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# Meander Valley Gazette

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June 2019

Meander Valley Gazette Your independent community paper

## Small steps, giant results



Michael Nicholson and Terri Walker of Giant Steps, working with the communication app Proloquo2Go.

Photo by Mike Moores

GIANT STEPS in Deloraine recently received a \$5,000 grant from Aurora Energy as part of its Community Grants Program. This has enabled the school to purchase brand new iPads and specialised apps to assist students who have difficulties with communication.

The Proloquo2Go and LAMP apps are used at Giant Steps to give non-verbal students (who cannot talk) and minimally verbal students the voice they need to communicate.

Children point to the symbols or words on the apps and the iPad then 'says' the word that they have pointed to.

Using these apps, the students can put sentences together to express their ideas and wants.

These apps have also been shown to support the ability of the student to understand what is said to them.

Terri Walker is one of two speech pathologists at Giant Steps who are using iPads and apps for what is known as Alter-

native Augmentative Communication (AAC).

Developed overseas, these apps can have a vocabulary modified for Australian students.

Words and images can be restricted or 'masked' for younger students or those who are just beginning to communicate and can be expanded or 'unmasked' as students progress.

There is a large range of communication skills across the students at Giant Steps. The iPads and different apps that are available assist the

teaching staff to extend these skills.

'For a student to be able to ask to go outside and play, to say they are hungry or even to say 'hello' to people is empowering and they are more able to develop relationships with others if they can communicate,' said Giant Steps Principal Tim Chugg.

Students on the autism spectrum, even when very talkative, still respond better to visual cues rather than aural. They often perform better in the classroom,

learning more quickly if they communicate and receive input visually as well as verbally.

Autism often causes a 'motor planning problem' – a child knows what they want to do or say, but has difficulty getting their body to respond. The use of the communication technology (AAC systems) does not stop students from ever talking.

Research has shown that the opposite occurs and it will help develop talking skills in many non-verbal students.

Giving students a voice means they are able to express themselves through words rather than behaviour.

Students who move to mainstream schools may continue to need visual cues to help them study and navigate a confusing environment.

World Autism Awareness Day is held on 2nd April every year. Software can be bought for half price to assist families to provide their children with the tools to communicate with the wider world.



By Hayley Manning

'SERVICE ABOVE Self'

The Rotary slogan captured the collective sentiment of the volunteers who attended the National Volunteer Morning Tea on 23 May at Deloraine House.

The occasion was officially opened by Mayor Wayne Johnston and OAM recipient, Merrilyn Young, who said the community needed more young volunteers. 'It is not all hard work. You make friendships for life, while helping others,' she said. The day room full of volunteers mingled to the lively beats provided by U3As Strummers and Drummers.

Hardy's 'Frogs' Bakery made the Meander Valley Council funded cake, Linc funded the lunch, which was catered by Deloraine House with Deloraine Trade Training Centre volunteers serving.

Here are some of Meander Valley's dedicated volunteers.



# At your service

**Tristan Webb**  
'I like serving the food and doing the clear away afterwards.'

**Shane Dale**  
'I enjoy working with food and gaining work experience today.'

- Shane and Tristan are both doing the Core course Certificate 2 in Hospitality at Deloraine Trade Training Centre

**Paul Kilroy**  
'Meeting people and being useful to others as part of community. Satisfaction. Fun. Mixing with other like-minded people.'

- U3A Golf organizer
- Movie Club Exercise Group
- Lions Club
- Strummers and Drummers

**Russell Witcombe**  
'The rewards are fantastic and far outweigh the effort. You come to realise how much the same people do, five days a week.'

- U3A golf
- Cycling group
- Westbury Baptist Church Kids Club
- Westbury Rotary
- Strummers and Drummers

Tristan Webb and Shane Dale (right) from Deloraine Trade Training Centre. Photo by Hayley Manning

**Kathryn Bryan**  
'I did my Certificate 3 in Community Service and want to do Cert 4 via TAFE to get into welfare work. I love meeting people at Deloraine House.'

- Deloraine House Reception
- Deloraine Footy Club
- Junior and Amateur Basketball

**Lydia**  
'I love meeting new people and being involved in the community.'

- Literacy volunteer for Linc Tasmania
- Community Visitor Scheme for Aged Care

# Thinking globally, protesting locally

IF YOU have seen Adani protesters in Deloraine over the past few weeks, you may have wondered why Tasmanians are bothered by a proposed coal mine in Queensland. You may also have seen this small group of concerned young locals, protesting on the Saturday of the Federal election. Too young to vote, but old enough to be concerned about how their elected representatives are going to manage their future.



Student climate action protest on polling day, in Deloraine. Photo by Mike Moores

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# Thinking big for Agfest



Perched on a Goldacres chemical sprayer, Tytan Wolfe, 3, of Tullah.

Photos by Mike Moores

By David Claridge

QUERCUS RURAL Youth Park in Carrick will benefit from a grant announced by Senator Steve Martin in March. They will gain around \$96,000 to have an accommodation block built.

Rural Youth State President, Dale Hayers, is grateful for the grant, explaining that it will help to better utilise the site throughout the year, Agfest being the busiest time of the year for the site.

'The 24-person accommodation unit will go next to the existing function centre at

the Quercus Park site,' he said.

'It's to help utilise the site better through the remainder of the year, away from Agfest, encouraging school groups and others to come out and use the facilities.

'We have a number of other community groups who consistently use the site away from Agfest, they expressed an interest in this happening.'

The funding is due to be available next financial year, with the building to be built away from site and delivered by January 2020 and ready for use a couple of months after that.



Longhorn cattle were an impressive sight.

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## Letters to the Editor

AS A Deloraine resident, I regularly enjoy a brisk walk around town with its wonderful views and tranquil riverbank scenery. I have long been in the habit of picking up a few items of litter on my journey as a small contribution to maintaining the beauty of the surroundings and reducing the risk of injury, ingestion or entanglement to wildlife.

Recently, I was entertained to read about a Swedish craze called 'Plogging' which involves joggers picking up plastic and other rubbish on their exercise routes. Apparently this activity has 'gone viral' with groups meeting reg-

ularly and holding competitions as to who can collect the most on an outing. What an inspiring combination of individual and community health. Whilst my own activity could never qualify as anything as energetic as 'plogging' – albeit the occasional jog across the road if a car is coming – I could proudly call myself a 'Plalker' (rhymes with walker – and also talker). I plan to start posting photos of some of my finds on Facebook and share creative solutions with like-minded enthusiasts.

Is it possible to be a 'Plyclist' I wonder?

*Kim Cruwys Hanley, Deloraine*

I EMPATHISE with the 'time poor family of five' for the amount of effort required to dispose of their waste, the embarrassment when guests offer to dispose of the waste generated when entertaining, the annoyance to take the trailer to the supermarket and the expense to buy a quality rubber mat to contain possible leaks of the waste in the family car.

I might add some minor points to the issue.

The objective of the planned service as stated by the shire is: '... to enable more households to participate in recycling efforts and promote better environmental outcomes'.

As a rule, rural property owners (RPOs) live in closer relationship to the natural environment and it stands to reason that they are more aware of environmental protection issues than their urban counterparts. As of today RPOs dispose of their rubbish at the local recycling depot which has a well-functioning system of segregating recyclable materials by type. The per-

sonnel at the depot are very observant, knowledgeable and helpful in the process!

There is *virtually no contamination* in the process currently used by the rural property owners.

Despite the increasing labelling and marking of recyclables there is still a significant amount of contamination (7.3% according to WAC Tasmanian Waste Review, March 2014, Table 4: Comparative municipal waste outcomes). This renders the content of the bin unfit for recycling.

The planned service will therefore reduce the recycling outcome by close to 10%.

The shire intends to limit the collection scheme to 'accessible' areas which makes good business sense. Unfortunately the most accessible areas are the major rural connecting roads (B roads) which, as a rule, have a high traffic load and a speed limit of 100km/h.

Frequently stopping rubbish trucks pose an unnecessary additional traffic hazard.

Rubbish bins are notorious for being toppled over when

THE MAY edition of the Gazette included 'A Letter from the Gazette' which stated that 'The Gazette has found it necessary to review the ways in which representatives of the newspaper interact with the people, organisations and businesses they are dealing with'. It is a shame that your reporter didn't abide by your guidelines when writing her article about the fountain in Deloraine which the Rotary Club of Deloraine originally funded some 53 years ago (1966) and handed over to Council, which has been maintaining it since that time.

The article stated that the MVC Director of Works had emailed the Rotary Club of Deloraine seeking a donation for a fountain refurbishment. We received that email and following discussions regarding our realistic community support programme, advised

Council that we had alternate community priorities. On behalf of our Board and Club I wish to make it clear that at no time did we encourage the artist in question to undertake the sculpture and we most certainly did not commission him to produce it.

Your reporter approached me, as Club President, regarding the funding for the bird sculpture for the fountain and my two phone calls to her failed to elicit a response.

It is our interpretation that the article implied that the artist is now out of pocket and the Rotary Club of Deloraine is responsible for the financial impost he has incurred as a result of the manufacture of his native hen sculptures. It is our assertion that this is a substantial misrepresentation of the truth.

The Rotary Club of Deloraine has served the com-

I ADD a voice of support and appreciation to the team at the Gazette for their work with the community newspaper. This extends to the many contributing reporters who write their stories and seek out the news. As a regular reader, I appreciate the Gazette's open discussion of past misconceptions or misunderstandings with our local council. I cannot help mentioning that rumour is a bad trustee of facts. Being open with information is the only way to keep faith within community communications. It would be a sad day if that were not the case. So, MV Gazette, keep up the good work.

On another matter, I would find it difficult to single out any one of the contributors to

the Gazette for special mention as they all do a great job. However as a historical note it would be appropriate for me to agree with Sonja Kaleski who wrote in last month in defence of Sharon Webb's contributions to the paper. As I have known Sharon for many years, including during her sojourn at the Examiner newspaper, her continued interest in covering our district's important stories is a credit to her. I suggest anyone who has an issue with any contributor to the paper should remember that one's opinions – even journalists – are open to discussion. Points of view may differ, but facts should reflect the truth of the matter.

*Jan Blakeney*

### Anne Mavis Tiffin

12.12.1922 – 24.05.2019

ANNE WAS the oldest member of the family of Jean and Clifford Sharman, Dunorlan.

Always a clever seamstress, she spent some years teaching dressmaking for Adult Education in Devonport, and in schools in the Devonport area. She then graduated to teaching at TAFE in the same town, and by the time of her retirement, was head of the School of Fashion for TAFE Tasmania.

She was a sister to: Geoff (deceased); Nell Carr, Dunorlan; Robert (deceased); Claire Kearney, Ulverstone; and Iris Greenhill, Port Sorell.

Anne had two daughters: Miriam Powe, Devonport; Valerie Gaskett, Melbourne; and six grandchildren.

## Editorial

THE DUST is settling and the winners and losers in the great political game are almost all confirmed in their seats.

Congratulations to the winners and commiserations to those who lost.

This is where the hard work begins. Those elected to office are the chosen representatives of their electorates. Not every one will have voted for them, but they are expected to represent everyone.

Hopefully, the newly minted MPs will remember that they are the voice of their communities and have a responsibility to speak for those who do not have a voice. The disadvantaged, the minorities, the politically opposed.

Looking after their constituencies, regardless of the ideological storms that rage around them, would be the best way to make their stay in Canberra a long one.

*Liz Douglass, Editor*

empty, spilling over, being raided by scavenging birds and wildlife and are sometimes toppled by natural gusts or those produced by large trucks at a speed of 100 km/h. This is inevitable and poses an additional significant traffic hazard.

Moreover, toppled and spilled rubbish bins would be without doubt one of the most unattractive and uninviting sight in our otherwise beautiful rural 'holiday state'.

By neglecting this point in the deliberations of the planned service the shire would pay lip service to the statement of intent 'to promote better environmental outcomes.'

I would like to withhold my congratulations until more and specific information is forthcoming regarding the recycling process and how the more pressing issues of reducing the negative impact on our environment may be addressed.

More convenient disposal is not a solution.

*H. Gartzke, Needles*

munity of Deloraine for over 50 years and is based on volunteers who give willingly of their time to raise money for the benefit of the local community.

We set priorities each year and the fountain upgrade certainly did not meet those priorities. The slight would have been offensive to many in the local community.

I would encourage local community groups who have projects with which they require assistance, and who believe they would benefit from the support of our Rotary Club, to approach me, the Club Secretary, or the Club Community Service Director, or indeed other Rotarians. Our details and the activities we do support, may be found on the Rotary Club of Deloraine website.

*Maree Matanle, President, Rotary Club of Deloraine*

EST.  
2013

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# Patrick lends a hand on polling day

Photo by Mike Moores



Geoff Blyth and Patrick, an 8-month-old French bulldog, hand out How-to-vote flyers in front of the Westbury polling booth in Lyall Street on Saturday 18th May.

## Recreation re-creation for Westbury

By David Claridge

WESTBURY RECREATION Ground is a-buzz with activity since work started in April with parts of stage one being ticked off.

A 100-seat capacity function space is coming together as stage one with more works planned to be completed by July.

Following that, there will be new lighting installed, change room facilities, space for umpires, a medical room, eight showers and equipment storage space amongst many other upgrades.

The Meander Valley Council distributed a media release to explain that the upgrades have begun and are currently going to plan.

'The development is being undertaken in two stages so that the existing clubrooms remain operational for as long



Westbury Recreation Ground development. Supplied by MVC

as possible,' Mayor Wayne Johnston said.

The Meander Valley Football Club has announced on their Facebook page their excitement for the \$440,000 upgrade from the State Gov-

ernment's Levelling the Playing Field Grant Program.

The upgrades to the ground and clubrooms will help them to a standard that will support the growing female participation at the club.

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The Gazette editor, taking one for the team, courtesy of Deloraine Medical Centre. Photo by Mike Moores

## Taking a shot at flu

2017 WAS the worst flu season ever recorded in Australia.

With over 47,000 notified cases in 2018, this was considered to be one of the mildest seasons, possibly because of increased immunisation uptake and general population immunity carried over from 2017.

Although the 2019 flu season has only just begun, there have been 25 deaths in Queensland already, according to Queensland Health figures reported by ABC News on 15th May.

Influenza changes constantly and is not predictable. Flu is a viral infection that infects the respiratory system (nose, throat and lungs).

Anyone, at any age is susceptible to flu, even the young and healthy. It spreads quickly and flu viruses constantly mutate so annual vaccinations are recommended.

Symptoms include fever, chills, sore throat, fatigue, muscle aches, headaches, runny nose, coughing, and sneezing. Children may experience vomiting or diarrhoea.

A flu carrier can be contagious 24 hours before symptoms appear and for about a week afterwards. Most people recover from flu within a couple of weeks, but flu can cause complications such as pneu-

monia or bronchitis and may even be life-threatening.

A flu vaccination is available for free in Tasmania, for children from 6 months to 5 years old and for those over 65 or medically at risk. Anyone else visiting a GP or chemist for a vaccination will have to pay for it.

Deloraine Medical Centre has vaccinated well over 1,000 patients already, this season.

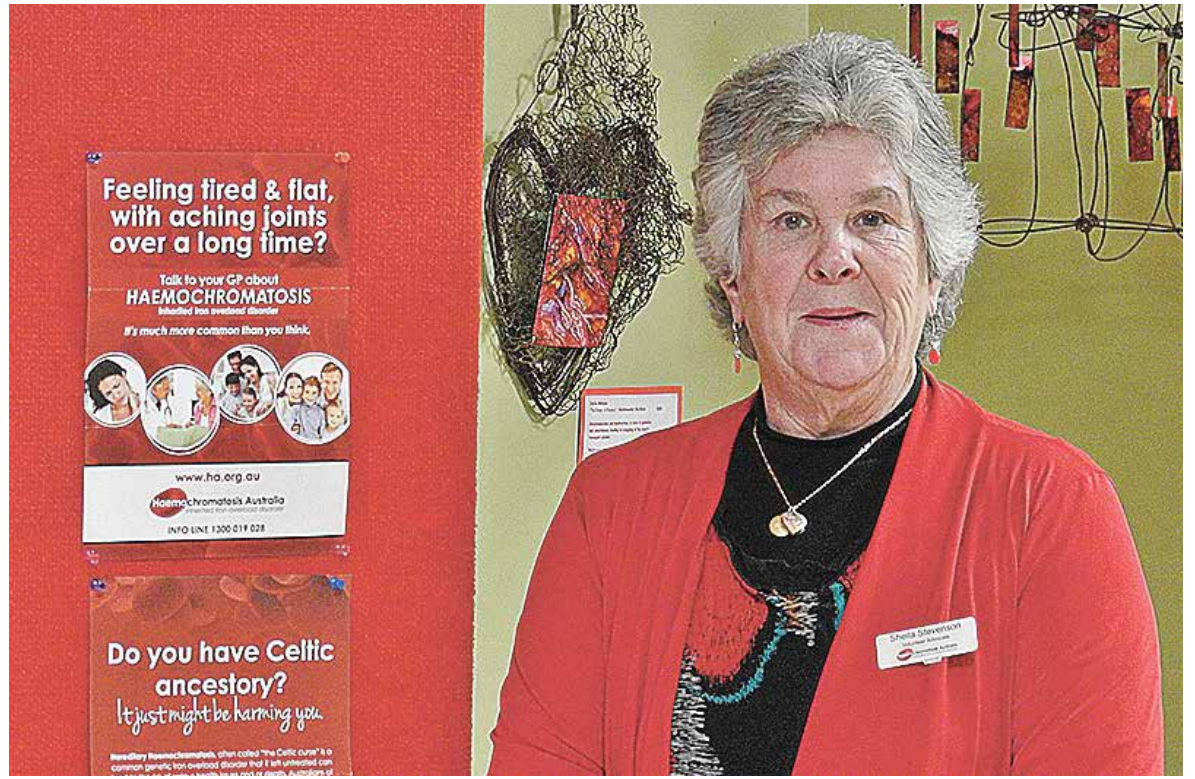
Chemists are now able to provide customers with a flu vaccination, but not as part of the free service, although it is hoped that this will become available in the future.

At \$19.95 for a flu vaccination, Amcal Deloraine and Soul Pattinson Westbury have a steady stream of customers, who do not have the time or inclination to make doctors' appointments.

A chemists' vaccination is done by trained staff. The vaccination can be added to a customer's medical records, to keep them up to date.

Vaccination is the most effective protection against flu, so should be considered a reasonable precaution to take before the season is upon us.

You should speak to your GP or local chemist if you have any health concerns about flu or vaccinations.



Sheila Stevenson, curator of the OVERLOAD exhibition, on display at Deloraine Hospital Galley until 9th November. Photo supplied

## OVERLOAD for under-diagnosis

WORLD HAEMOCHROMATOSIS Week was held this year from 3rd – 9th June.

Did you know? And did you know that haemochromatosis is the most common genetic disorder in Australia?

Easy to test for and simple to treat, but tragic to ignore, haemochromatosis means that your body absorbs too much iron from food. Symptoms include tiredness and aching joints.

Undetected and untreated, excess iron overloads body tissues, damages organs and can cause premature death.

About one in 200 people are genetically disposed to this and one in seven are carriers.

It is more prevalent in families of Celtic or Northern European origin.

Early detection allows the disorder to be managed through blood donations and is no barrier to a normal life.

World Haemochromatosis Week raises awareness of this under-diagnosed disorder, as early detection provides better health outcomes for individuals and huge savings for health care systems.

As part of this worldwide effort, local resident Sheila Stevenson is once again curating the OVERLOAD Exhibition at Deloraine Hospital Gallery from 31st May to 9th November.

OVERLOAD is an annual group art exhibition across northern Tasmania, with this year's artists responding to this statement 'Blood is Life'.

Sale commissions go to Haemochromatosis Australia.

If you have any concerns about haemochromatosis, please speak with your GP. Too many people remain undiagnosed and their long-term health is at risk from this 'silent destroyer'.

For further information, see the Haemochromatosis Australia website: [www.ha.org.au](http://www.ha.org.au) or call 1300 019 028.

Please contact Sheila Stevenson on 0428 576 795 about OVERLOAD.

## OneCare near the oceanside, Rubicon Grove

By Wendy Laing

RUBICON GROVE is a residential aged-care facility situated at Port Sorell and was first opened in 2009. Since then it has grown not only in size but also the ability to provide low, high and palliative care on both a respite and residential basis.

After a \$5.6 million redevelopment earlier this year, amongst other renovations and refurbishments, Rubicon Grove now boasts a state-of-the-art kitchen area, a community centre and, Rubi's Tea House.

Each of the single residential rooms has a private ensuite and an internal courtyard. There is a cosy lounge in each of the four residential wings with tea and coffee making facilities, where residents can relax or entertain family and friends.



Photo supplied

Rubicon Grove facilities include a cafe for residents and guests.

A life-style manager coordinates over fifty volunteers, who spend one-to-one time with residents and help with a range of undertakings, including driving the community bus, gardening, shopping expeditions and craft activities.

The new community centre is an integral part of Rubicon Grove, not only for residents but also as a hub for various neighbourhood events, meetings and activities.

Round the clock nursing care is always available to residents who need assistance, including medication, exercise and dietary requirements.

OneCare's Rubicon Grove nursing home is at 89 Club Drive, Port Sorrell, within walking distance of the Shearwater shopping precinct.

For further information visit their website [www.agedcareguide.com.au/onecares-rubicon-grove](http://www.agedcareguide.com.au/onecares-rubicon-grove) or phone (03) 6427 5700.

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THE WESTBURY Garden Club has coordinated the planting of over 3,000 bulbs in May, at the eastern entrance to the town and beneath more than 200 street trees.

The Garden Club contributed \$1,000 for the purchase of bulbs, in addition to the many that were donated by the community.

A \$3,000 grant from Meander Valley Council and the involvement of the Council's Works Department allowed the project to be expanded, complementing Council's street tree plantings.

With donations and help from throughout the Westbury community, the bulbs will create an annual display that can only enhance Westbury's considerable street appeal.

From left, Wendy and Roger Travis along with Helen Clarke, President of Westbury Garden Club, planting bulbs outside the White House in King Street, opposite the Village Green, Westbury. Photo by Mike Moores



# Blooming marvellous!

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# A tall ship to Antarctica

Story and photos by Chris Grose



**S**AILING TO ANTARCTICA aboard a 40m three-masted steel sailing bark may not be everyone's holiday of choice but for me it was the only way to go. And so I found myself at the helm of *Bark Europa* as we ploughed through 5m seas and a 50 knot gale heading across the Drake Passage, the notoriously rough stretch of water where the Pacific meets the Atlantic ocean at the tip of South America.

For the first 24 hours of the crossing most of the voyage crew had succumbed to seasickness and rarely moved from our bunks. 'Sounds like world war three down here,' I overheard one experienced crew member say, amidst the moaning and groaning, as I lay hunched over my little yellow bucket.

As we found our sea legs, more and more of us could be found on deck, taking the helm or standing watch as the ship rolled beneath us and the wind howled through the rigging. Meal times became a social occasion rather than something to be endured. After four days of sailing we reached the South Shetland Islands

and made our first landfall at Yankee Harbour and were greeted by the soon-to-be familiar aroma of penguin guano.

Going ashore in the zodiacs we were left to wander the pebbly beaches, observing hundreds of gentoo penguins, skuas, fur seals and occasional elephant seals, none of whom appeared in the least perturbed to see us.

Over the following two weeks we had numerous shore landings and zodiac cruises amongst the icebergs. At Walkers Bay on Livingstone Island we climbed an old glacial moraine and looked down upon a tremendous glacier descending from the island's heart until it reached the sea where it ended in great ice cliffs. Even from our airy lookout we could hear the thunder as great lumps of ice calved off and plunged into the sea.

At Deception Island we visited the remains of an old whaling station and marvelled at steam rising from the beaches where sea water was being heated by thermal activity – the island is itself a dormant volcano!

At every landing site there were gentoo, chinstrap or adielie penguins to greet us. We saw

more elephant, weddell and leopard seals. Rising early one morning I climbed the rigging of the main mast and looked out at dramatic mountains and glaciers and a sea that reflected the sapphire blue sky overhead.

Everywhere I turned, both near and far, there were spouts from humpback whales – several passed within 50m of *Europa*. Most memorable of all were the deep blue shadows hidden inside the many icebergs that we passed.

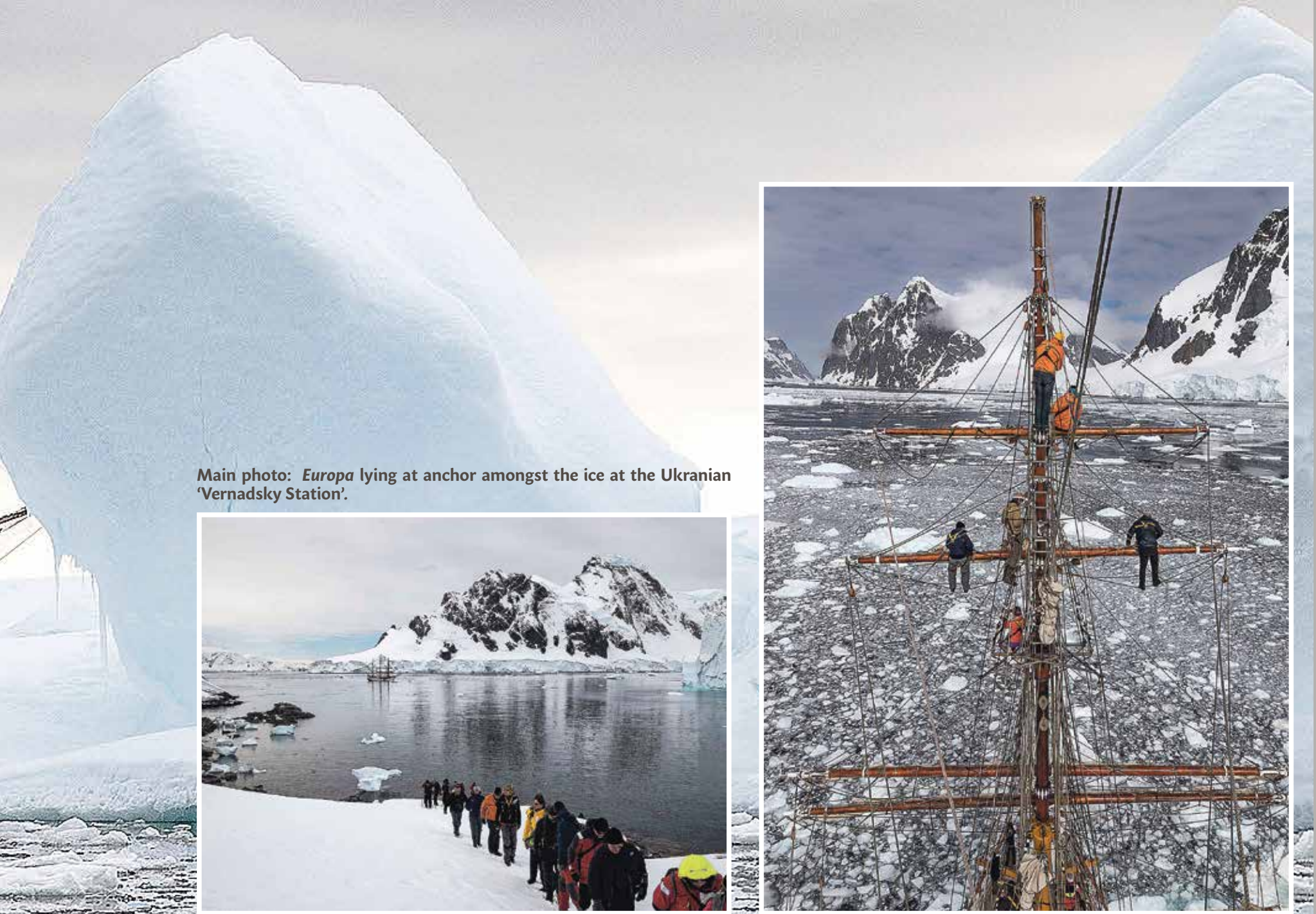
All too soon it was time to head back across the Drake – but this time few succumbed to sea sickness. As we passed by a distant Cape Horn, thoughts turned to home and those that we had left behind. How could we best explain what dramatic landscapes and marvellous wildlife we had experienced?

I knew the question everyone would ask. 'What was it like?' could not be answered with mere words.

My lasting impression of Antarctica is one of just how fragile it is and how important it is that we all look after and protect it in every way we can.



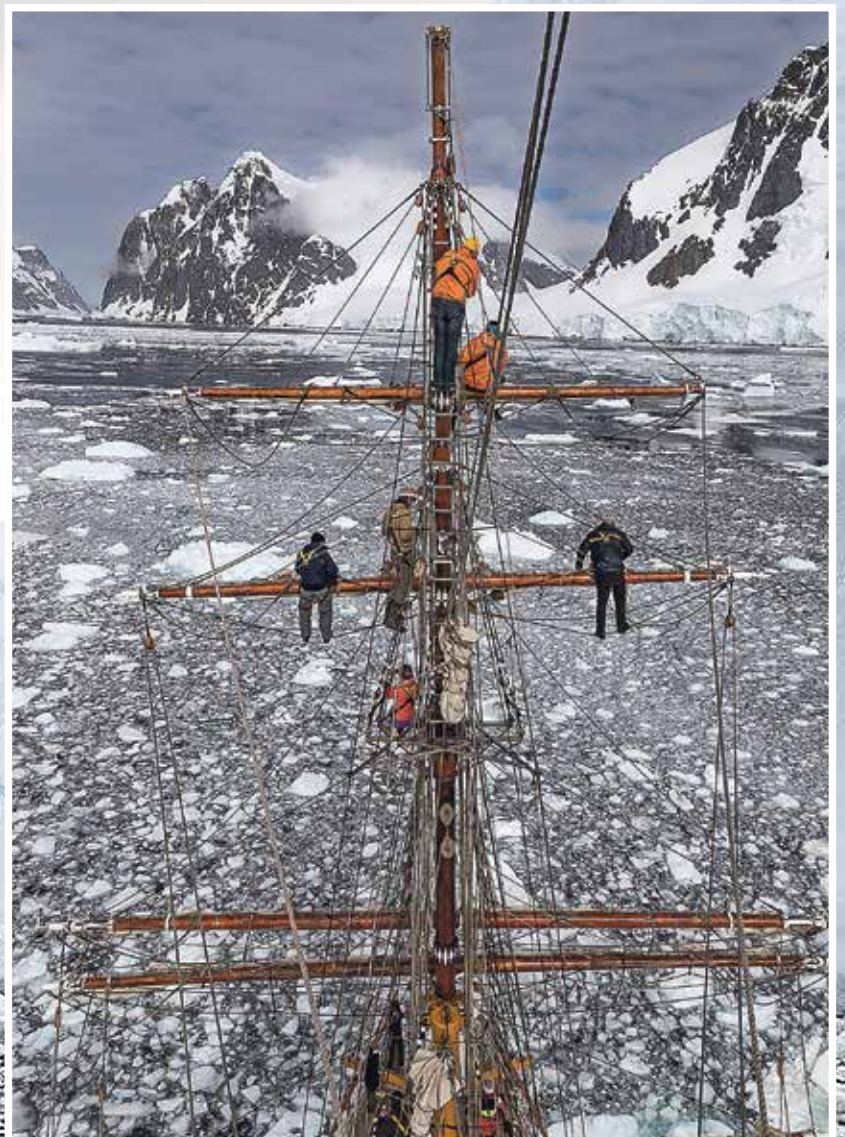
Chris Grose of Blackstone Heights recently returned from a voyage to Antarctica on the three-masted *Bark Europa*. Chris is sharing his story and photos with the Gazette this month. Drop in to see the full exhibition at Pixels Gallery at the Deloraine Online Centre. The gallery will be showcasing Chris's photos for the month of June.



Main photo: *Europa* lying at anchor amongst the ice at the Ukranian 'Vernadsky Station'.



*Europa* appears dwarfed by the landscape as the voyage crew take a hike at Orne Harbor to visit a chinstrap penguin colony.



Approaching the Lemaire Channel, also known as 'Kodak Gap' due to the spectacular mountain and glacier scenery.



Sunrise in the Gerlache strait. I rose early on this particular morning and watched numerous humpback whales feeding around the ship.



A Gentoo penguin, one of three types of penguin that we saw during the trip, appears to fly above the water.



**Meander Valley Council**



Above: Mayor Wayne Johnston joins Councillors Susie Bower and Tanya King to celebrate Volunteer Week at Deloraine House with the U3A Strummers & Drummers.

**Strummers and Drummers amplify our gratitude**

Last month, on behalf of Council and the Meander Valley Community, Mayor Wayne Johnston joined Councillors Tanya King and Susie Bower in acknowledging those who devote countless hours to helping others.

National Volunteer Week is held in late May and to celebrate, Deloraine House hosted a morning tea, courtesy of the Meander Valley Volunteers Management Group.

"Council is fortunate to have an incredible network of volunteers who provide invaluable support to the Meander Valley community," Mayor Wayne Johnston said.

Mayor Johnston himself has been a volunteer for the Tasmanian Fire Service for nearly 30 years and fully understands the level of commitment required.

"Volunteers play a vital role in keeping our community

safe, vibrant and connected," Mayor Johnston said.

Meander Valley's show societies, RSL's, sporting clubs, care facilities, schools and community halls all benefit from the dedicated work of volunteers and Volunteer Week reminds us of the importance of saying thank you to those who give their time to help others.

Every year, Council hosts Volunteer Awards and now is a good time to remind you all that if you know of someone who deserves to be recognised, consider nominating them for an award.

Nomination forms can be collected at the Council office or are available to download from Council's website.

"On behalf of Council and the Meander Valley Community, I would like to thank all our volunteers for your efforts and tireless contributions," Mayor Wayne Johnston said.

**Carrick Community Hall**

29 Meander Valley Road, Carrick  
Thursday 13 June 2019 • 7pm - 8.30pm



Council holds quarterly forums in different townships to discuss local achievements and issues with residents.

A mix of Councillors and Council officers attend and all interested community members are welcome. These gatherings are intended to be informal and conversational – a sharing of information to raise awareness and to generate practical outcomes.

This particular meeting will focus on the community of Carrick and surrounding areas.

Refreshments are provided, please come along and share your thoughts.

For more information on Council Community Forums contact Patrick Gambles on 6393 5334

**Footpath construction works underway at Blackstone Heights**

Work involving the construction of approximately 1.6km of concrete pathway is underway at Blackstone Heights.

Council approved the construction of a new stage of footpath work along Blackstone Road from the intersection of Panorama Road to the intersection of Kelsey Road at its meeting in February.

The work follows on from the footpaths constructed along Pitcher Parade and Panorama Road.

Temporary bus stops and traffic diversions are cur-

rently in place to ensure work can be undertaken safely.

Greater pedestrian connectivity forms part of the Prospect Vale Blackstone Heights Structure Plan which was developed with input from the community.

Council Officers have worked with the contractor, Crossroads Civil Contracting to set the construction program.

Efforts have been made to keep disruptions to a minimum and Council thanks residents for their patience while work is in progress.



Above: Footpath construction in Blackstone Heights will improve pedestrian connectivity.



Above: Aerial image of the additional embankment protection work just prior to completion

**Flood mitigation works completed at Union Bridge**

The placement of armour rock on the Union Bridge embankment has recently been completed.

Union Bridge was reconstructed in 2017 and opened

to traffic in December of the same year. During reconstruction it was identified that the provision of additional armour rock would further mitigate the risk of

erosion due to future flood events. Local materials were sourced for the embankment work which was completed by Walters Contracting at the end of May.

**Driving essential service**

Travelling over 1,800km a week, the Deloraine Community Car is certainly well utilised.

Last month, driver Thomas McMullin was in pole position to take a brand new Community Car on it's first trip. Mr McMullin has been volunteering as a driver for five years and is one of 14 volunteers that provide regular or fill-in support.

"The community car provides a vital service, transporting over 1200 passengers a year," Mayor Wayne Johnston said.

Without the service, many passengers would find it



Above: Thomas McMullin gets ready to embark on another trip with Deloraine's brand new Community Car.

difficult to make it to their medical appointments. The Community Car drivers also provide assistance by transporting medical items.

If you require transport, the Community Cars operate from Deloraine and Westbury and whilst the cars are available for travel at

anytime, bookings are taken between 9am - 5pm Monday to Friday. To book the Deloraine Community Car, phone 0427 505 546, to book the Westbury Community Car, phone 6393 5300 or 6393 2717. If phoning outside these hours, please leave a message and a coordinator will return your call.



## Meander Valley Council prioritises affordable housing & urban growth

Council has developed a master plan for an urban growth area located at Hadspen in partnership with private landowners. This is in response to the demand for affordable housing in the north of the State.

The rezoning approval of around 200 hectares for residential growth creates the opportunity for construction of up to 1,100 new homes, shops, parks, walking tracks and possibly a primary school.

"This project demonstrates Meander Valley Council's commitment to future development and our desire to lead the way in supporting sustainable growth," Mayor Wayne Johnston said.

Meander Valley Council is now focused on securing the funds to build the critical infrastructure to service the development.

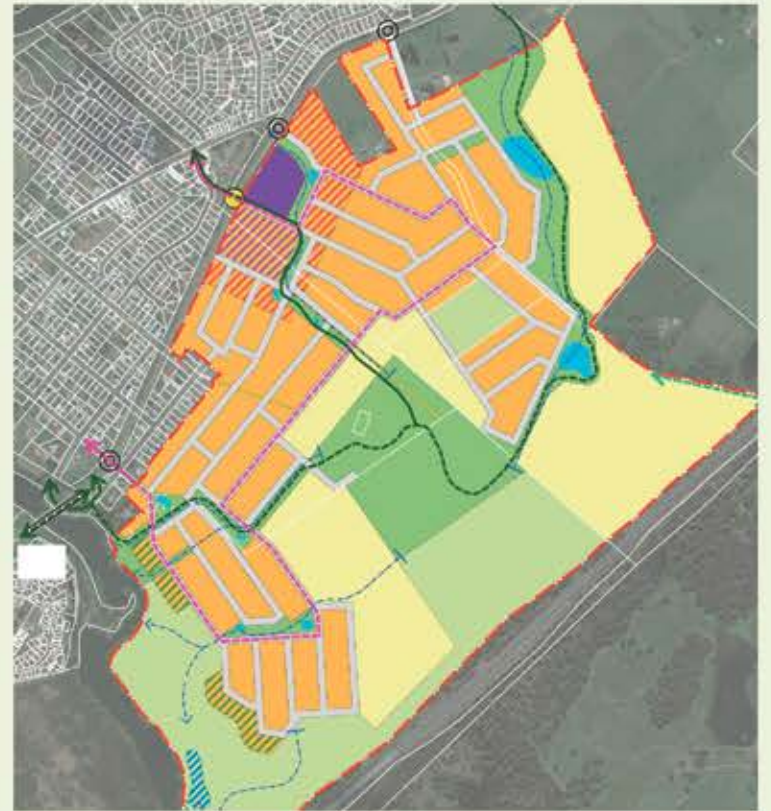
The preliminary design and cost estimates have already been completed for the essential infrastructure required to service the development, making this an attractive investment for government and the private sector.

"A sewerage treatment plant upgrade is some of the infrastructure that is essential in order to progress this development and Council has identified this as one of the priority projects," Mayor Johnston said.

Council is seeking 50 percent of the funding for the plant from the State or Federal Government, with an option for the balance of the construction costs to be borne by Council and recouped through the staged development process.

"We will see population in this area double over the next 20-30 years. New residents will be attracted to the open space, livability and the easy commute to town centres. Council is excited to play such a strategic role in residential development," Mayor Johnston said.

Development of the area is already underway with the first 33 lot subdivision approved at the Council Meeting held in May.



Above: The Hadspen Urban Growth Project, described as an integrated planning response for future development.

## Demonstrating sustainable leadership



Council has installed two, 22kw electric vehicle charging stations as part of the Tasmanian Government's Chargesmart Program.

The stations are located at the Great Western Tiers Visitor Centre and Council's offices in Westbury and are one of many initiatives undertaken by Council as they work towards a more sustainable future.

"Council has already converted the Municipality's streetlight network to LEDs and a number of our public buildings have been retrofitted to improve energy efficiency. The savings and environmental benefits of these initiatives have been substantial.

Electric vehicle charging stations are another way Meander Valley is demonstrating leadership in Local Government and the community," Mayor Wayne Johnston said. Council recognises that many in the community are unfamiliar with electric vehicle technology and this is one of the barriers to overcome.

"The charging units are compatible with major vehicle brands and are a first step in providing more energy efficient transport alternatives across the community," Mayor Johnston said.

The EV charging stations support the future transition of Council's fleet from petrol

to electric and are currently available to the general public to use for free.

Installed approximately six months ago, the chargers are equipped with meters to measure electricity use with investigations underway to enable a payment system as usage increases.

"Initial estimates indicate that over the last six months, 227 kilowatt hours have been used at a total cost of approximately \$57," Mayor Johnston said.

Meander Valley Council is working through recommendations from an Electric Vehicle Implementation Plan that was completed after an assessment of their current fleet was undertaken by Sustainable Living Tasmania and The Tasmanian Climate Change Office.

Meander Valley Council is one of just eleven organisations across the State to receive Chargesmart Program funding.



**Register now & get a discount!**

If your dog is over six months of age then it is required by law to be registered. The registration fee for a desexed dog in Meander Valley is \$22 per year.

If you pay on or before 31 July 2019, the registration fee for a desexed dog is just \$14.

Apart from being the law, registration allows Council to quickly identify lost pets. If you have not yet registered your dog or need to renew your dog's registration, visit [www.meander.tas.gov.au](http://www.meander.tas.gov.au) or contact Council on 6393 5300.

## UPCOMING EVENTS

### Date Claimers

**Autumn Gold Art Exhibition**  
1-30 June  
Council Offices, Westbury

**Overload Art Exhibition**  
1 June - 9 November  
Deloraine Hospital Gallery

**Winterfire**  
22 June  
Deloraine Showgrounds

**NAIDOC Week Celebration**  
10 July  
Kooparoona Niara Cultural Trail, Deloraine



**General Enquiries**  
Phone 6393 5300  
Email [mail@mvc.tas.gov.au](mailto:mail@mvc.tas.gov.au)  
Mail PO Box 102 Westbury Tasmania 7303

**Customer Service Office**  
8.30am - 5pm  
Monday - Friday  
26 Lyaal Street Westbury Tasmania 7303

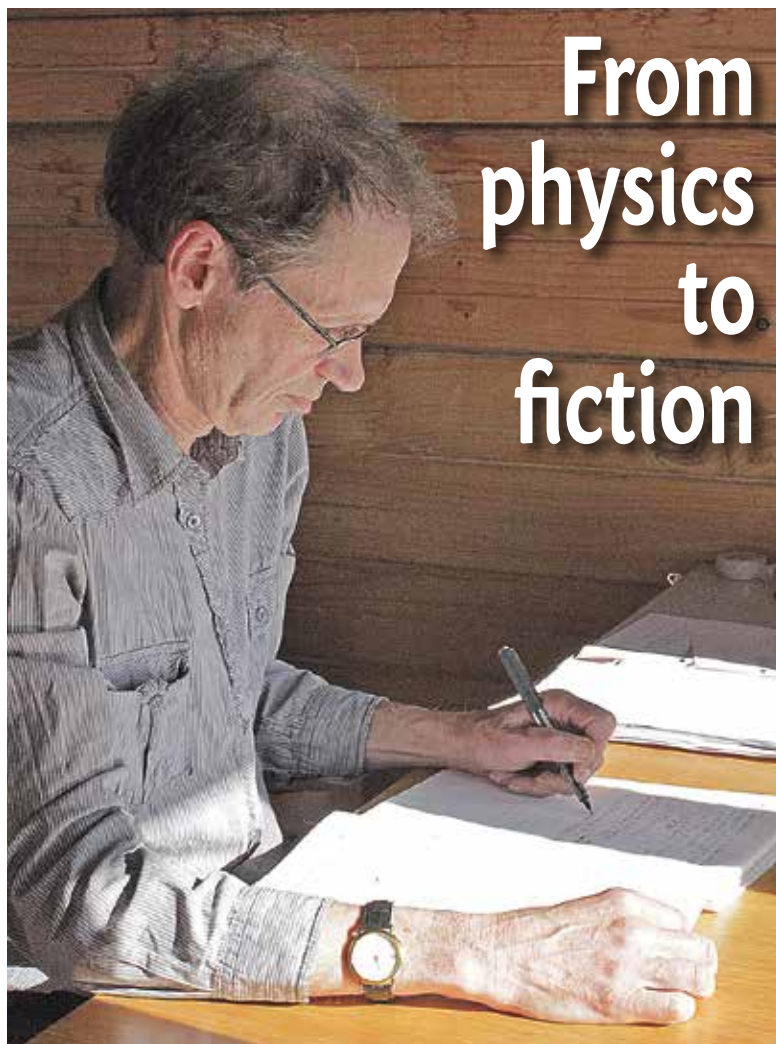
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[www.meander.tas.gov.au](http://www.meander.tas.gov.au)



Visit [www.meander.tas.gov.au](http://www.meander.tas.gov.au) or Meander Valley Council's Facebook page for details about the July Holiday Program for young people 12 - 25 years.

For more information or to register for an activity contact Vicki on 0400 155 690





Meander resident, writer Greg Burgess, has transitioned from scientific research to fiction. Photo by Hayley Manning

By Hayley Manning

A FORMER Research Officer in Physics and Engineering has won ... a prestigious short story competition for fictional writing.

Meander resident, Greg Burgess, won the 2019 Tasmanian Writer's Prize for his short story *Pilgrims*, based on the topic of an island or island-resonant theme.

The story is set on the island of Shikoku in Japan, an area the research scientist had visited three times previously for work and leisure.

The central character's crucial scenes take place in areas Greg visited on his travels.

For accurate factual detail, Greg carried out research and revisited his travel journal and holiday photos.

Greg said he had always enjoyed writing and even attempted to make his scientific notes more interesting but said it was around four years ago that he decided to turn his hand to fictional.

He won second prize in the 2016 Graber-McInnis Short Story Award in Canberra, has written book reviews for the Herald Sun and has had scientific papers published including 'Net energy ratio of photobiological hydrogen production', in the

*International Journal of Hydrogen Energy*. Greg was thrilled to be invited to Lyons, France, to personally present this paper at a conference.

On winning the Tasmanian Writer's Prize, Greg said he was 'pleased to get an award as it signaled a successful transition from scientific research to a fictional writing style.'

Since moving from the ACT to the tranquility of Meander, fictional short story writing has kept the former scientist busy. In addition, he experienced some success with a short play that was performed in Canberra, so he would like to pursue playwriting further.

The Tasmanian Writer's Prize is for stories of up to 3,000 words on an assigned theme and is open to residents of Australia and NZ. The winner receives \$500 and their story will be published in the annual anthology *40° South*, along with other commended stories.

The author's advice to any writers thinking of entering a competition?

Do courses and workshops, read previous winners, find out who the judge is and what style they prefer and get feedback and editing tips.

## Bring out your best!

NOMINATIONS FOR the 2019 Tasmanian Community Achievement Awards are now open.

The Tasmanian Community Achievement Awards began in 2007, and are designed to encourage, acknowledge and reward the valuable contributions individuals, communities, and businesses are making throughout Tasmania.

Every town has inspiring individuals, local businesses supporting the community and community groups that help everyone and everything.

We need to give thanks, and now you can by nominating them into one of the categories listed below.

Category winners will be presented with \$1,000 from Bentleys Accountants, Auditors, Advisors or a Southern Cross Austereo Airtime package and a trophy.

Every nomination receives a certificate of achievement. Nominations close Wednesday 14th August.

To submit a nomination, go online to [www.awardsaustralia.com/tascaa](http://www.awardsaustralia.com/tascaa) and select 'Nominate Now'. Alternatively, call 6234 9677 to pass on details of your nomination and we will take it from there.

For assistance please feel free to call the Awards Office on 6234 9677 or email [caa@awardsaustralia.com](mailto:caa@awardsaustralia.com).

- Prime Super Business Achievement Award
- Prime Super Employer Excellence in Aged Care Award
- Heather & Christopher Chong Outstanding Achiever Award
- MAIB Disability Achievement Award
- Get Moving Tasmania Physical Activity Award
- Fonterra Australia Agriculture Award
- Ricoh Business Centre Hobart Community Group of the Year Award
- Betta Milk 'Make It Betta' Health Achievement Award
- EPA Sustainability Award
- University of Tasmania Teaching Excellence Award

## A quick word about hops

HOPS ARE one of the four main beer ingredients, the others being malt, water and yeast. Without hops, our beer would just taste like sugary lolly water.

As a home brewer, the important thing to consider is what we want from hops with a particular batch. All hops have different alpha and beta acids that determine the flavour profile and IBU (International Bitterness Units).

Online calculators and software make life easier for an all grain brewer to work out hopping rates for a batch and how bitter and flavourful that beer will become when ready to consume.

You can work out which hop flavours you want – fruity, dank, woody, earthy, grassy, spicy, herbal, resinous or floral. Citrus-style hops are popular at the moment in pale ales, etc.

There are three main ways to utilise hops.

- 1 A long boil (60–90 minutes) will give you mainly bitterness.
- 2 A short boil (5–10 minutes) or a hot steep will provide flavour and aroma.
- 3 Dry hopping will mainly provide you with aroma.

All three methods can provide you with what is known as perceived bitterness.

I think it is best to also try and match the hop variety with the particular style of

beer. For example, lagers and pilsners require noble hops. With brewing, there are no set rules, and varieties and styles are changing constantly.

For kit and kilo brewers, adding hops can make a beer completely different and a lot better than the intended style of that particular kit. I recommend taking baby steps, as you don't want the batch to be overly bitter.

You can purchase little bags of 'finishing hops' from a brew store so you can steep them or dry hop them, but this is more expensive. I would recommend getting a 50g bag so that you will have enough for a short steep or boil and a small dry hop charge.

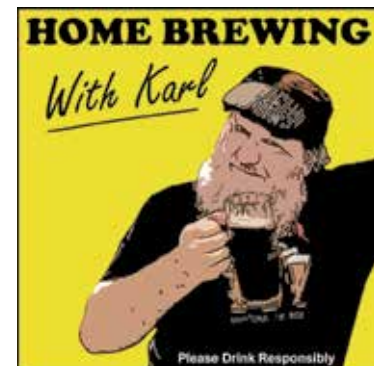
There are two methods of boiling and steeping for a kit.

The first way is to boil up a small amount of light dried malt and chuck the hops in Kamikaze style and boil for a few minutes.

Or just throw them in, take the pot immediately off the boil and let them steep for 20 minutes. Pour the mixture into your fermenter through a strainer.

The second way is much easier, as all you need is a coffee plunger. Put your hops in the device as you would coffee and steep for 20 minutes or so. Plunge and then pour in your fermenter with the rest of the ingredients

For a dry hop, if you haven't got a dedicated hop sock,



you can use a soft mesh cleaning cloth (pulled straight from the packet). Add your dry hop charge to your fermenter, usually after vigorous fermentation has ceased. I like to put mine in around four days before bottling. Any longer and there is a risk of the beer tasting grassy. 1 or 2 grams per litre will be sufficient

### Recipe of the month

It's lager brewing time at the moment and the best kit I've used is Morgan's Mountain Blue.

1kg light dried malt for fermentables  
lager yeast – either Fermentis 34/70 or similar  
12g Saaz hops, steeped for 20 minutes in a coffee plunger

Add all ingredients and ferment between 8–12°C for two weeks. Package and serve as usual. You can also 'lager' the bottles for another 4 weeks at about 5°C. This is not necessary. It will taste just like store-bought lager, only better!

The Liberal Government  
Securing funding for the  
Meander municipality



Upgrading the Meander Falls Walking Trail project



Funding for the Westbury Recreation Ground



Funding for the Meander Valley Mountain Bike Trail

SENATOR  
JONATHON DUNIAM

LIBERAL SENATOR FOR TASMANIA

Ground Floor, 85 Macquarie Street,  
Hobart TAS 7000

03 6231 2444

[senator.duniam@aph.gov.au](mailto:senator.duniam@aph.gov.au)

SenatorDuniam



Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.



# Mulled Wine Jelly, Poached Pears and Minty Yoghurt

By Wai Lin Coultas

TRADITIONALLY DRUNK during winter, mulled wine is especially popular over Christmas in Europe. But with chilly months only mid-year in Australia, this belly-warming drink is wickedly served jelly-cold and heightened by equally nippy poached pears and minty Greek yoghurt delectably lashed with a distinct Tasmanian identity – aromatic leatherwood honey! Perfect for special occasions or second rounds of yuletide joy.

**Ingredients**

- 4 small ripe pears, peeled
- 5–6 sheets gelatin leaves
- 24 tsp Greek yoghurt
- 6 sprigs fresh mint tips
- 6 large fresh mint leaves
- Leatherwood honey

**Mulled wine**

- 2 cups red wine
- 1/2 cup orange juice
- 1 lemon, juiced
- 7 strips of peeled zest
- 1 cup castor sugar
- 2 tbsp apricot jam
- 3 star anise
- 10 cloves
- 1/2 tsp ground cinnamon
- 1/2 tsp ground nutmeg
- 1 tsp ground cardamom
- 1 tsp vanilla essence

**Method**

Place all mulled wine ingredients in a saucepan to boil after sugar has dissolved.

Add pears, return to boil then simmer for 30 mins. Turn pears over and simmer another 30 mins to evenly redden their flesh. Strain wine into a second saucepan.

Core and dice 2 poached pears to evenly add to 6 champagne flutes. Cover and refrigerate remaining 2 pears.

Soak gelatin leaves in cold water for 5 to 7 minutes before squeezing out excess water.

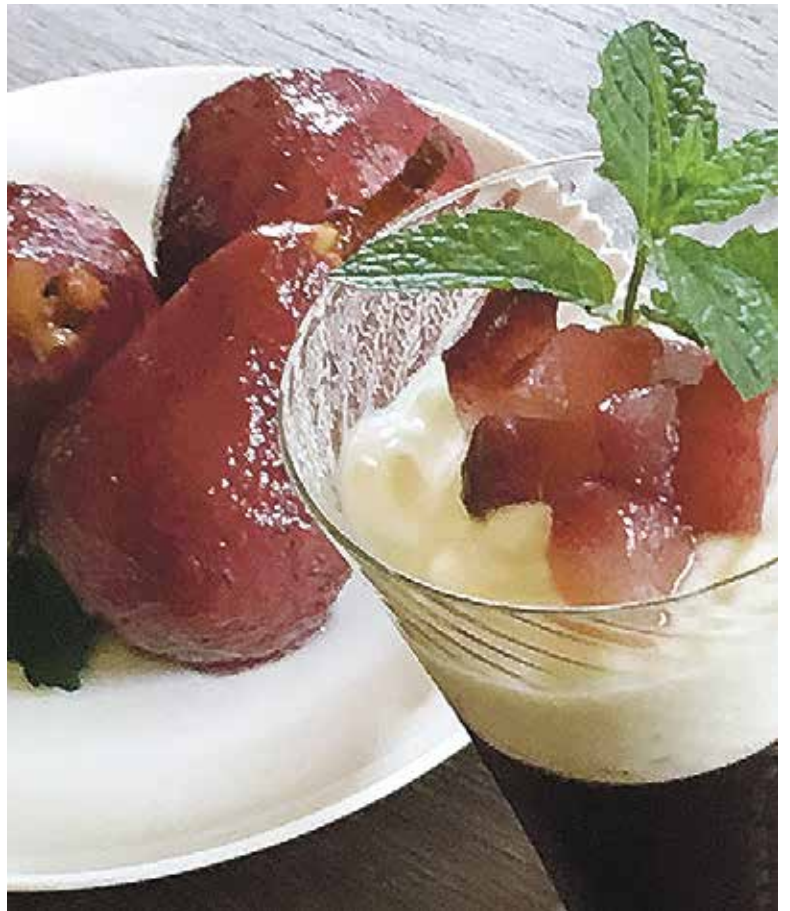
Return mulled wine over gentle flame and stir in squeezed gelatin leaves till completely dissolved.

Pour wine evenly over pears in flutes, cover and refrigerate for 4 hours till jelly sets.

Just before serving, finely chop mint leaves and stir into yoghurt. Core and dice refrigerated pears.

For each flute, spoon 1/6 yoghurt over jelly. Drizzle with honey and then heap 1/6 diced pears over, garnishing with a sprig of mint tip.

Serves 6



Mulled wine, served jelly-cold with nippy poached pears and minty Greek yoghurt. Photo by Wai Lin Coultas



EASTER 2020 will see the return of Stringfest to Deloraine and the Meander Valley.

A celebration of stringed instruments and the music they make; from harps to ukuleles, from baroque to blues, artistic Director Nick Weare has planned a bigger, better and more varied festival than ever before.

Stringfest 2020 will build on the popular instrument-making workshops, featuring Tasmania's finest instrument makers and local timbers.

Nick has already secured some very well-known Tasmanian, interstate and overseas talent for 2020, to provide a world-class experience for locals and to attract visitors from all over Australia and the world to the Meander Valley.

Stringfest is a not-for-profit venture, and such an audacious undertaking requires lots of local backing.

As a matter of urgency, Nick is asking for any help that can be offered, including volunteers to fill a number of administrative roles, to staff the Event Office and sell tickets and merchandise.

If you would like to nominate for any of these positions, or need more information, please email delorainestringfesttasmania@gmail.com or bobm@devilsadvocate.consulting.



**Spiraea**

June is a good time for planting spring flowering shrubs. Spiraeas are a numerous and hardy shrub to 2 metres in height. They are native to America, Europe, and China and Japan.

Although the books say they are drought-tender, the specimen pictured, *Spiraea x bumalda* has never been watered since it began to develop its shrubby shape.

This was grown from a cutting from a very old garden, and is one of the few of the species with rose red flowers.

The Northern hemisphere common name of 'May', is hardly appropriate, but indicates the time of year when it puts forth its great mass of tiny, mostly white blossoms.



The hardy *Spiraea x bumalda*.

**Gladiolus**

If there is a warm, north facing spot in the garden, 'Gladiolus' can be planted now for a good show in September. Barry Humphries, in his guise as Edna Everage, devalued the Gladioli, but the new cultivars with petals of variegated colours and frilled edges should still have a place in the garden. Experts recommend a dusting of fungicide before planting.

**Brassicac**

Cauliflower, brussels sprouts, and cabbage seedlings may be planted in well-manured soil in June. To ensure fast growing, apply a monthly side dressing of nitrogen, or a feed of water soluble fertiliser. Sugar loaf cabbage is great for stir-fries, or, now that salads are an acceptable winter accompaniment for grilled meats, makes great coleslaw.

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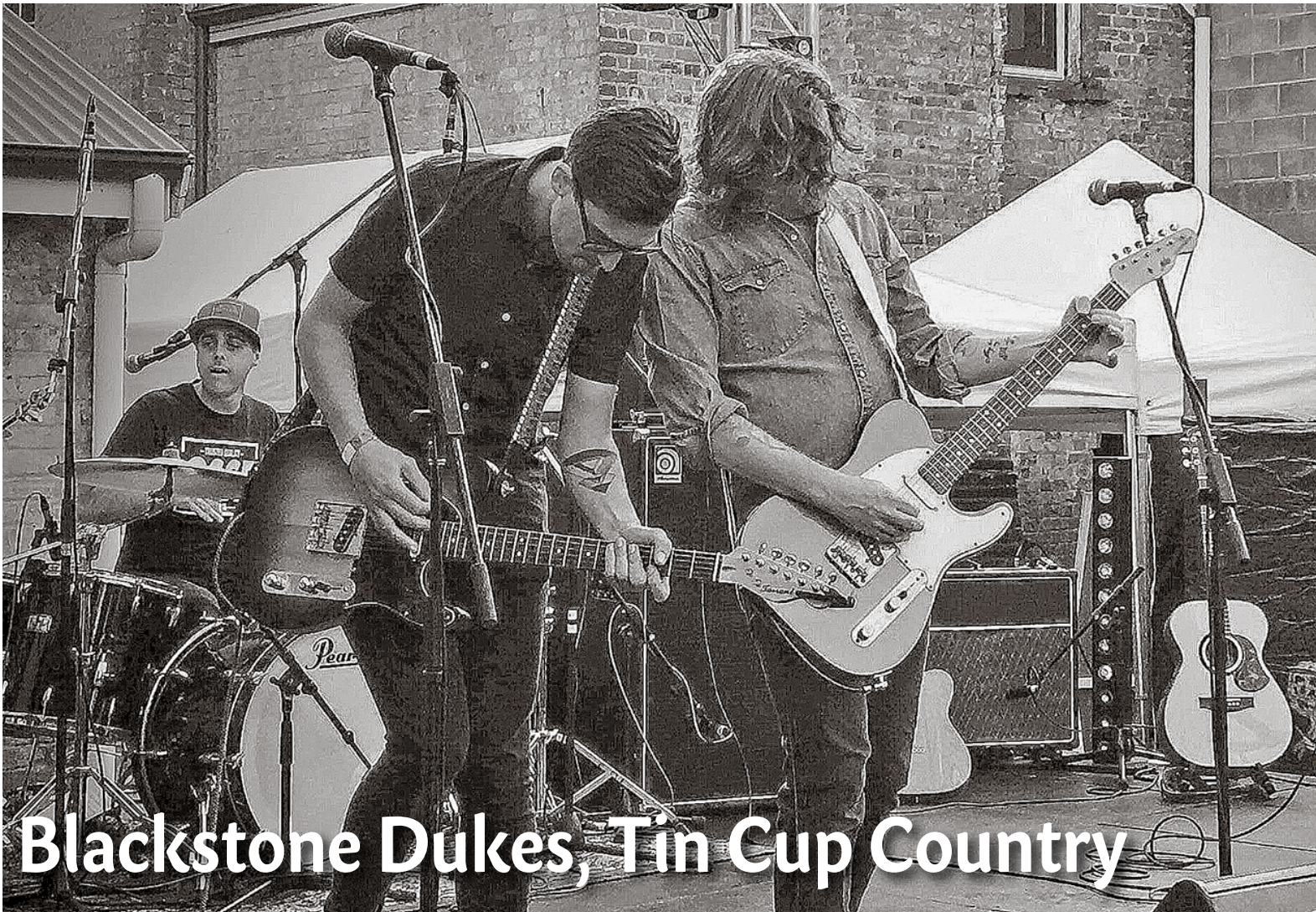
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# Blackstone Dukes, Tin Cup Country

The Blackstone Dukes at the Fresh Hop Beer Festival, Launceston.

Photo supplied



By David Claridge

TIN CUP Country has secured two more of Australia's premier Country singer-songwriters for an acoustic experience in July.

Golden Guitar Winner Andrew Swift and Country Music Stalwart Harmony James will visit Tasmania for two performances, Friday 5th July at the Bridport Hotel and 6th July at the Royal Oak Hotel, Launceston.

Blackstone Dukes band member and Tin Cup Country organiser, Nathan Talbot is pleased with how Tin Cup Country has developed since its inception in 2017.

'This time we have two shows, we have learned that

it's an ideal number to make the most of it while the artists are down here,' Nathan said.

'We've got select artists on our hit list that we wish to bring to Tasmania, but now we are getting others approach us and us if they can be involved.'

The Meander Valley's own Blackstone Dukes will be a support band. The Dukes are currently recording their debut EP, due to be released this year. They have had a pretty busy summer with many gigs.

In a bio supplied by the Dukes they are 'probably the greatest alt-country band to ever come out of Blackstone Heights, they combine the energy of classic electric southern rock with the sweet harmonies and acoustic sounds of America.'

Tickets are \$25.00 each and can be purchased at the venues or on oztix.com.au.

# Loving the laneway

By Hayley Manning

WHAT'S NOT to love about neighbouring businesses who decide a vacant laneway between their buildings would be the perfect setting for a little laneway fringe festival?

Mark and Amanda from the Empire Hotel, and Alfred and Isabel from Seppenfelts collaborated four years ago to form the Little Laneway Fringe Festival to draw Craft Fair visitors into the Deloraine CBD at the end of the day's events.

Festival committee member Lisa Yates, said the Laneway Festival is a great opportuni-

ty to showcase local performance art, and to give bands, artists and performers experience performing on a stage in front of an audience.

'We supported the National Square Dancing Convention and Seppenfelts' 10th birthday in April, and we will have a rich line-up of performers for the up-coming Craft Fair and String Fest,' Lisa said.

'The laneway is sheltered and wide enough to hold our first purpose-built stage, dancers, and audiences. A 'magic hat' is passed around during the free performances and everyone leaves happy and has a good time.'

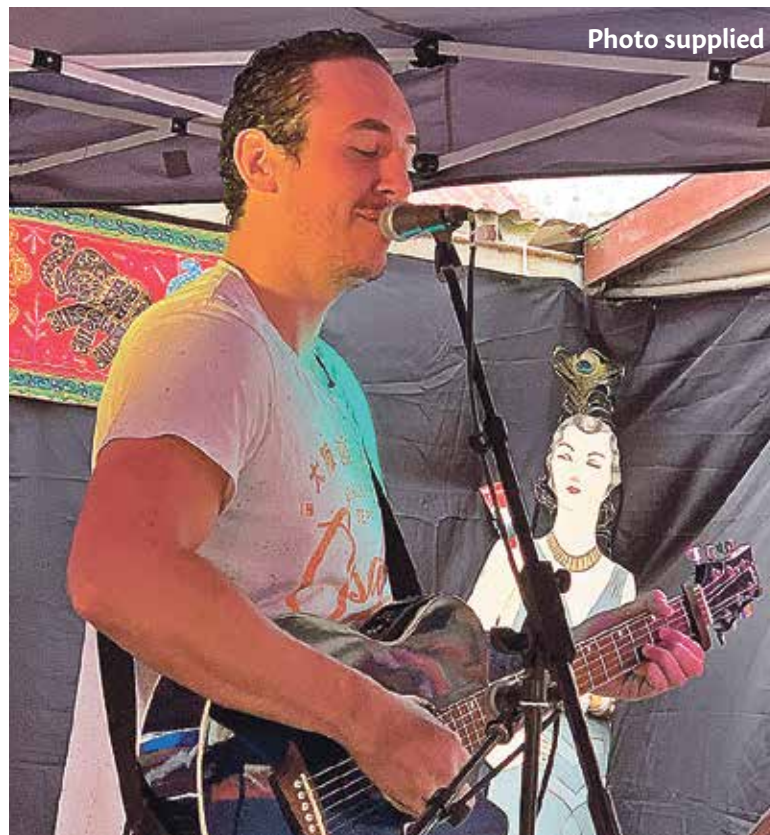


Photo supplied

Sheridan Dagg on stage at the Little Laneway Festival.

# Firing up for Winter



THE ANNUAL WinterFire Festival on Saturday 22nd June will be a night of celebration, entertainment and food.

Starting off at 4.00pm, there will be lots of great spots to grab with friends and family.

The Blazing Fire Drums will be fuelled throughout the night, making sure you're all nice and toasty till the Mega Bon Fire at 7.30pm.

This year, Arts Deloraine has great music from the local Jazz Quartet and the Meander Men. The drumming workshop will be in full beat, and the fantastic belly dancers are bringing a not-to-be-missed fire routine. There will be storytelling, circle dancing and fire sculptures.

Children can join the drumming workshop or the 'Best Dressed Competition' - this year's theme is 'The Human Scarecrow'.

New food vendors are joining past favourites with delicious hot food from Haddo's Hot Dogs, Taco's and Wings, Char Char Char and Coffee Buzz.

Arts Deloraine will warm you up with Ye Olde Mulled Wine, evoking the magic of winter, freshly popped corn and marshmallows for those blazing fire drums!

New this year is the 'WinterFire Photography Competition', with \$500 in cash prizes. Everyone has a camera, so flex your creative spirit and show how the night is seen through your eyes! Finalist entries will be exhibited in Deloraine later in the year.

Email [kate.tuleja@gmail.com](mailto:kate.tuleja@gmail.com) for more information about the competition. Make sure you check out Winterfire on Facebook to keep you up-to-date with events and information.

Presale tickets are available from [www.trybooking.com/BCLEH](http://www.trybooking.com/BCLEH).

All presale ticket holders go into the draw to win a family photo session with Kristy L Photography valued at \$650, so make sure to get in early.

It is the annual event that should not be missed. See you there!

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Authorised by: Guy Barnett, 76 Emu Bay Road, Deloraine Tas 7304



By Wai Lin Coultas

ONCE UPON A Time Collectables opened last July at 49 William Street.

Eve and Ian Robson have collected while living in Sydney and on vacations around Australia. Along with all sorts of rustic items and furniture, their collectables include 1900s English china, Venetian and Victorian glassware, English and Australian pottery.

Be it old irons or even scales, Eve loves rustics as people can buy them to display or use.

When she and Ian collected too much china, pottery and glass to fit in their house, they started selling at Sydney markets as a hobby.

When the markets slowed down for china and glass, they switched to rustics – old luggage, mirrors, ladders.

They have been sourcing for quite a number of customers since opening their shop. 'If we come across it, I will let them know,' Eve added.

After six vacations every two years, Eve and Ian settled in Tasmania eighteen months ago. They always visited Westbury as it was 'quiet and easy going compared to the city ... the people are very helpful, friendly and nice.'



Eve Robson surrounded by a lifetime of collectables.

Photo by Mike Moores

To go with their William Street shop, they bought tables and sideboards from Love Antiques. 'We had the stock to start a shop up. What we did not have were the big pieces of furniture to put things on,' Eve explained.

Tasmanians are becoming regular customers by word of mouth. Even people from

Hobart drive over and tourists visiting by ferry happily load their cars up too.

Reminiscing often prompts purchases, Eve elaborated. 'They see things they have had when they were younger. Or remember one of their parents having them ...'

Half the Robson's sales have been small traditional

furniture: tables; occasional tables; little cabinets for kitchens or bathrooms. Men favour old rustic midget toys, cast iron pieces and tools.

The shop gives Ian the space to strip back, wax and replace parts to let the true worth of collected pieces shine – something he got interested in since Eve started collecting.

With their shop open only from Fridays to Sundays, it has enabled them to slow down, while still having a hobby.

'Tassie is a hidden treasure with everything – the lovely oceans, mountain ranges, rivers, and a little city life in Lonnie and Hobart. We have no plans to go back to the mainland, except visit family.'

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# History matters

MAY IS Heritage Month and the National Trust of Tasmania has celebrated with the theme 'This Place Matters'.

Westbury has been a part of this event, with the Westbury & Districts Historical Society holding an exhibition on Saturday 18th May, entitled 'The History of the Churches of the Westbury District'.

This exhibition, held at the Westbury RSL, included photographs, information and memorabilia from the history of almost fifty churches in the Westbury district, with the earliest items dating back to the mid-1830s.

The Historical Society would like to thank everyone who supported the exhibition and give special thanks to those who contributed photographs and information.

The next step will be to publish the exhibition, so if there is anyone with any further information that could be included, please contact Amanda on 0467 097 791 or email westbury-hist@bigpond.com.au.

## Crossword

- |   |  |
|---|--|
| <p><b>Across</b></p> <ul style="list-style-type: none"> <li>1 Relating to aircraft (4)</li> <li>3 "The Hay Wain" artist (9)</li> <li>10 Moving stairway (9)</li> <li>11 Joanna (5)</li> <li>12 Hopelessness (7)</li> <li>13 Among (7)</li> <li>14 Back of the neck (4)</li> <li>16 Poisonous mushroom (9)</li> <li>20 Custom (9)</li> <li>21 Doing nothing (4)</li> <li>24 Pear-shaped fruit (7)</li> <li>26 Breakfast flatbread (7)</li> <li>28 Dull yellowish brown (5)</li> <li>29 Professional personal car driver (9)</li> <li>30 Observe with festivities (9)</li> <li>31 Irritate (4)</li> </ul> | <p><b>Down</b></p> <ul style="list-style-type: none"> <li>1 Removing faults (8)</li> <li>2 Speed contests (5)</li> <li>4 Farthest from the centre (9)</li> <li>5 Rub vigorously (5)</li> <li>6 Desire for food (8)</li> <li>7 Type of impermanent tenure (9)</li> <li>8 Communion table (5)</li> <li>9 Injury (5)</li> <li>15 Rectory (9)</li> <li>17 Air-freshener (9)</li> <li>18 Put on a pedestal (8)</li> <li>19 Investigate (8)</li> <li>22 Small nails (5)</li> <li>23 Rigid (5)</li> <li>25 Happen (5)</li> <li>27 Wide-awake (5)</li> </ul> |
|---|--|

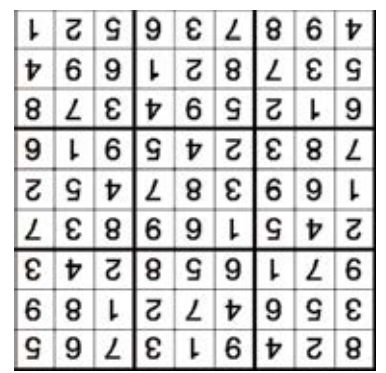
## Sudoku

©2019 Syndicated Puzzles  
**How To Play:** Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 x 3 boxes must contain the numbers 1 to 9. Best of luck!

Crossword - June 2019 Solution



Sudoku - June 2019 Solution



# Events Diary

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Running an event? Then make sure everyone knows about it. Email the details to: [editor@meandervalleygazette.com](mailto:editor@meandervalleygazette.com). Remember to plan in advance so you don't miss out!

Date and time	Event	Details
1st Tuesday each month 1.30pm – 3.30pm	Meander Valley Diabetes Support Group	Community Health Centre 89 Meander Valley Rd, Westbury More info Ph: 0428 576 795 Sheila
1st Wednesday each month from 6.00pm	Mole Creek Photography & Visual Arts Group	Presbyterian Church Hall, Caveside Road, Mole Creek email Karen philipnkaren@bigpond.com
1st Thursday each month exc. Jan. 10.00am	Deloraine Ladies Probus	Rotary Events Centre Alveston Drive, Deloraine Annual Fee \$25.00 Meeting fee \$10.00 Incl. morning tea
Every Monday 10.00am – 10.30am	Story Time for Preschoolers 0–4 yrs	Deloraine Library Ph: 6701 2100 Westbury Library 1.00pm 6393 1439 during school terms
Every Friday 10.30am – 12.00pm	Playgroup for children/parents/carers 0–5 yrs	Deloraine House, 112 Emu Bay Road, Deloraine Ph: 6362 2678. All welcome, No cost.
Every Friday 10.00am – 11.30am	Yoga with Brigitte	Westbury Town Hall Supper Room, Lyall St, Westbury \$15.00 Casual More info Ph: 0414 948 760 (Brigitte)
Every 3rd Monday 12.30pm – 2.30pm	Deloraine Writers Group	Deloraine House, 112 Emu Bay Rd. Deloraine Ph: 63262 2678
Every 3rd Thursday 10.00am	Westbury Ladies Probus	Supper Room, Council Office, 26 Lyall Street, Westbury More info: stevos.bjs@bigpond.com or 6393 7111
Every day June – November	Overload 2019 – 'Blood is Life' Art Exhibition	Deloraine Hospital Gallery, 17 East Barrack St. Sheila Stevenson 0428 576 795
Monday 3rd – 9th June	World Haemochromatosis Week	Deloraine Hospital Gallery, 17 East Barrack St. Sheila Stevenson 0428 576 795
Saturday 8th June 7.30pm sharp	Western Tiers Film Society 'The Party'	Little Theatre, 2 Meander Valley Rd Deloraine MA15+ Drama/Comedy UK 71m More info Ph: 0418 389 868
Tuesday 11th June 10.00am – 10.30am	Baby Play (babies up to 12 months)	Deloraine House, 112 Emu Bay Rd, Deloraine More info: Anne-Marie on 0417 120 671 or Deloraine House 6362 2678
Tuesday 11th June 9.00am – 10.30am	Preserving your Harvest eg. tomatoes & fruit	Trade School, Landsdowne Place, Deloraine Understanding Pressure Canning \$5.00 Ph: 0417 292 622
Thursday 13th June 10.00am – 11.30am	Cancer Council Biggest Morning Tea	Deloraine RSL, Church Street, Deloraine More info Ph Leanne on 0414 558 220
Saturday 15th June 9.30am	Quamby Fly Fishing Club Fly Tying Day	Rotary Pavilion, Alveston Drv. Deloraine BYO food & fly tying equipment RSVP Ph: Eve 0427 695 121
Saturday 15th June 9.00am – 1.00pm	Mole Creek Market	Mole Creek Memorial Hall, cnr Pioneer Drive and Caveside Road, Contact Ross Quick 0413 681 252
Saturday 15th June 8.00am – 1.00pm	Westbury Market	Anglican Hall, 11 Lonsdale Prom. Westbury Hot food, vegetables, plants & much more More info Ph: 0417 931 619
Saturday 15th June 1.00pm – 5.00pm	Deloraine Charity Singers	Deloraine RSL, Church Street, Deloraine \$5.00 Bookings: 6361 2455 Ladies – a plate please
Tuesday 18th June 10.00am – 10.30am	Baby Play (babies up to 12 mths)	Deloraine House, 112 Emu Bay Rd, Deloraine More info: Anne-Marie on 0417 120 671 or Deloraine House 6362 2678
Saturday 22nd June 4.30pm	Winterfire	Deloraine Showgrounds, 14795 Highland Lakes Road, Deloraine Adults \$10.00 U16 Free
Tuesday 25th June 10.00am – 10.30am	Baby Play (babies up to 12 mths)	Deloraine House, 112 Emu Bay Rd, Deloraine More info: Anne-Marie on 0417 120 671 or Deloraine House 6362 2678
Saturday 29th June 7.30pm sharp	Western Tiers Film Society 'I am not a witch'	Little Theatre, 2 Meander Valley Rd Deloraine M Drama France/UK 92m More info Ph: 0418 389 868
Saturday 6th July 9.00am – 1.00pm	Deloraine Showground Market	Deloraine Showgrounds, 14795 Highland Lakes Road, Deloraine info Ph: 03 6369 5321
Saturday 6th July 6.30pm	Adam Page Rock & Roll Show	Parkham Community Hall, Bradys Plain Rd, Parkham Dancing, BBQ spit More info Ph: 0499 554 316 Kaylene
Saturday 13th July 7.30pm sharp	Western Tiers Film Society 'The Guilty'	Little Theatre, 2 Meander Valley Rd, Deloraine M Drama/thriller/crime Denmark 88m More info: 0418 389 868
Saturday 27th July 7.00pm	Deloraine Space Western Ball	Western Tiers Community Club, 33a Parsonage St. Deloraine Tickets \$5.00 - \$30.00 at door. Info: Megan 6302 3372
Saturday 27th July 11.00am – 12.00pm	Let's Dance (Perfect for 2–8 years old for 8 weeks)	Little Theatre, 2 Meander Valley Rd, Deloraine 8 weeks \$199 per child incl Tutu and Fairy Wings Ph: 0413 395 372
Sunday 28th July time to be advised	Anglican Quamby Parish Silent Auction	Westbury RSL, 7 Lonsdale Promenade, Soup & Sandwiches, Further details to come



# Putting on the Fitz!

THE POLITE English on Antiques Roadshow might say 'Goodness!' Our TV shows might say 'Wow!'

On Saturday 25th May, a High Tea at Fitzpatrick's Inn was held for the Anglican Parish of Quamby.

The High Tea was a resounding success due to the great community support which swelled the 'capped' number of eighty to one hundred and three, requiring an extra room.

The generosity of Pam Swain, the owner of Fitzpatrick's Inn, extended not only to the use of the building but also the kitchen, fine crockery, and her own personal involvement.

The tables were set with embroidered cloths and napkins loaned for the day, many with interesting stories. Tiered cake stands were filled with sweets and savouries.

Descriptions of High Teas from around the world were related, tying in to the names allocated to the tables.

# Netballs and highballs



Left to right: Jess Cowan, Shannon Styles, Penny Hooper, Morgan Goninon, Hannah Marshall, Eric Izbicki. Photo by Jaden Watts

Pam gave a fascinating talk on the history of Fitzpatrick's Inn, through her own knowledge of the building and research she has conducted with the view of writing a book. This was backed up with entertaining accounts from descendants of the very Irish Fitzpatrick family.

The success of the day was made possible due to wonder-

ful help from the congregation and community who provided treasured cloths, mountains of food, flowers for the tables, and who worked tirelessly on the day.

The next fundraising event held for the Parish will be a Silent Auction with Soup and Sandwiches on Sunday 28th July at the Westbury RSL. Details to be announced.

THE MEANDER Valley Netball Club recently held a highly successful cocktail party at the Hadspen Memorial Hall.

This year the club is fielding five teams in the Northern Tasmanian Netball Association.

The 'family friendly' club trains at Prospect High School and Hagley Primary School, but due to the large number of players, the club has found it difficult to find adequate training facilities within the Meander Valley municipality.



Left to right: Amy Warren, Beth Taylor, Elisha Williams and Hayley Patten. Photo by Jaden Watts

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The vaccine is available for anyone from 6 months of age. You may need a prescription or else be eligible for a free flu shot.

For more information on the flu vaccine, go to the Australian Government website <https://beta.health.gov.au/health-topics/immunisation/about-immunisation>

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## SPORT

Tasmanian Juniors  
keeping afloat

The team in action against a strong attack from Queensland A during the National Canoe Polo Championships at Penrith.

Photo by Teresa Wilson

By Teresa Wilson

THE TASMANIAN Junior (U16s) Canoe Polo team, including Dominic Grose, 16, of Blackstone Heights, have been commended for their performance and sportsmanship in the recent Australian National Canoe Polo Championships at Penrith, NSW.

Competing for the first time in 20 years, Tasmania was ably represented by U16,

U21 and Masters. Competing against New Zealand, South Australia, Queensland, Victoria and the ACT, the juniors achieved a very commendable fourth place after being beaten by the ACT in a very close and gripping play-off.

Each team consists of five players on the water with one or two reserves. The ball is passed between team members as they try to score a 'goal' defended by the opposing

team. The game is full-contact although within strict rules. Tackling by ramming or pushing your opponent over is permitted, so good kayak skills are essential. Each 'half' is only ten minutes long, but it's an intense and physically demanding game.

The juniors had a baptism of fire with a ferocious first game against NZ. They used this experience to have good wins against Victoria, Queensland U16 girls and Queensland B.

'It's just been an amazing experience,' said Dominic.

'The team have come such a long way over the summer and the Championships have been a great learning experience and an opportunity to compete against some really top class players. The winter season in the pool will never be the same again.'

'So many people have welcomed Tasmania back to the national scene,' said team manager Jenny Purtell. 'It's been friendly on the sidelines, but fierce on the water. We really didn't know what to expect. Players from other states have been so helpful

offering coaching advice and support.'

Players are already back in the winter domestic season, developing and honing their skills, passing on their experience from Penrith.

The property where the teams practiced over summer has been sold and it is uncertain whether they will have access to it next summer. This hasn't stopped Dominic, however. 'I can't wait to do it all again next year,' he says, 'though I expect the competition to make the team might be tougher.'

## The prospect of bright lights

By David Claridge

THE FUTURE of night football in Prospect is looking bright with new oval lights recently installed.

As part of a long process between the Prospect Hawks Football Club, the AFL and Meander Valley Council the club was able to have LED lights installed, the first for grassroots football in Tasmania.

To commemorate this achievement, the Prospect Hawks have hosted a series of night games in April.

Vice President Prospect Hawks Football Club, David McCormack, hopes that the new lights will encourage more night games at Prospect Park.

'This gives us more light and with that more opportunities,' he said.

'The LED lights, are the first array in Tasmania on a field,

better light, less cost, longer life, it's a significant thing.

'Prospect Park is a highly sought-after field with its high-quality surface, it's used by many other teams and even the Northern Tasmanian Umpires are based here for training.

'We are looking to get some Deloraine girls' teams soon. We are providing many opportunities for female footballers also.'

The Prospect Hawks initiated conversation with the AFL about the need to have their ground and lights redeveloped to benefit their 300 players and 11 teams.

The AFL, the State Government, a grant from the Community Infrastructure Fund and Meander Valley Council all contributed to make it happen.

Prospect Park is scheduled to field 120 games this year, many of those at night.



The Tasmanian U16 Squad.

Photo by Teresa Wilson