times longer than traditional metal halide globes.

The LED lights have a dimming function and a reduced light spillage which is advantageous given the proximity of the AFL ground to residential areas.

The upgrade of the lights is an important component

in the drive to improve the facility, encourage participation and meet the growing demand of the women's AFL competition.

Council is funding the project in conjunction with grants sourced by the Junior Prospect Hawks Football Club from the AFL Facility Development Reserve, Sport and Recreation Tasmania and an election commitment from the State Liberal Government.

Connecting with colour at Creative Studios

The fourth Meander Valley U3A Exhibition was held at Deloraine Creative Studios during December.

Colourful Connections was the culmination of a year's worth of artistic endeavour by members of U3A's painting and mosaic classes.

Meander Valley U3A fosters exploration, interaction and personal growth for both emerging and returning artists.

The programs furnish participants with the basic skills required to discover their own creative style and, with the ongoing support of the collective group, many have developed the confidence to expand into other artistic genres.

Mayor Johnston was invited to open the exhibition and described the works on display as a wonderful reflection of the founding principles of U3A.

"The University of the Third Age is based on the concept of those who learn shall teach and those who teach shall learn and that is what is evident in the works we see before us today," Mayor Johnston said.

Colourful Connections demonstrates how, through a range of programs, Meander Valley U3A has created an environment that enables not only the generation of ideas, but more importantly - the sharing of them.

The conversion of ideas into tangible works of art does not



Above: Mayor Wayne Johnston with facilitator Linda Ireland at the opening of Colourful Connections.

happen without support. "All of the facilitators are volunteers and their support and commitment is invaluable," Mayor Johnston said.

Meander Valley U3A is also supported by Meander Valley Council, the Deloraine and Districts Community Bank and Deloraine Creative Studios.



Australia Day

— Celebrate with us! —

Community members are warmly invited to attend Meander Valley Council's Australia Day celebrations.

6pm, Friday 25 January, 2019

Country Club Tasmania, Prospect Vale.

Enjoy an evening of entertainment and celebration with music by Meander Men followed by light refreshments.

Join us in recognising our volunteers and for the presentation of Australia Day Awards for Citizen of the Year, Young Citizen of the Year, Community Event of the Year and the Sports Award.

This is a free event, but seating is limited.

If you would like to attend please RSVP to Merrilyn on 6393 5317 by Monday 21 January 2019.



Do you live in Reedy Marsh? Are you bushfire ready?

Living in an environment that is prone to bushfire prompts us all to develop situational awareness and start planning early for the bushfire season.

It is critical to be able to make choices that reduce the level of risk. Will I stay and defend if there is a fire in my area? Will I leave early? What does it mean to have a defendable property? Am I prepared for the impact of staying and defending? If I leave early, where will I go to and when? Does everyone in my circle of influence know what we have planned

and agreed to? What about my pets?

Suzette Harrison, Community Development Officer with the Tasmania Fire Service, is currently working with the Reedy Marsh community to assist them to be better prepared should a bushfire result in their area.

Residents of the Reedy Marsh area are invited to an information session to explore Bushfire Survival Plans.

This will be held at the Rotary Function Centre,



Alverston Drive, Deloraine, on Tuesday 29 January from 7pm. Other interested community members are also welcome to attend. For information contact Suzette on 0418 451 954 or suzette.harrison@fire.tas.gov.au

School Holiday Program

| | |
|---------------|--|
| 15 January | Ropes Course • Hollybank • Cost \$38 |
| 17 January | Cook a Meal • Deloraine Trade Training Centre • Cost \$10 |
| 22-23 January | Mountain Bike Two Day Camp • Derby • Cost \$125 |
| 25 January | Beauty & Inner Strength Workshop • Deloraine House • Cost \$20 |
| 30-31 January | Caving Two Day Camp • Arm River • Cost \$40 |

For further enquiries or to book contact Vicki on 0400 155 690 or email vicki.jordan@mvc.tas.gov.au



Meet your Meander Valley Councillors



**Mayor
Wayne Johnston**

It is an honour and privilege to represent you as Mayor and I thank you all for the support you have given me. My goals are to see the Meander Valley prosper by engaging with the tourism industry, providing support for economic development and primary industry that generate wealth for our municipality.

There will be a number of challenges as we move forward over the next four years. As Councillors, we must represent our residents and make the right decisions for them.

I am passionate about our community and play an active role with a number of volunteer organisations. My experience dealing with all levels of government, as well as advocating a team approach, will enable us to work effectively together with the community to deliver key objectives.



**Councillor
Stephanie Cameron**

Our region is best served when all generations work together on behalf of our rate payers. My goal is to be a member of a strong team so that together we can make a positive impact on the region we all love so much, whilst bringing the views of the next generation to the table. Balance between wants and needs is always a challenge. I want to ensure that Council can deliver the essential services our constituents need, whilst being conscious of keeping our operations as cost effective as possible.

I bring energy and youthful experience to the table. I am a wife, a mother, a small business owner and have experience undertaking a variety of roles across a number of sectors including aged care, agriculture and government. I am honest, loyal and see everything through with integrity.



**Councillor
Frank Nott**

Sincerely appreciate the support given to me in undertaking this role and I am keen to use my experience in Local Government for the benefit of the team.

Now, I consider myself approachable and a good listener and will work hard to represent the residents of Meander Valley.

By determining our future direction and making sound decisions with due advice from the General Manager and Directors, I believe our newly formed Council has the potential to be the best rural Council in Tasmania.

It is a privilege to serve as a Councillor, living in Prospect Vale and close to this country landscape, with its farming, industry and tourism.



**Councillor
Andrew Sherriff**

As a Councillor, I bring various skills and interests to the table. I own and manage a small business and undertake a considerable amount of volunteering in our community.

I acknowledge the difficulties in our current way of life and I like to find ways of simplifying and creating efficiencies to reduce costs for all ratepayers.

I believe that one of the biggest challenges Council faces in coming years is the crippling amount of compliance we all need to abide by.

My goal as Councillor over the next four years is to help move our municipality in a forward direction with firm, informed and united decision making on all matters.



**Councillor
Tanya King**

I'd like to take the opportunity to thank everyone who voted for me. It's an honour to be re-elected to serve our local communities.

I would like to spend the next four years doing the best I can for Meander Valley, for the benefit of our residents and ratepayers. As community expectations grow, it is balancing those expectations within the constraints of a sensible budget that will always be a challenge.

Finding the middle ground, providing good infrastructure and facilities while keeping rates affordable is the key. I have always advocated for small business, sustainable economic development and a fair go for families – that hasn't changed. I've learned a lot over the past four years and I will draw on that experience to meet new challenges and find ways forward.



**Deputy Mayor
Michael Kelly**

It is a privilege to be re-elected as Deputy Mayor and I would like to thank you all for your support.

Over the next four years I will build on my previous experience in this role and will continue to work hard to represent constituents and aim to deliver better outcomes on a range of issues. I have spent my entire life living in Meander Valley, I own a farm, run a local business and have raised my family here.

I am committed to supporting investment in the municipality, improving recreational facilities and infrastructure and I understand the importance of keeping rates to a minimum by identifying efficiencies.



**Councillor
John Temple**

Thank you for the ongoing support and I look forward to serving all constituents over the next four years.

A local resident for 32 years, I have operated a wilderness and landscape photography business in Westbury for 17 years. Over that time I have become familiar with the challenges faced by small business and the importance of attracting tourism to Meander Valley.

I have had experience serving on a number of community, government and business boards at local, state and national levels and these skills will ensure I am proactive when it comes to achieving our goals.



**Councillor
Andrew Connor**

I would like to thank you all for the opportunity to once again represent you as a Meander Valley Councillor.

I have undertaken this role since 2011 and bring significant experience in working with the community, other councillors and council officers.

I have been a volunteer for over a decade with the State Emergency Service and am an advocate for improved consumer communications services.

I am approachable, future focused and bring a broad perspective to Council.



**Councillor
Susie Bower**

A big thank you to everyone who voted and supported me. I look forward to working hard for the Meander Valley region over the next four years.

After 11 years working in and with local government, I bring a significant amount of relevant experience to the role.

I recognise the importance of maintaining cohesion and stability in order to achieve good governance. I bring a fresh and honest approach and my strong networks with all levels of government will be invaluable in supporting my role.

I will be a strong voice for our community and will champion a balanced approach to decision making that is participatory and inclusive.

Local Markets

- Deloraine Market**
First Saturday of the month
Deloraine Showgrounds,
Highland Lakes Road, Deloraine
- Liffey Market**
Second Saturday of the month
Old Liffey School,
1443 Liffey Road, Liffey
- Mole Creek Market**
Third Saturday of the month
Mole Creek Memorial Hall
Caveside Road, Mole Creek
- Westbury Market**
Third Saturday of the month
St Andrews Church
11 Lonsdale Promenade,
Westbury

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Where Song Began

By Sharon Webb

TWO OF AUSTRALIA'S most adventurous young classical musicians perform a musical celebration of Australia's birds and how they shaped the world at Deloraine's Little Theatre on Saturday 19th January.

In *Where Song Began*, Violinist Simone Slattery and cellist Anthony Albrecht tell the story of the evolution of song, featuring music spanning 300 years, stunning visual projections and an immersive soundscape.

The show is based on ornithologist Tim Low's best-selling book, *Where Song Began: Australia's Birds And How They Changed the World*. Audiences have described the 50-minute show as "like being sung to by the country."

Where Song Began is being performed in many venues around Tasmania with \$1.00 from every ticket sold donated to Birdlife Tasmania or a related cause.

Anthony Albrecht said the show includes music by J.S. Bach, Vaughan Williams Sarah Hopkins and even a traditional indigenous hymn, Ngarra Burra Ferra.



Young Australian classical musicians Anthony Albrecht and Simone Slattery will perform at Deloraine's Little Theatre.

"We perform the music to a projected film of beautiful birds and Australian landscapes," he said.

"All age groups enjoy it and children find it really engaging so I always encourage parents to bring their children along."

Tim Low's eye-opening book tells the dynamic but little-known story of how Australia provided the world with songbirds and parrots, among other bird groups, why Australian birds wield surprising ecological power, how Australia became a major evolutionary centre and why scientific biases have hindered recognition of these discoveries.

The renowned biologist with a rare storytelling gift says Australia's birds, from violent, swooping magpies to tool-making cockatoos, are strikingly different from birds of other lands often more intelligent and aggressive, often larger and longer-lived.

Simone Slattery was recently awarded a PhD in Music Performance from the University of Adelaide and performs regularly with Australia's finest ensembles. Anthony Albrecht is an Australian graduate of The Juilliard School's Historical Performance program and is now based in London.

See P16 Events for prices etc.

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Liberal Member for LYONS



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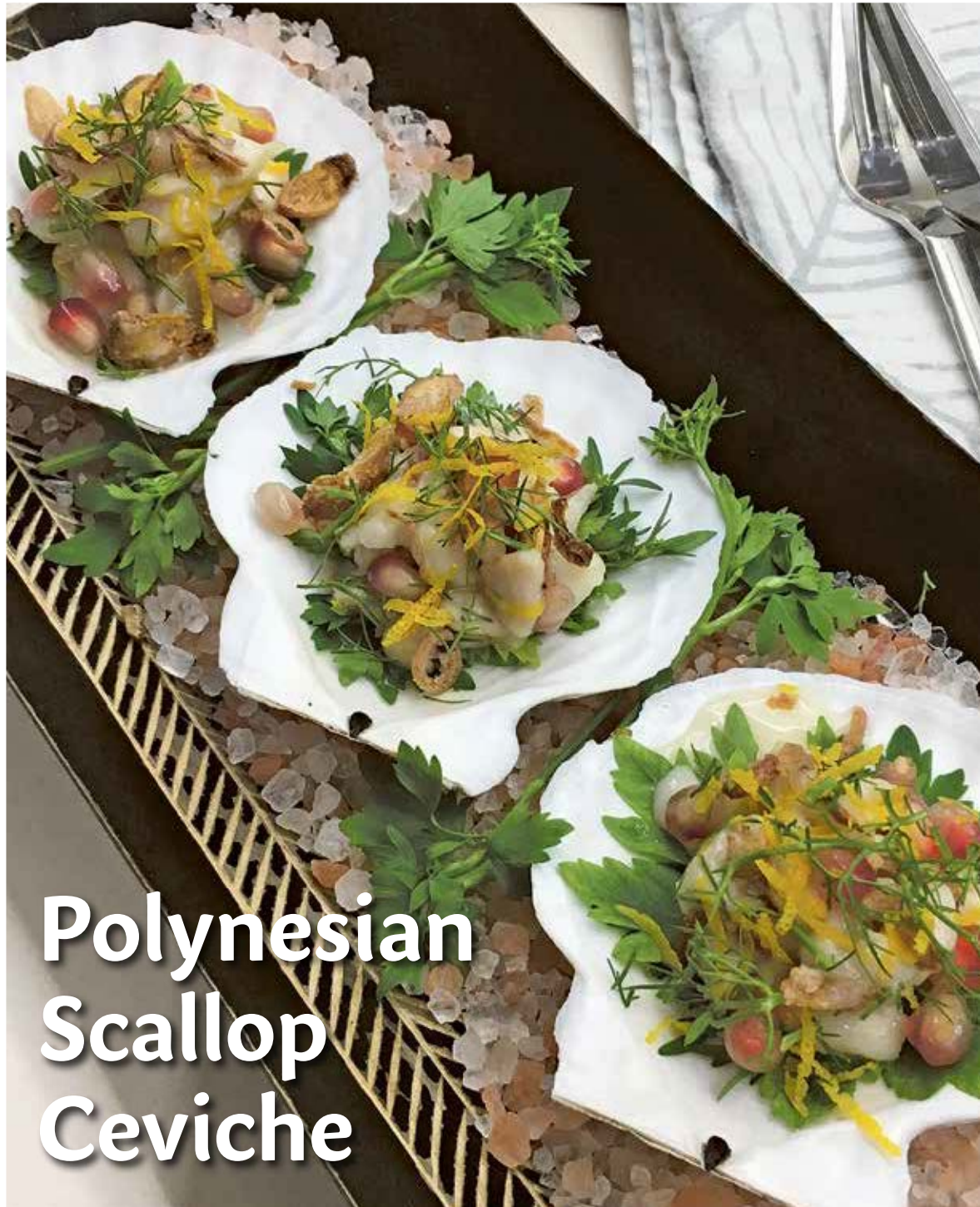






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Polynesian Scallop Ceviche

This dish combines juicy Australian scallops with some Vietnamese flavours and textures.

Photo & Story by
Wai Lin Coultas

AS PART OF French territories harking back to 1880, Tahiti's closest gastronomy to a national dish, poisson cru, gives Spain's fish ceviche a Polynesian twist – the addition of coconut milk. Unsurprisingly, this e'ia ota – Tahitian for "raw fish" – has birthed many delicious offshoots.

Drawing inspiration from Chinese influences imbuing poisson cru chinois and from other cru recipes with different types of

seafood, this refreshingly light ceviche infuses the juiciest scallops swimming in Australia's January waters with some flavours and textures of Vietnamese cuisine and the freshest accents of summer while remaining true to the definitive taste of Polynesia – the perfect starter before sumptuous mains of prawns on the "barbie".

Ingredients:

- 6 1/2-shell scallops, meat & roe thoroughly cleaned & thinly sliced, shells cleaned & set aside
- 1 large orange, zested & juiced
- 2 large limes, juiced

- 100 ml coconut cream
- 4 tbsp fish sauce
- 3 1/2 tsp honey
- 6 sprigs flat leaf parsley, leaves, flowers & sprig tips only
- 1 large sprig dill, finely chopped
- 3-4 tbsp fresh pomegranate seeds
- Crispy fried shallots
- 1 kg pink Himalayan rock salt

Instructions:

1. 'Cook' scallop meat and roe lined out submerged in refrigerated plate of mixed orange and lime juices for 30 minutes; and another 30 minutes after turning slices over.



The metre high *Coreopsis grandiflora*; common name 'Tickseed'.

The hot colours of High Summer

GARDEN WRITERS are spoiled for choice for subjects at this time of year with so many perennials in their full summer regalia. The metre high yellow *Coreopsis grandiflora* (Tickseed) is amongst the most conspicuous of the smaller perennials. There are smaller varieties, such as the pink *C.rosea*, but this has shown to be more temperamental, and has not survived for very long. *C.grandiflora* self seeds readily, filling a bed with masses of colour in December and January.

Alternatively, in winter, plants which have grown too clumpy may be divided after cutting back, and spread

around. The picture was taken at the end of December. **In the vegie garden**

Tomatoes are the most prolifically grown vegetables in our state. One local retailer said they had 20,000 plants for sale - no doubt some gardeners bought a second supply to replace those killed by the early November frosts. When the first fruit begin to develop, a tablespoon of mixed fertiliser spread around the roots, and watered in every five or six weeks will give them a boost - avoid watering the foliage. A thick mulch of straw will keep the soil moist and keep the weeds down.

2. Meanwhile make marinade by mixing coconut cream, fish sauce and honey; stirring till honey dissolves.
3. Strain 'cooked' meat and roe and add to marinade; refrigerating for at least 1 hour.
4. Meanwhile mix orange zest with dill.
5. Strain out marinated scallop meat and roe. Toss in 2/3 zest and dill mixture; setting marinade aside.
6. To plate 1 individual serve: cover dinner plate with 1/2 Himalayan rock salt. Sit 3 upturned shells onto salt and

- lay 1/2 the parsley sprig tips on salt between shells.
7. Divide 1/2 the parsley leaves and flowers between the 3 shells before scooping 1/12 of scallop mixture onto each shell's parsley. Garnish each with pomegranate seeds, crispy fried shallots and then 1 tsp marinade.
8. Heap the other 1/12 scallop mixture over this. Garnish with pomegranate seeds, fried shallots, 1 tsp marinade and finally 1/6 remaining mix of orange zest and dill. Serves 2.



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Be calmer with a Llama



Photo by: Mike Moores

Ever fancied going for a walk with a Llama? A new Christmas Hills business allows you to do just that. Llama Farma are offering a guided walk with a gentle llama friend through Tasmanian bushland. They have short walk options starting at \$39.00, or longer hikes for the more adventurous. For more info, visit www.LlamaFarma.com.au

Enjoying the peaks of success

By David Claridge

THERE ARE A couple of Mountain Biking pros riding around Meander Valley, having just shown Australia how good they are.

Cycling brothers Jak Oxford and Tom Stylianou recently competed in the Australian Shimano Enduro Tour which spanned across Queensland, Tasmania and Victoria, with Jak winning the series overall in their division (1180 points)

and Tom coming third (920 points).

Father and mentor, Mike Stylianou has stood by them as they go from strength to strength.

"This is the biggest event they've been involved in to date. Jak rode in all three events, Nerang-QLD, Derby-Tasmania and recently Mount Buller in Victoria," he said.

"Tom only rode in 2 rounds due to a broken collar bone and cracked ankle sustained

during training back in August and coming back from injury placed 3rd at Derby and took 1st place at Mt Buller."

The boys now have their sights set on the Enduro Series in the Asia-Pacific Continental Enduro Series, with an international trip beckoning in 2019.

"What's next for us? We're looking at New Zealand. There is a competition coming up in February, which is part of the Asia Pacific Enduro Series."



Jak Oxford and Tom Stylianou on the mountain biking circuit.

Temperature Control



By Karl Gammler

AT THIS TIME of year I'd like to share a few thoughts on temperature control.

Although we wait all year for warm weather, it can be a home brewer's hardest challenge to keep their fermenter at that magical 20° Celsius.

If you are fortunate enough to have a basement with a cement floor, temperature control may not be a concern. The not-so-lucky can use a swamp/ghetto style of cooler. This is a vessel large enough to house at least the bottom third of a fermenter.

Sit the fermenter in the container and almost fill it with water, then drape a wet towel or old T-shirt over it, to wick the moisture. A couple of 2 litre frozen water containers will keep the water cold – swap them out as they thaw. For a small outlay this method works surprisingly well.

A dead or unplugged fridge can be used in a similar fashion without mucking around with wicking. Swap a

2 litre frozen container daily and it should keep the fermenter nice and cool.

If the temperature of the FV starts to creep up, use two frozen containers or turn the fridge on for an hour or so. (Just don't forget to turn it off again.)

If you're going on holiday and can't be there to nurse your brew, or just can't be bothered with the extra labour, it's time to step up to dedicated temperature control.

On your shopping list will be an old second-hand fridge (Gumtree has heaps) with a large enough space to house your fermenter. If you can find a fridge without a freezer compartment, you can reinforce a shelf and house two fermenters.

Next on your list is a temperature controller from

either LHBS or eBay. I use Inkbird ITC-308, which has the ability to both cool and heat (for winter) and has 2 power outlets for a fridge or heat belts.

Attach the probe to the outside of your fermenter by taping insulation over it, (a cut-up stubby cooler is best.) This allows the probe to measure the temperature inside the fermenter and not the ambient temperature in the fridge. Sit the probe in a jug of water if you have two fermenters.

Set the controller to 20°C and turn the fridge on. When your fermenter creeps up to 22°C, the controller will turn the fridge on until the temperature drops and then turn it off again. This uses very little power and has a cut-off safety feature. It also gives you the ability to cold

crash (there'll be more about this process in a future article)

In winter, use the controller in conjunction with a heat belt. Plug the belt into the controller and hang the belt up in the fridge or wrap it around the fermenter. You don't need the fridge plugged in for this.

Recipe of the month: Black Velvet Deluxe Kit: Beermakers Old Fermentables: 500g light dried malt, 500g dark dried malt
Yeast: Kit, Safale S04 or Danstar Nottingham
Final volume: between 19 and 22 litres

Over the years I have tried just about all the dark ale kits and Beermakers is the one I always go back to. This recipe turns out much nicer than a Tooheys Old and is every bit as good as White Rabbit Dark Ale, if not better.

New Meander holiday units : Success is sweet for Deloraine aged care students

MEANDER VALLEY council has approved an application for visitor accommodation in Meander.

Containing a Colourbond studio, five units, an amenities building, a common room and space for eight RVs and caravan parking, Meander Country Cabins accommodation is to be located on the corner of Main Rd and Barbers Rd. The land is owned by Luke Mitchell and Donnaven Craven.

Conditions on the development include existing accesses onto Barbers Road being upgraded and sealed, the eastern access off Barbers Road being signposted as entry only/no exit and the carriage way south of the accommodation units being signed one way.

Both accesses onto Barbers Road are to be signed indicating a shared carriage-way for pedestrians and vehicles and a speed limit of 10km/h.

Have a barrel of fun square dancing

WEEKLY SQUARE Dancing classes will begin at the Deloraine Bowls Club on 18th January 2019.

Square Dancing is a great way to exercise both mind and body to music and make new friends all while having a

barrel load of fun.

It will be a modern take on square dancing says experienced caller Gary Peterson.

To find out more about the Square Dancing classes, please call 0499 088 680 for more information.

Computing Foundations @ DOAC

LEARNING ABOUT computers can be a daunting task for those who have grown up using people and books as their primary method of gathering information.

"A few years ago I was telling people that it was okay if they didn't want to learn about computers, but I don't tell them that anymore," says Computing Foundations tutor Joanne Eisemann.

"To stay empowered in our society I think it is vital for everyone to learn something about the new technologies. This is a big learning curve that we are all on.

"At Deloraine Online, our focus is on helping each other out with that," adds Joanne.

Computing Foundations is a 12 week course, 2 hours

per week (with some homework). The course covers computer operating systems, word processing, spreadsheets, internet and email. It is suitable for those who know a little bit about computers but don't yet feel confident, as well as people who feel confident with what they know but would like to learn a bit more.

The aim of the course is to improve participants' confidence in using their computer and will be paced according to the students' (usually 3 or 4 in a class) skill level.

The next course starts at the Deloraine Online Centre in early February. Please call Joanne at Deloraine Online 6362 3537 on Tuesdays or Wednesdays to book your place.

By Sharon Webb

EIGHT ADULT students qualifying at the Deloraine High School Trade Training Centre are looking forward to employment in the aged care sector in 2019.

The centre's co-ordinator, Berice van der Aa, said the class will return to complete final units in February before completing a four week work placement, followed by graduating with a Certificate III in Individual Support (Ageing, Home and Community).

"Some students from this group have been successful in gaining employment while training while others are looking for positions; aged care work is a growth area," Mrs Van Der Aa said.

"They will work as carers in a variety of settings including in-home, respite care and in residential facilities and the great thing is they will all make a difference to someone's life."

Deloraine's Trade Training Centre, based at the high school site, was boosted last year by the addition of a new building, where the Individual Support course is now located off East Church St.

The new building creates a bright, welcoming multipurpose learning space for adults from Deloraine and wider Meander Valley region and for Year 11 and 12 vocational education students.

Ms Van der Aa said a Certificate II course in Kitchen Operations will be offered to Year 11/ 12 and adult students from the beginning of 2019 followed by Certificate II in Hospitality, depending on enrolments.



Deloraine Trade Centre's successful aged care students. Back: TasTAFE teacher Anne James, Gaye Donohue, Elizabeth Sherriff, Simone Claridge, Ann Barber, Rosanne Barrett. Front: Aleisha Bott, Gracey McGee. Photo Supplied

"The automotive studies workshop will be upgraded to standard for delivery of Certificate I and II in Automotive which will be an option for Year 11/12 students in 2019.

"Certificate II Agriculture is also offered," she said.

Other big wins in 2018 included:

- The centre's first students achieving a Tasmanian Certificate of Education (TCE);
- Five current high school students are employed on Australian School Based Apprenticeships where they participate in paid work for one or two days per week under a formal agreement, while they work towards a vocational qualification as well as their TCE;
- Students supported at school to work on individual

interests and qualifications including screen and media and business courses;

- A growth in Year 11 enrolments for 2019.

Places are still available in the 2019 Individual Support course, which runs every Monday and Friday during school terms.

TasTAFE trainers will hold an Individual Support information session early in March at the Trade Training Centre.

*Individuals, businesses or organisations interested in full certificate or skill set training should contact Mrs Van Der Aa. Phone 0407 936 391 or email berice.van.der.aa@education.tas.gov.au.

Classes can be arranged for evenings or weekends to meet industry and business needs.



Friends around the world

Deloraine Rotary is planning to provide residential vocational training for young people in Nepal.

DELORAIN ROTARY has recently received a Department of Foreign Affairs National Friendship Grant of \$60 000 towards their RAWCS trade training centre project in Bhaktapur, Kathmandu.

Aiming to encourage participation in Australia's aid program, one grant was

given to Deloraine Rotary because of their effective international projects to build sustainability in neighbouring countries in need.

In Nepal for four years the club is involved in building schools, supplying water and sanitation in schools and villages and conducting

eye screening and surgery in remote villages.

Over the past 2 years, with the Rotary Club of Bhadgaon, Deloraine Rotary has been helping young people attend school. In particular, helping young girls by providing personal hygiene kits made by Days for Girls.

The grant project is the construction of a centre to provide residential vocational youth training for disadvantaged rural boys and girls, preparing them for employment and small enterprises. Some will be special needs students, very disadvantaged and at risk of homelessness.

Short intensive courses will cover trades, hospitality, sewing and light manufacturing.

Currently, thousands of young people in remote areas of Nepal have no access to education or vocational training. Girls are also discriminated against and find it hard to attend any form of school.

The donation of land in Kathmandu by a local businessman has enabled Deloraine, supported by other Australian Rotary clubs, to proceed with the project.

The construction will include training rooms, a residential floor for 40 students, community room and conference training facility to generate operating income for the centre.

The build will take 12 to 18 months, with the first pilot training course to start late in 2019.

Tasmanian Rotary Clubs have a strong commitment to building international relationships, reducing poverty and improving lives, particularly aiming to help young people at risk of child marriage, slavery, trafficking, sex trade, homelessness, exploitation, violence, starvation and deprivation.

Project manager Dr Lois Beckwith will be promoting the project in Tasmania to gain more financial support. \$150,000 is needed to get the first stage completed. Fundraisers will be held across Tasmania to help make the centre fully operational.

Information: contact Lois Beckwith, 6369 5393, loisbeckwith@bigpond.com or Maree Matanle on 0402 692 066. Alternatively, you can email maree.matanle@gmail.com.

Annual Events

THE ANNUAL Succulent and Cactus Exhibition and Sales will be held at the Deloraine Bowls Club on Sunday 10th February 2019 between 11.00am and 3.00pm.

The exhibition will include many new exhibits and a diverse gathering of vendors.

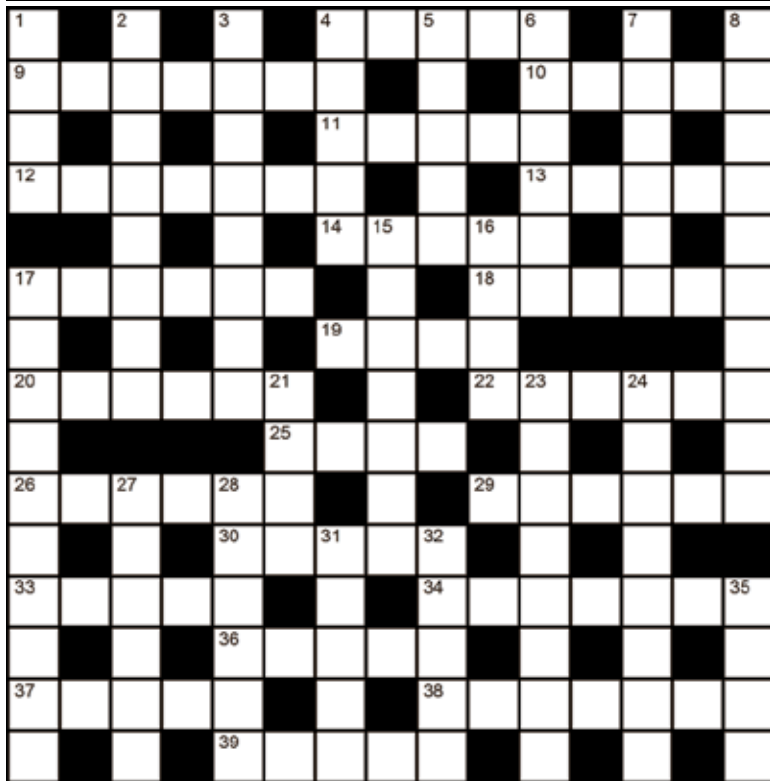
Light Refreshments and lunch is available and entry is \$2.00.

All proceeds go to Pegasus Riding Inc.

Two Choices! Australia Day Community Breakfast, Saturday 26th January 8.00am - 10.30am at Chudleigh Hall & Gardens \$15.00pp & U10 Free. Complimentary Glass of Champagne or Juice on arrival. Or Australia Day Breakfast, Saturday 26th January 7.30am at Westbury RSL, 7 Lonsdale Prom. Westbury \$12.00pp \$25.00 per family, Gluten free options available.

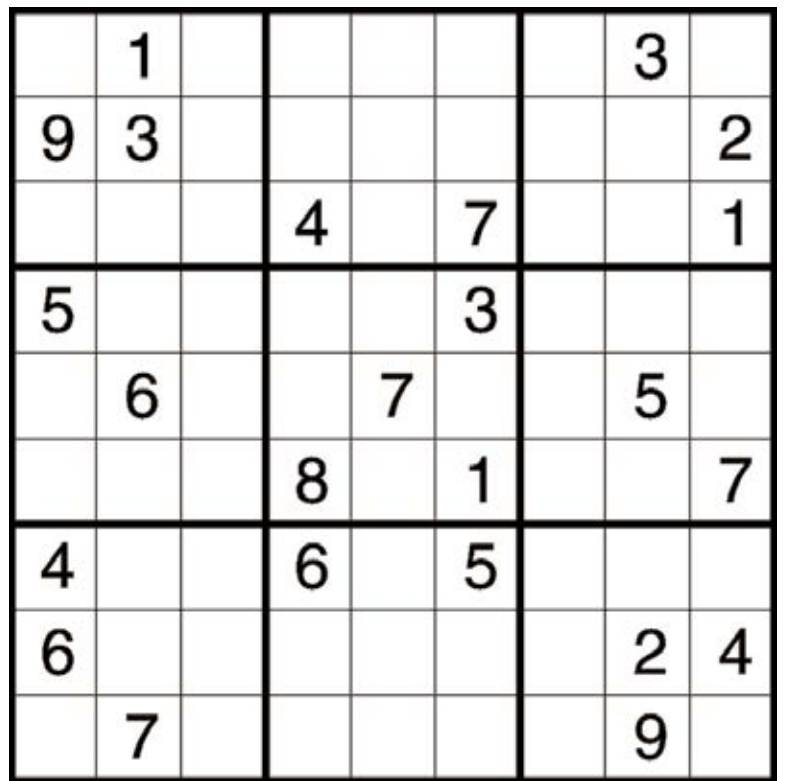
The Tasmanian Mountain Cattlemen's Association will have their annual get together on Saturday 2nd/Sunday 3rd February at Harveydale Rodeo Grounds, 1096 Birralelee Rd, Westbury. Contact Danza on 0476 118 433.

Crossword



- Across**
- 4 Arm joint (5)
 - 9 Cheering person (7)
 - 10 Texan mission (5)
 - 11 Existence (5)
 - 12 Difficult question (7)
 - 13 Brusque (5)
 - 14 Arcadian (5)
 - 17 Sovereign's seat (6)
 - 18 Shooting star (6)
 - 19 Card dispenser (4)
 - 20 Kidnap (6)
 - 22 Small measure (6)
 - 25 Republic between Iran and Syria (4)
 - 26 Plot (6)
 - 29 Far distant (6)
 - 30 Hebrew patriarch (5)
 - 33 Steeps (5)
 - 34 Apprentice (7)
 - 36 Seaport in NW Israel (5)
 - 37 The last of a series (5)
 - 38 Spire (7)
- Down**
- 1 Helper (Abbr.) (4)
 - 2 Asked (8)
 - 3 Machinery repairer (8)
 - 4 Cinder (5)
 - 5 Wild rose (5)
 - 6 Move back and forth (6)
 - 7 Formal gesture of respect (6)
 - 8 Group discussion (10)
 - 15 World's southernmost city (7)
 - 16 So be it (4)
 - 17 Semiconductor device (10)
 - 21 Fastens a knot (4)
 - 23 Performs surgery (8)
 - 24 Adults (5-3)
 - 27 Paradise (6)
 - 28 Accident (6)
 - 31 Proof of being elsewhere (5)
 - 32 Fastening device (5)
 - 35 Ridge of rock (4)

Sudoku



©2019 Syndicated Puzzles
 How To Play: Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 x 3 boxes must contain the numbers 1 to 9. Best of luck!

Crossword - January 2019 Solution



Sudoku - January 2019 Solution



Events Diary

PROUDLY SPONSORED BY CHRISTMAS HILLS RASPBERRY FARM CAFE
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Running an event? Then make sure everyone knows about it. Email the details to: editor@meandervalleygazette.com - remember to plan in advance so you don't miss out!

| Date and Time | Event | Details |
|--|--|--|
| Every Saturday | Computer Games | Deloraine Online Access Centre (4-6pm Ages 8-15 Rated G) From 6pm Ages 16+ Ph: Joanne 6362 3537 |
| Every Wednesday | Community Garden - Westbury | For information Phone Fiona Thowe on 6701 2154 |
| Every Friday 10.30am - 12.00pm | Playgroup | Deloraine House, 112 Emu Bay Road, Deloraine Ph: 6362 2678 All welcome No cost |
| Every 1st Saturday | Deloraine Showground Market | Deloraine Showgrounds, Highland Lakes Road, Deloraine |
| Every 3rd Saturday 9.00am - 2.00pm | Westbury Market | Anglican Church Hall, 11 Lonsdale Promenade Westbury Ph: 6393 1417 |
| Thursday 3rd January 9.00am | Heart Foundation Walking Group resumes | Depart from Deloraine House For more info call 6362 2678 Everyone walks at their own pace |
| Tuesday 15th January | MV School Holiday Program-Ropes at Hollybank | Hollybank, off Lilydale Rd Underwood Under 18 - \$38.00, Adults - \$48.00. To book Ph Vicki 0400 155 690 |
| Wednesday 16th January - 31st January | MVG '5 Years' Photo Retrospective | Pixels - Deloraine Digital Art Galley, 21 West Parade Deloraine. Open weekdays 11.00am - 4.00pm, Sat 1.00pm - 3.00pm |
| Thursday 17th January | MV School Holiday Program-Cook a Meal | TTC \$10.00 Bring a container and take a meal home to your family To book Ph Vicki 0400 155 690 |
| Saturday 19th January 9.00am - 1.00pm | Mole Creek Market | Mole Creek Memorial Hall, cnr Pioneer Drive and Caveside Rd. Mole Creek Contact Ross Quick 0413 681 252 |
| Saturday 19th January 7.00pm | 'Where Song Began' @ Little Theatre Deloraine | Visit www.wheresongbegan.com ; or door tickets cost Adults \$25.00; Arts Deloraine members \$20.00; Under 18, \$5.00 |
| Tuesday 22nd January | MV School Holiday Program - Mountain Bike Camp | Derby \$125.00 for 2 day camp Camping in tents. Gear list provided on registration To book Ph Vicki 0400 155 690 |
| Friday 25th January | MV School Holiday Program-Beauty inside & out | Deloraine House, 112 Emu Bay Rd Del. \$20.00 Learn the basics of applying makeup To book Ph Vicki 0400 155 690 |
| Saturday 26th January 8.00am - 10.30am | Australia Day Community Breakfast | Chudleigh Hall & Gardens \$15.00pp U10 Free Complimentary Glass of Champagne or Juice on arrival |
| Saturday 26th January 7.30am | Australia Day Breakfast | Westbury RSL, 7 Lonsdale Prom. Westbury \$12.00pp \$25.00 per family, Gluten free options available |
| Saturday 26th January all day | Quamby Fly Fishing Club | Highland Lakes Little Pine Lagoon BYO BBQ 12 noon |
| Saturday 26th January 8.00am - 1.00pm | Lions Club of Hadspen South Esk Car Boot Sale | Riverbank at Hadspen |
| Tuesday 29th January 10.00am - 12.00noon | Meander Valley U3A Enrolments & Memberships | Westbury Town Hall Supper Room, Lyall Street, Westbury Enquiries Ph: 0484 758 466 meandervalleyu3a@gmail.com |
| Wednesday 30th January | MV School Holiday Program-Caving | Arm River 2 day Camp \$40.00 Experience the magic & beauty that exists underground. To book Ph Vicki 0400 155 690 |
| Saturday 2nd/Sunday 3rd February | Tasmanian Mountain Cattlemen's Association | Harveydale Rodeo Grounds, 1096 Birralelee Rd, Westbury Annual get-together Contact: Danza 0476 118 433 |
| Thursday 7th February 6.00pm | Trivia Night Fundraiser | Bush Inn Hotel, Meander Valley Rd, \$5.00pp Ph: 6362 2678 to book a table Bar meals available to purchase |
| Friday 8th February | Quamby Fly Fishing Club weekend | Cramps Bay, Highland Lakes BYO food, drink, swag The traditional Lamb Roast on Friday night Contact Dave |
| Saturday 9th February 1.30pm - 4.00pm | Westbury Flower Show | Westbury Town Hall, Lyall Street, Westbury Entry \$2.00 Stalls, Raffle & Afternoon Tea available |
| Sunday 10th February 11.00am - 3.00pm | The Annual Succulent & Cactus Exhibition & Sales | Deloraine Bowls Club, Meander Valley Rd. \$2.00 entry Light Refreshments & Lunch available Many new exhibits |
| Monday 11th February | Meander Valley U3A Term 1 classes begin | Various locations Ph: Ph 0484 758 466, or email meandervalleyu3a@gmail.com for class program |
| Saturday 16th February | Carrick Park Pacing Club - Carrick Cup meeting | East Street, Carrick Full Bar facilities, Kiosk, BBQ For more info Ph: Sandra 0400 635 070 |
| Sunday 17th February | Deloraine Street Car Show | Emu Bay Road, Deloraine Ph: Grant Evans, 0408 133 421 |
| Wednesday 27th February | Aged Care Deloraine Auxiliary Luncheon | RSL Club, Deloraine 2 courses \$25.00pp - Best Hat, Raffle, Sweeps, Door prizes. RSVP 0419 757 193 or 6362 2892 |

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2019 classes commence Week beginning February 11

Enquiries:
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SPORT

The Criterium Masters



Competitors in the Masters Criterium power past the Village Green in Westbury on Boxing Day.

All photos on this page by: Mike Moores

Deloraine in line for a new sport

PETER ASHTON IS keen to introduce the sport of Inline Hockey to the Meander Valley

– an activity he has enjoyed for over 50 years, including 20 years as an Ice Hockey player.

According to Wikipedia, 'Inline skating is a multi-disciplinary sport that refers to a number of activities practiced using Inline skates. The skates typically have two to five polyurethane wheels, arranged in a single line by a metal or plastic frame on the underside of a boot. The in-line design allows for greater speed and maneuverability than traditional

(or "quad") roller skates.'

Following a recent risk management review by Meander Valley Council, it was found that Peter's old Friday evening skating sessions at Deloraine could no longer be held until new arrangements were made.

With suitable insurance now sourced, skating activities will re-commence in Deloraine at the MVPAC Stadium and at Westbury Sports Centre.

Meander Valley Skating Club will hold its inaugural meeting at the Meander Valley Performing Arts Centre Stadium in Deloraine on Friday 8th February, 2019, from 6.00pm to 7.30pm.

The formation of an unincorporated club will be proposed at the meeting and prospective Inline Hockey players, aged 6 to adult, can also attend to express their interest.

For all inquiries, including registering interest in joining the Club and to receive a copy of the meeting agenda, proposed Constitution and proposed club rules, contact Peter Ashton on 0409 234 061 or by email at patasaust@gmail.com.



Skater Peter Ashton promoting his lifelong Sport of 'Inline Hockey'.



Kayne 7yrs enjoys the community ride with dad Greig Watson.

WESTBURY'S TRANQUIL streets bordering the Village Green came alive with cyclists of all ages and abilities on Boxing Day. The green was tinged with gold when the superstars of Australian track cycling descended for the 2018 edition of the Westbury Cycling Criterium, which kick started the 2018-19 Tasmanian Christmas Sports Carnivals.

Gold Coast Commonwealth Games gold medalists Sam Welsford, Alex Porter and eventual winner Kelland O'Brien headlined the men's race, while in the women's Alexandra Manly was upstaged by local Perth-raised rider Georgia Baker, who was upbeat in praise. "It's always great to be back in Westbury."

The day also had a Masters Criterium and a people's community ride which ensured more than 100 cyclists showcased their talents and the feature events had the largest amount of competitors

across all three Criteriums in the series.

Meander Valley Council Mayor Wayne Johnston said he was thrilled that carnivals' criterium racing had returned to Westbury after an absence last year. "It's fabulous that cyclists of such high calibre graced our streets on one of Tasmania's most challenging and spectacular criterium courses," he enthused.

The Mayor also launched the 30-minute community ride which kick-started the criterium festival. Participants had the opportunity to complete as many laps of the 1.3km circuit as possible and new Councillor Susie Bower led the charge.

Council and Carnival organisers were very pleased with the great atmosphere for families. Mayor Johnston described Westbury's Boxing Day criterium festival as a success and one that is sure to grow in coming years.