



AT THE TOP OF THE WORLD

Tasmanian Everest climber shares his stories

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BLACK GOLD IN THE VALLEY

Truffles of Tasmania share their hoard

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125 YEARS AND STILL STANDING!

Deloraine Football Club celebrates

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Meander Valley Gazette

FREE! Every Month

July 2019

Meander Valley Gazette Your independent community paper

Burning down the house!



Smouldering ash ignited a blaze between two houses in Beefeater Street on Friday 14 but Deloraine Fire Brigade was quick to respond.

Photo Mike Moores

LUCKILY IT was Friday the 14th and not the 13th when Bruce McNicol and Lisa Bartholomew received the news that their woodshed caught fire while they were away down south.

Vigilant neighbours and a quick response from the Deloraine Fire Brigade meant that the fire was quickly under control with no one hurt and only some damage to two properties in Beefeater Street.

The next morning, after a brief flare up, investigation into the cause of the fire found that ash from a fire had reignited, despite being left outside in the cold and damp.

Bruce explained that despite always carefully disposing of ash, in this instance the ash had been mistakenly put on top of older, damp boxes of ash.

The ash had started to smoulder, the boxes

caught fire and spread to kindling and other flammable material in the wood shed, then to the fence and the next door property.

Deloraine Fire Brigade had responded immediately, thanks to numerous call-ins by neighbours. Daniel Watson from the brigade noted that the fire truck was already being prepped for a joint training night and the fire was only a short distance away.

Bruce and his partner Lisa Bartholomew were lucky to only lose a woodshed and part of the adjoining fence, although the fire did burn most of the ivy off the brick walls of their house.

The property next door suffered damage to the back corner of the main weatherboard building, with damage and charring extending up to the rafters on their lean-to.

Bruce and Daniel both stressed that careful disposal of ash from fire places, stoves, fire pits or bonfires is of paramount importance on any property.

Even in the middle of a cold and wet winter, ash will retain its heat and can re-ignite if it is in contact with other combustible material.

Ashes can smoulder for days, so should be stored well away from any flammable material.

Placing a metal container with a lid and pouring on water will help to douse any embers.

Cold moist ash can be added to your compost or placed in the garbage if necessary, but be very careful – wheelie bins catch fire!

And if you are planning to go away, check that any ashes are well and truly cold before you go. This might just save your property or your neighbour's lives.

By Jessica Marston,
teacher librarian at
Hagley Farm School

ON 22 May students from across the Meander Valley joined over 1 million children in Australia and New Zealand for National Simultaneous Storytime (NSS), all sharing the same book, *Alpacas with Maracas* by Matt Cosgrove.

This was the 19th year of the NSS, which is an event aimed at promoting the value of reading and literacy, the fun of books, and an Australian author and publisher.

Hagley Farm School took advantage of their own real-life alpacas with children from Kinder to Grade 6 enjoying a live-feed from the alpaca paddock.

Visitors' Centre staff member Mr Tyson introduced the story with help from Maggie, Snowy, Noelle and Blinky Bill. This video can still be seen on the Hagley Visitor Centre Facebook page.

The children then watched the Story Box Library version of the story read by the author Matt Cosgrove and ABC TV identity Jimmy Rees (Jimmy Giggle).

At Bracknell Primary School, Mr Eeles read the story and Mrs Strickland provided the sound effects, while children were able to see the story unfold on the interactive whiteboard.

Mole Creek Primary School had visiting llamas for the day and made lots of alpaca themed crafts. They made their own maracas and even learnt and performed a song about alpacas with maracas!

Deloraine Primary School students were joined by Early Learners from the Toddle Inn Childcare Centre. Mr Samphier filmed Mrs Groenewold reading the story, adding lots



Alpacas with Maracas and kids!

Mole creek Primary School was visited by llamas to help celebrate National Simultaneous Storytime.

Photo supplied

of sound effects as well. As children watched this film in their classrooms they felt as if Mrs Groenewold was actually in the story.

Westbury Primary School Prep/1 and 1/2 classes walked to Westbury Library to take part in their NSS event. Anne-Marie Loader from the Deloraine Library kept them engaged with a lively reading of the book. Afterwards they shared library books together and made an alpaca collage.

Giant Steps students from Prep to Grade 12 watched the key-sign video and read along with the story. As well as following up with some craft activities, the children learned

the key-signs for alpacas and maracas with some help from their speech pathologists.

At Our Lady of Mercy, Kinder to Grade 2 students followed up the story by making their own maracas using rice, disposable spoons and masking tape.

The students then had fun playing songs with their maracas.

For those who didn't get a chance to join in with the fun of this year's NSS event, Westbury Show are planning to feature an alpaca display in November this year, which will likely include another reading of this very engaging book.



Christine Donohue (left) and Sally Donohue (right) having their cake and eating it at the Biggest Morning Tea!

The biggest cuppa of all

By Wendy Laing

DELORAINE'S 2019 Biggest Morning Tea was held this year on 13 June.

The RSL clubrooms were abuzz with the happy sounds of approximately 100 people enjoying a morning tea of home-made sandwiches, cakes, slices and scones with tea or coffee.

Mrs Helen Horton and her husband Don initiated the first Biggest Morning Tea in Deloraine and continued running them for 20 years.

For the past two years, Helen's daughter-in-law Leanne Horton and Leanne's two daughters, Danielle Donovan and Nicole Sherriff, have continued the tradition.

'So many people have helped to make the Biggest Morning Tea a success this year,' Leanne Horton said.

'I would like to thank everyone who worked in the kitchen, supplied plates of food and donated items for the raffle.'

She also thanked the RSL for allowing them to hold the event in their clubrooms and the Information Centre for running off the fliers advertising the event.

Ms Kate Bennett from Westbury was thrilled when told she had won the raffle.

This year the successful Biggest Morning Tea raised the grand total of \$1452 for the Cancer Council.

Burn Brighter this Winter

Is your chimney smoking excessively?

A smoky chimney may mean you are not burning your wood efficiently, wasting money.

Excessive chimney smoke is also an environmental and health issue.

Simple tips to Burn Brighter this Winter:

- Always burn with a flame - don't let your fire smoulder
- After reloading, open the air control and burn your fire on high for 20 minutes, especially before going to bed
- Only burn dry, seasoned wood
- Ensure your flue is clean

Burn Brighter this Winter is a community education project about operating your wood heater more effectively to warm your home, save money, reduce smoke pollution and save lives.

For more information: www.epa.tas.gov.au



Department of Primary Industries,
Parks, Water and Environment



Piping hot and fresh from the garden



From left, Tanya King, David Hudson and Howard Hor sampling soup at the community garden.

Photo by Mike Moores

By Hayley Manning

THE DELORAINE Community Garden has been transformed into a flourishing communal space that would have celebrity garden gurus jumping up and down in their gumboots.

And now in their own 'War on Waste' the garden volunteers are using excess produce to make soup. This happens

every Wednesday and you are more than welcome to join them.

When the *Gazette* visited, volunteers clutched warming mugs of hot pumpkin soup and engaged in conversation, which as Guidance Project Officer, Tanya King, noted 'is really what it's all about'.

Tanya has been coordinating the garden since March

2017, and provides the daily activities on a work board.

She also supervises the Giant Steps students who have been lending a hand for a few hours every Wednesday since February.

'They just love it. They pick and weed,' she said.

'The students also taste the soup first, then go off around the garden to try to find the

ingredients they think have been used to make it.'

Volunteer David Hudson said they follow the 'Plot to Plate' principle of growing produce, picking it and cooking it.

He said it would be great to get more volunteers and community involved in the garden to share ideas, tips, and different gardening styles.

'Everyone has gardening knowledge – pruning, weeding, composting.'

David said future plans for the garden may involve advanced cooking demonstrations.

If you are interested in becoming a garden volunteer please contact Tanya King at communitygarden@delorainehouse.com.au

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Letter from the Editor

WINTER IS here and the flurry of autumn activities seems to be slowing down. Advice from others at the *Gazette* is that not much happens over winter and next year it happens all over again.

But as the weather gets colder, the days seem to get brighter and there still is still a lot going on.

Whether it's celebrating Winterfire, or 125 years of Deloraine Football Club, opening a new business, closing an old one, fund-raising, dressing-up and dancing ... the list goes on.

Living in small communities, it seems as though everyone knows everything that is happening, or at least they know somebody else who knows!

But people in every community move through different circles. Many overlap but just as many do not.

It no longer surprises me when I recognise many familiar faces in a different context at some new event.

Equally, there are some people I hardly ever see, even close neighbours, because our circles of activity seldom intersect.

For example, once your children move on from local schools, your link to school activities can disappear. Likewise, schools lose the connection with past parents who might still be interested in coming along and helping out. Mud day sounds like an awful lot of fun!

And here at the *Gazette*, despite our fearsome reputation for being all-seeing and all-knowing, we can still miss out on quite a lot.

So if you have something you want to share or let the wider community know about, then sometimes, you need to tell us about it!

We'd love to be able to join in and help you publicise fund-raisers or share your milestone celebrations.

The *Gazette* is your newspaper, so remember to make good use of it!

IT WAS with some dismay that I read in the Meander Valley Gazette that our Council thought it a good idea to stifle debate in our community by muzzling Sharon Webb.

It is to Council's subsequent wisdom that any thoughts were quickly disregarded, and public funds are not used to intimidate individual residents of Meander Valley. The issue seems to have been resolved now with the Council denying that they will remove advertising dollars from the newspaper and Sharon Webb and others will continue to publish stories without fear or favour.

The Meander Valley Gazette provides a trustworthy assembly of very upbeat stories about our community. Council can take credit for much of such activity in our towns, and in my opinion, should vigorously assist in generating more events like the Car Show, the Little Laneway Festival, so that Meander Valley is remembered by tourists as an incredibly lively place to sample.

But Council can be brave enough to have its decisions subject to a little bit of scrutiny.

The money being spent is public money. Good journalists have a right to call it as they see it in our country. Council has a right to reply or advance its case in the same newspaper.

In turn, such scrutiny generates healthy debates in communities, and often leads to some great further directions Council can take. Journalists can bring attention to both terrific and questionable decisions, but let's not be frightened of differing viewpoints.

While I've got your attention, here's one idea for Council relating to Deloraine:

Place further barbecues along the Meander River near the Train Park. Countless young families will discover it as a great lunch destination. In the meantime, enhance the play equipment there by at least double. Young families will think of Deloraine and Meander Valley overall as a great place to raise a family, which it is. Such small expenditures and gestures in the public good can swiftly change the demographics of a town, which in turn, aids small businesses.

Richard Dunlop, Deloraine

EST.
2013
*Meander
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(leave a message, it will send an email)

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Email: advertising@meandervalleygazette.com
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Letters to the Editor

THE JOYS of living in a small town ...

Voting day at the Westbury Town Hall. Just as I finished casting my vote, I fainted and down I went to the floor. Within seconds there were three local people around me calling my name and checking on me and calling the ambulance.

When I was able to stand, I was helped into the hall section of the building to give the ambulance people much easier access to me.

They came and duly checked me over but didn't need to take me to hospital so I could go home.

In the meantime, one of the people who assisted me in the first place had arranged with his daughter and son-in-law to drive me, my husband and my push bike home in their ute. He himself then had to take his grandchildren home.

What wonderful care from people in our small town, each and everyone concerned.

Small town living is a great community.

*A very grateful resident,
Helen Perry*

THE ANZ Bank on Deloraine's Emu Bay Road has closed (MVG, June 2019). ANZ General Manager Michael Wake said, 'We are working with customers to ensure we can make this difficult transition as soon as possible.'

Strange? I've been an ANZ customer for more than 53 years and no one from ANZ is 'working with me'.

AR Trounson, Needles

WITH RECENT track upgrades complete, the walk to Meander Falls is all about the journey (MVG, June 2019).

It's always been about the 'journey' as the Falls themselves are nothing to write home about, especially through summer.

With a government grant of \$150,000 fully funding the project, yet only employing three people during construction and Mayor Wayne Johnston saying the improvements might attract tourism dollars, it sounds like the walk is now all about money.

AR Trounson, Needles

THE WILD Wood, past the caravan park in Deloraine, has been renovated, stacking dead wood, pruning blackberry sharp vines, removing weed bushes, trimming lower branches, raking ground smooth. It's long been a modified environment with European introduced species like sycamore.

Rotary have been keeping the river and farm trails clear, with a ride on mower.

It was previously known as the 'Myrtle Hole'. There are now trails inside, spots, sometimes the cathedral effect. That is, smooth ground, clean columns, green vaulted canopy, the stained glass look, coming in from the outside.

Rotary is a charity, so going into the 'Wild Wood', you do so at your own risk. Watch your step, try to follow the trails.

Where there are trees, there's the risk of falling branches, especially in high winds. Don't go into the woods in high winds.

It's a lovely spot. Dog owners, don't let your dogs maul the wallabies and potoroos.

If an 8 year old girl or boy comes across a carcass, they're going to be shocked.

That said, most of the dog owners are responsible and the dogs are not generally aggressive.

*Groundskeeper Willy
volunteer, retiree, hobbyist*



An enormous and ancient crabapple puts on a magnificent display in winter.

Photo supplied

Scaling the heights with Rotary



John Zeckendorf, the first Tasmanian to reach the summit of Mount Everest.

Photo supplied

By Hayley Manning

OPPORTUNITY USUALLY knocks once, so it's time to get off the couch, shake out the winter chills and spend a special evening with the first Tasmanian to reach the summit of Mount Everest.

Entrepreneur, philanthropist, and adventurer, John Zeckendorf will give an informative and entertaining insight into Sherpas and what it takes to climb Mt Everest, the last mountain he completed on the Seven Summits list – the highest mountains in each of the seven continents.

But John says the evening is not just about listening to him. The real emphasis is on audience engagement and asking him questions that highlight the 'human side' of climbing that people don't usually hear about.

Deloraine Rotary Club's Lois Beckwith and the team are pulling out all the stops to transform the Rotary Function Centre. Lois said there

will be long tables for clubs and organisations, group bookings, plus individuals ... all are welcome.

Bar facilities will be available and a Nepali craft trade table. Supper will be provided at food stations featuring an assorted variety of chef-cooked, light curries. Side options will be provided for those who like to spice things up a bit.

All proceeds from the evening will help Rotary build a Youth Training Centre in Kathmandu to educate and empower disadvantaged youth, particularly vulnerable young girls. The young children are told: 'If you don't get a miracle; become one.'

John is an altruistic man and has long-held the belief that people should use their gifts and talents to help others where possible. He has auctioned carabiners (climbing clips), rocks, and bits and pieces from his Mt Everest tour to raise funds for Pathways Tas-

mania, an organisation that helps homeless youth battle addictions.

At a Tasmanian fund-raiser in 2017, \$5000 was bid for a board mounted with a Mercury article and a rock, carabiner, and undies from John's Everest trip.

Local MP Guy Barnett, who gave John three Tasmanian flags and advised him to 'make sure you climb this thing', has been invited to bring a surprise item for the Dutch auction, as have several other MPs.

Everyone is encouraged to bring an item for the auction to help make what promises to be a night with a difference.

Please contact Lois Beckwith for your donations of auction items.

For more information and bookings, contact Lois on 03 6369 5393.

Tickets: \$25 per person
Rotary Function Centre,
Alveston Drive, Deloraine
7pm, 27 July 2019

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Making a home for social justice



From left, Kristina Nicklason, Jai Homer and Krissy Bak, in front of Deloraine House, the hub of generous community service and activity.

Photo by Mike Moores

Deloraine House celebrates 30 years of community service

By Hayley Manning

HURRAH!

Deloraine House Inc. invites you to catch-up with past and present friends at their 30 year anniversary celebration on Saturday 31 August.

But it is more than a celebration – it is also a salute to the trailblazing community members who had the foresight to open a neighbourhood house and the courage to keep it going in the face of adversity.

The House was borne out of a lack of social services in the Deloraine Municipality, according to former Deloraine Councillor, Jan Blakeney, who reported there were people 'doing it tough'.

Minimal government funding was available for upgrading resources in an area that had few opportunities in employment, education and training.

A member of 'Wacky Walkers' during the 1980s, Elaine Baldwin, remembers it wasn't easy to try to start something like a community house in the early days.

'People would say to me, "Oh the hippy house. Going to the hippy house are you?" Anyway, we got the "hippy house" up and running and I think now it is the most important thing in our town.'

Deloraine House was purchased in 1989 for around \$60,000, through generous community donations and low-interest loans.

In the beginning, the community-owned House relied totally on volunteers until some funding for a family support worker was assigned. The first Coordinator, Kaye Williams was appointed in 1992 and funded for just 10 hours a week.

She was followed by Karan Jurs, then Polly Fowler, the longest serving Coordinator to date, with 13 years service. 'Today there are five part time funded positions and numerous wonderful volunteers who we couldn't function without,' Acting Manager Kristina Nicklason said.

'Deloraine House has evolved with the needs of the community. At first it was the base for the local environment group, The Deloraine Environment Centre.

'The other focus was family support. It later added childcare, youth, health services and counselling and has continued according to the input of the people who have accessed it.

'Today, activities are community development orientated – courses, food preserving and distribution, community



Over the years, there has been a lot more going on here than just a new coat of paint and renovations. It's the heart and soul of the place that matters.

Photo supplied

gardens, regular group meetings and visiting services,' said Kristina.

The festivities at the House on Saturday 31 August, from 11am–2pm, will appeal to everyone: music, face painting and PCYC Circus Trailer for the children, informative displays, photos and more.

Deloraine Lions Club will be present, cooking burgers, sausages and making sandwiches. Harvest Helpers are

providing apple juice and pumpkins for soup and apple turnovers from the local glut. House volunteers are making soup, a cake and more.

All food and drink will be free. For catering purposes please RSVP Deloraine House. Phone: 03 6362 2678

A Thirty Years Panel will feature special guests: Julie Roach and Sue Chaston, past staff, house users and volunteers sharing brief snippets

about their roles at the House and their vision for its future.

A commemorative artwork, by local artist Niecy Brown, will be unveiled.

For visitors who have travelled far and locals alike, Deloraine Deli is hosting an informal buffet-style dinner in the evening, 6–9pm. Bookings and prepayment of \$35 per head are essential. Please phone the Deli on 03 6362 2127.

Sandwiches, soup and a silent auction

THE ANGLICAN Church of Quamby Parish is conducting a Silent Auction to raise funds for the continuation of the historic churches in this parish.

A Silent Auction is a fun way for everyone to bid on a range of items.

Each item has a form for you to enter your bids.

There will be a large range of goods including professional photos of local interest, hampers, garden items, bags of compost, linen, toys and books, to mention a few.

Some items will have a below value starting price, but there will be lots of great bargains. EFTPOS facilities will be available and payment is required on the day.

Hot soup and sandwiches can be purchased for just \$10 with drinks at bar prices.

The date is now Saturday 3 August and the venue is Westbury RSL at 7 Lonsdale Promenade.

Bidding will take place between 12 noon and 2pm.

Come along, enjoy some soup and sandwiches, have fun and take home a bargain! Enquiries Rosalie 0427006842.

Bonnie and warm for winter



Bonnie knows how to keep happy and warm on a cold winter's day, snugly wrapped up in a knitted snood. Or is it a scarf? Who cares? The rest of us just want to snuggle up to Bonnie. Photo by Mike Moores

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Chris Carpenter demonstrating his skills on Jess Bartholomew.

Photo by Hayley Manning

In good hands!

By Hayley Manning

A NEW remedial massage and natural therapies centre has just set up shop in the historic London House building on Emu Bay Road in Deloraine.

Acacia Healing's Jess Bartholomew, offers Life/Vitality Coaching and Flower Essence Therapy, while Chris Carpenter provides a variety of massage styles.

A self proclaimed 'climate refugee' from Queensland, Chris visited Deloraine on his first day in Tasmania and met his partner, Jess.

The couple has since settled in the area, set up business and plan to eventually buy their own 'patch of land'.

Reflecting their affinity with plants, the business is named after the Golden Wattle, whose bursts of fluffy yellow blooms herald the arrival of spring.

'The first plant to flower in spring signals new life, new creation – that seems like a really good omen for us,' Chris said.

Chris has always been naturally drawn to massage from a young age.

'When I was a kid, if my parents had guests over to dinner, I would go around the dinner table after we had finished eating, and give them five minute shoulder massages.'

Advised by his family and following his heart, Chris completed Diplomas in Remedial/Relaxation Massage and Shiatsu/Oriental Therapies – a good starting base.

Ten years experience and work on countless bodies, has resulted in Chris developing a unique massage style using a combination of all disciplines.

'I am very flexible in my treatments. I can do anything from soft, gentle and relaxing, all the way to doing work on a toughened body builder who needs a lot of pressure,' he said.

'I am intuitive when it comes to reading bodies and the underlying cause of pain and discomfort, and then working on that, whether that be a crick in the neck, a bit of sciatica or lower back pain. If you come in with a specific problem, we will work on that to provide long-term pain relief.'

'I really love it. Changing people's lives by healing them. It is really satisfying to me when someone comes in with pain and walks out feeling fantastic. What I want to do is fix people up, so they don't need massage anymore, and basically work myself out of a job!'

For information and appointments, phone Chris on 0459 322 171, or visit www.acaciahealingtherapies.com.



A dog day out on the Village Green!

NEW OCTOBER event, Paws on the Green is a fund raising day organised by Westbury Health Inc., with proceeds going to Let's Read, the Smith Family early literacy program.

Pet-related organisations, food vendors, and anyone else who would be interested in joining them on the day are asked to get in touch.

The day will host dog races, dog jumping and other contests, training demonstrations and novelty events such as a grand parade with prizes.

There will be food, music and entertainment with free entry (donation collection) throughout the day.

St Andrews on the Green will host the Blessing of the Animals and Westbury Market on the same day.

Contact Paws at pawsonthegreen19@gmail.com or find us on Facebook at Paws on the Green, Westbury.

Donate to change a life

DONATELIFE WEEK 2019 from (28 July–4 August) is Australia's national awareness week to promote organ and tissue donation and get more people signed up as donors.

This year, registered donors are urged to find a 'plus one' to sign up.

If every registered donor did this, the number of people on the donation register could be increased dramatically.

In 2018, 1782 lives were transformed by 238 living and 554 deceased organ donors and their families.

The number of annual donors has more than doubled over the last decade.

There is still a lot more that can be done to increase donation rates so that more people can receive life-changing transplants.

Only one in three Australians have joined the Aus-

tralian Organ Donor Register (AODR).

There are more than 1400 Australians currently on the waiting list for a transplant, and a further 11,000 people on dialysis.

Every registration counts, so letting your family know you want to be a donor is important.

Nine out of ten families agree to donation when their loved one is on the register.

Consent is given in seven out of ten cases when the family is aware of the donor's wishes, but this drops to five out of ten when the family does not know.

Support DonateLife Week 2019 by registering as an organ and tissue donor at donatelife.gov.au or get a friend or family member to sign up.

Grab a mate and double the rate!

The Liberal Government Securing funding for the Meander municipality



- ✓ Upgrading the Meander Falls Walking Trail project
- ✓ Funding for the Westbury Recreation Ground
- ✓ Funding for the Meander Valley Mountain Bike Trail

SENATOR JONATHON DUNIAM

LIBERAL SENATOR FOR TASMANIA

Ground Floor, 85 Macquarie Street,
Hobart TAS 7000

03 6231 2444

senator.duniam@aph.gov.au

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Authorised by Senator Jonathon Duniam, Liberal Party of Australia, Ground Floor, 85 Macquarie Street, Hobart TAS 7000.

Heart and soul in Hong's unique crafts



Hong Ma, at the Deloraine Community shed, with one of her newest creations, a small wooden box inset with translucent green resin.

Photo by Mike Moores

By Lorraine Clarke

THE 2019 Tasmanian Craft Fair will honour the craftsmanship of Deloraine Community Shed artisan Hong Ma this year.

After reviewing examples of the woodwork articles that she creates with great flair, skill and love for our local timbers, it was determined that her work is of such a

high standard that it deserves to be shared with the many thousands of visitors who visit the Fair.

Hong is delighted to have been chosen as the 2019 Emerging Artist, and to be invited to present her work in a central venue from November 1st to 4th this year.

The Tasmanian Craft Fair website quotes Hong's passionate feelings about her art:

'I love the natural beauty of wood. I feel sad to waste even one piece of it. I often use what other people consider as firewood. Many times, projects of mine have started by saving a piece of wood. Sometimes I have to wait a while for the timber to talk to me.'

'In my mind, wood is not the only beautiful part of the tree. Seeds, leaves and

flowers can also be very pretty. So, in my work I like to experiment to display them together.'

'The using of resin has become very important to me for combining all these elements together.'

'Often, I will use colour pencils, woodturning shavings, food ingredients, or whatever else I may find to enrich my work.'

'I don't like repetitions, so I always think to do something different, something unique. Every year I try to use different techniques or elements to come up with something different to what I've made before.'

'I love woodwork. It allows me to express my spirit.'

<http://tascraftfair.com.au/news/articles/2019-emerging-artist>



Walk on the wild side

The Rotary Club of Deloraine's Wild Wood, tamed for walkers.

Photo supplied

WITH THE Meander River alongside, the small patch of woodland known as Wild Wood is a quiet and pleasant place to walk and contemplate the natural scenery.

The Wild Wood is owned and looked after by Deloraine Rotary. Tidied up, with mown trails and undergrowth cleared, the Wild Wood is waiting for walkers.

Home to native fauna, yet just a few short steps from the streets of Deloraine, at the southern end of the Caravan Park, you will see that somebody has been busy.

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Meander Valley Council



Above: Mayor Wayne Johnston congratulates OAM recipient Kim Brundle-Lawrence at Council's Community Forum.

Contributions and congratulations on the agenda at Carrick Community Forum

Council's Community Forum was recently held in Carrick with a number of Councillors and Council Officers in attendance.

"Council's forums are a great opportunity to directly engage with local communities to discuss issues and achievements," Mayor Wayne Johnston said.

The Carrick community contributed to a productive meeting discussing roads, footpaths, cyclists and the growing number of new residents.

Mayor Wayne Johnston took the opportunity to congratulate Kim Brundle-Lawrence on receiving an Order of Australia Medal in the Queen's Birthday Honours.

Kim was Awarded Meander Valley Council's Citizen of the Year in 2015 and has generously served the community through a number of organisations including the Carrick Fire Brigade, Council's Community Safety Group and Carrick Neighbourhood Watch.

"Kim demonstrates a selflessness that benefits the entire community and this is something we should all aspire to. On behalf of Meander Valley Council and its communities, I congratulate you on this magnificent achievement," Mayor Wayne Johnston said.

Council holds quarterly forums in different townships to share information and to discuss matters with residents. The next forum will take place in Westbury in September.



Community Cars at your service

If you require transport, Community Cars operate from Deloraine and Westbury. Cars are available for travel at anytime.

Bookings are taken between 9am - 5pm Monday to Friday

Deloraine Community Car 0427 504 546
Westbury Community Car 6393 5300 or 6393 2717

Council adopts 2019-2020 Budget

Meander Valley Council adopted the 2019-20 Budget at its June meeting, approving an increase in the General Rate of 2.5 percent. The increase keeps pace with inflation and supports the costs of service delivery over Council's ten year financial plan.

In determining this year's budget Council considered a number of external pressures, including the additional cost of providing new infrastructure to the community.

"We have been very conscious to keep rate rises low, despite a number of external factors. We have maintained capacity for capital works projects and service delivery and it is expected that Meander Valley will continue to have

the lowest General Rate in Northern Tasmania," Mayor Wayne Johnston said.

In order for Council to meet the costs of waste facilities and waste management, a small increase in the fixed service charge from \$52 to \$56 has been adopted.

"With regard to waste, all properties pay the same fixed service charge. This funds the operations at our tips and other costs associated with the management of municipal waste. The costs of waste management are a challenge for all Councils, but despite this, the additional charge for kerbside bin collection will remain unchanged," Mayor Wayne Johnston said.

The total rates and charges income in 2019-20 equates

to \$12.966 million and goes some way to funding Council's total operating expenditure of \$20.131 million.

The budget provides funding for a number of infrastructure projects that will be delivered to the community in the next twelve months.

This includes improvements to the road, bridge and storm water networks, completion of the Westbury Recreation Ground clubroom upgrade and a new roundabout to assist traffic flow along Westbury Road in Prospect Vale.

In addition to the operating expenditure, the budget includes capital works program funding totalling \$11.978 million.

New property values set to apply to rates from 1 July

General Rates fund a range of Council services such as maintenance and construction of roads and bridges, recreation and community facilities, animal control, planning and building services.

Rates are calculated on each property's Assessed Annual Value, which is determined by the State Government's Office of the Valuer-General.

New valuations occur every six years. This year, new property values will apply to rates from 1 July 2019.

An increase in a property's Assessed Annual Value does not necessarily mean an increase in rate revenue to the Council.

Whether a property's rates increase, decrease or stay the same is determined by comparing one property's Assessed Annual Value with another.

Property owners will receive a Notice of Valuation advising of any change to their property value from the State Government's Office of the Valuer-General.

Additional information will be enclosed including instructions about how to lodge an objection with the Office of the Valuer-General if you do not agree with the revaluation. Objections can be lodged up until 29 August 2019.

Rates must still be paid by the due date whether you lodge an objection or not.

If your objection results in a reduction, Council will issue you a refund.

Residential rates estimate based on average Assessed Annual Value (AAV) for a range of localities:

Locality	Capital Value	AAV	Average General Rate	State Government Fire Levy	Waste (Fixed Service Charge plus Kerbside Bin (80L) Collection Charge if applicable)	Total
Blackstone Heights	\$468,869	\$19,023	\$1,081	\$279	\$184	\$1,544
Bracknell	\$288,840	\$12,379	\$703	\$41	\$56	\$928
Carrick	\$375,734	\$15,486	\$880	\$58	\$184	\$1,122
Deloraine	\$293,143	\$12,902	\$733	\$48	\$184	\$965
Hadspen	\$311,215	\$13,514	\$768	\$50	\$184	\$1,002
Hagley	\$318,476	\$13,651	\$776	\$51	\$184	\$1,011
Meander	\$301,514	\$12,609	\$716	\$42	\$56	\$815
Mole Creek	\$258,854	\$11,252	\$639	\$41	\$56	\$736
Prospect Vale	\$332,747	\$14,191	\$806	\$208	\$184	\$1,199
Westbury	\$331,320	\$14,229	\$808	\$53	\$184	\$1,046

Detailed copies of the 2019-2020 budget can be found on Council's website. Visit www.meander.tas.gov.au

Meander Valley Council



Above: Blackstone Park is one of three locations that will benefit from upgrade works

Playgrounds set to cater for broader age ranges as work on upgrades commence

Blackstone Heights

Blackstone Park will benefit from the provision of a half basketball court, a soccer goal, new swings, including an inclusive swing and a flying fox.

"The improvements at Blackstone Park are designed to cater for a broader age range and complement it's foreshore location and barbecue area," Mayor Wayne Johnston said.

The Blackstone Heights Community News Association was involved in the design of the project which was driven by community feedback.

The work, which was funded in part by the State Liberal Government's election commitment, is expected to be completed by mid July.

Prospect Vale

Additional equipment catering for younger children will be installed at the Bordin Street Reserve playground in Prospect Vale.

The improvements, which incorporate a new slide, align with community initiatives to provide equipment for young children and toddlers.

"Playgrounds help to keep our community active and engaged and it's important that they offer a range of experiences.

These upgrades will improve usage and build on the new equipment installed last year," Mayor Wayne Johnston said.

Work on-site commenced in June and is expected to be completed late July.

Hadspen

The Coronea Court Reserve playground in Hadspen will be undergoing renewal with the installation of equipment designed to challenge and improve fitness.

"Local residents were asked to provide their feedback on a number of options.

Equipment that caters for a broad age range and provides opportunities for challenge appealed most," Mayor Wayne Johnston said.

The new equipment encourages the development of gross motor skills and has a fitness focus with monkey bars and a climbing cube.

Work is underway and is expected to be completed late July.

Register by the end of July and get a discount!

If your dog is over six months of age then it is required by law to be registered. The registration fee for a desexed dog in Meander Valley is \$22 per year.

If you pay on or before 31 July 2019, the registration fee for a desexed dog is just \$14.

Apart from being the law, registration allows Council to quickly identify lost pets.



If you have not yet registered your dog or need to renew your dog's registration, visit www.meander.tas.gov.au or contact Council on 6393 5300.

THURSDAY 11 JULY - PUMP TRACK AT RAILTON

Do you ride a BMX, Mountain Bike, Scooter or Skateboard? Come to Railton to ride the new Pump Track. Only 10 places available. Bring your own wheels! 9:30am to 4:00pm. Transport provided - \$10 per person



MEANDER VALLEY SCHOOL HOLIDAY PROGRAM
JULY 2019
Grade 6-12

FRIDAY 19 JULY - CHRISTMAS IN JULY

Would you like to treat your family to a special meal and learn some valuable work skills in the process? Help host the meal! Caterers, entertainers, decorators & photographers all needed throughout the day. Meal: 5:30pm for a 6:00 start. \$10 Single \$5 Concession \$25 Family. Certificates will be presented.

For more information please contact Vicki Jordan on 0400 155 690



Weeds to watch in Meander Valley

Weeds compete with other plants and animals, affect farm management and can cause illnesses in livestock.

By being aware of the types of invasive weeds, the methods of control and following good hygiene, we can stop them spreading:

- Ensure garden mulch and soil brought onto your property are clean and from a reputable source.
- Prevent contamination and the spread of weed seeds by regularly cleaning your lawn mower and garden tools.

- Follow correct spraying protocols and read all instructions.

- If you are sourcing fodder, feed and grain, know what weeds are growing in the area and request a weed declaration form.

- Isolate new livestock in a separate paddock to allow time for "emptying out" of weed seeds.

- Clean machinery and any equipment that arrives on your property and clean in between production areas in order to minimise contamination.

St Johns Wort

Autumn and winter germinating plant. Masses of bright yellow flowers appear in summer.



Paterson's Curse

Seedlings appear in autumn. Purple/blue trumpet shaped flowers appear in spring.



Serrated Tussock

This tussock forming grass has rough, serrated leaves and flowers in spring.



If you are unsure of the type of weeds in your area phone DIPIWE Invasive Species Branch on 6165 3777 or visit www.dpipwe.tas.gov.au/invasive-species



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Working Together

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Photo supplied

From left, Secretary Rijke McGough, Studio Manager / Vice President John Kenzie and Treasurer Tim Biggs picking a lucky winner out of the hat in the fortnightly Members' draw at the radio station.

Hats off to MVFM 96.9

MEANDER VALLEY community radio station MVFM 96.9 is looking forward to another great year, thanking members and sponsors for their ongoing support that has enabled the station to keep broadcasting and serving the community, promoting local organisations, events and businesses.

This past year has introduced a new committee, a renovated studio, additional equipment, different programs and music content, plus more members and sponsors.

The fortnightly Members' Draw is now well-established, with three different members enjoying their prizes as their

names come out of the hat each fortnight – the chance to win a \$25 voucher from Wholesome House, coffee and cake for two at Mummabuzz Café, or a free gym pass for two at Body and Soul Wellness Studio.

The second offer commences on 1 August – discounts at local shops and businesses on presentation of a current 2019/20 member card.

Membership renewals are due on 1 July 2019, or July 2020 if you have recently signed up, and cost \$30 (\$20 concession) a year.

Listeners are invited to offer feedback on the past year's

efforts, and/or to become involved as program presenters themselves. Everybody at MVFM 96.9 is a volunteer and would love to welcome new members to their ranks.

Membership forms are available from the station at 59-61 Emu Bay Road, Bendigo Bank, Wholesome House, Mummabuzz Café and Body & Soul Wellness Studio.

Completed forms and remittances can be left at the Bendigo Bank for collection.

A 2019/20 Member Card not only comes with great rewards, but helps to provide another year of exciting community radio as well.

Local author looks north

SET IN the Northern Territory during the early 1960s, there is a good mix of the funny, everyday and tragic in Wendy Laing's novel *Memoirs of an Arresting Woman*.

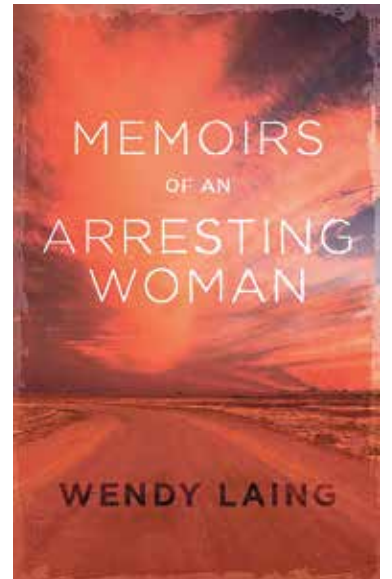
Arriving at police headquarters in Darwin, Constable Laurie McKenzie learns she is the only female officer in the Northern Territory Police Force.

Transferred to the outback town of Rabbit Creek, she has to deal with murderers, a paedophile, domestic violence and crocodile poachers as she strives to earn the respect of the townspeople and her male colleagues.

Although there is a continuing thread throughout the novel, the scenes break down into enjoyable short stories.

The town and its surroundings almost become another character, they are so well described.

This novel would appeal to readers of other fictionalised memoirs such as those by Gerald Durrell and James Herriot.



Sally Odgers, editor, manuscript assessor and author, describes *Memoirs of an Arresting Woman* as a thoroughly good reading experience.

Deloraine author Wendy Laing is Secretary of the Society of Women Writers Tasmania, writes for the Meander Valley Gazette and runs the Deloraine Writers Group.

Memoirs of an Arresting Woman is published by IndieMosh and is available through their website, or as an eBook on Amazon and Smashwords. You can contact Wendy Laing on 0499 993 850 to purchase a signed copy.

Saturday night games

NOTHING TO do on Saturday night?

Every Saturday night, the Deloraine Online Access Centre is open at scheduled times, when computer games can be played for a donation of \$2.

From 4-6pm is for those under 15 and from 6-9pm is for those over 15.

Games vary between the age brackets and availability.

Over-15s have access to titles such as Call of Duty and under 15s have access to Warcraft 3, The Frozen Throne and the mods included.

Games night is looking to expand but that will be dependent on continuing public interest.

Grab those guns and light sabers!

THE DELORAINE Winter Masque Ball is back again, continuing the tradition of local balls and dances that were centrally important to small communities, providing meeting places for neighbours, family, new friends and new love.

Waltzes, foxtrots and folk dances brought dancers together in mutual respect, allowed young folk to get to know each other, kept older folk active, and forged a strong sense of community in regional towns.

The new millennium brings a blending of old and new.

This year's theme is 'Space Western' so break out the spacesuits, ball gowns and bling and dance the night away!

Learn with us, to waltz and 'Strip the Willow' to live local band 'KentankRus'.

Win a prize for best supper dish or best mask. Be chosen Belle or Beau of the Ball.

The ball will be at the Western Tiers Community Club from 7pm, Saturday 27 July.

For more information or to volunteer to help on the night, call Megan on 6302 3372.

Address: Western Tiers Community Club, 33A Parsonage St, Deloraine.

Website: www.facebook.com/delorainewinterball.

CJ Kilbride and Ken Bradford, both of Deloraine, showing off their martial skills in anticipation of this year's Space Western showdown.

Photo by Mike Moores





Lamb Osso Bucco delivers wintry comfort food with lamb shoulder chops – Oz's abundant alternative to 'bones with holes'!
Photo by Wai Lin Coultas

Lamb Osso Bucco

By Wai Lin Coultas

A LOMBARD specialty, osso bucco traditionally braises veal shanks with white wine, broth, cinnamon and bay leaves, while modern recipes include tomatoes, celery, carrots and onions. Marrying the broth's essence with a French love for flavouring casseroles with a bouquet garni, this recipe delivers wintry comfort food with lamb shoulder chops – Oz's abundant alternative to 'bones with holes'!

Slow cooked deliciousness – without gremolata but still perfect for rainy leisure weekends.

Ingredients

- 4 lamb shoulder chops (700g total)
- 2-4 tbsp plain flour
- 6 tbsp plus 2 tbsp extra virgin olive oil
- 2 brown onions, peeled and quartered
- 2 carrots, sliced
- 2 sticks celery, sliced
- 4 cloves garlic, peeled and sliced

- 1 cup white wine
- 1 cup seasoned beef stock
- 1 x 400g can diced tomatoes
- 180g streaky bacon, thinly sliced
- 12 pitted Kalamata olives, thinly sliced
- 1 cup frozen peas
- 300g Nicola potatoes, cut to 1.5 cm sticks
- 2g fresh thyme
- 3g fresh oregano
- 1 head lettuce heart, halved and outer leaves spread apart
- iodised salt
- cracked black pepper

Bouquet garni

- 4g fresh oregano
- 6g fresh thyme
- 10 cloves
- 4 bay leaves
- 1 sprig fresh dill
- 1 sprig fresh flat leaf parsley

Instructions

Coat lamb chops with flour seasoned with pepper and salt.

Brown chops in a casserole pot, with 6 tbsp oil heated over a high flame. Set aside.

In same pot, occasionally stir bacon until browned and crispy. Add carrots, onions, celery and garlic and stir until softened. Set aside.

Add wine to pot, cover and bring to boil. Scrape caramelised bits off the bottom.

Add tomatoes, stock, olives and bouquet garni, cover and bring to boil.

Return lamb, bacon and vegetables to the pot.

Bring to boil then simmer, covered, for 4 hours or until lamb is very tender and gravy has thickened.

Meanwhile, pre-heat oven to 220°C and roast potatoes for 40-45 minutes in 2 tbsp oil seasoned with salt, pepper and thyme.

When ready to serve, cover lamb with foil to keep warm. Stir peas into piping hot gravy before seasoning with salt and pepper and removing bouquet garni.

Serve lamb and gravy with roast potatoes and lettuce heart, garnished with fresh oregano.

Serves 2



ROCK ROSES (*Helianthemum*) such as the one pictured in the Deloraine Commonwealth Bank garden in October, are both frost and drought resistant.

From Europe and North America, they are a valuable addition to a raised bed or rock garden, where they should have full sun.

They can be dug up and divided now while they are dormant.

The blue-flowered plant behind is a Scabious (*Scabiosa caucasica*), which enjoys similar conditions to the *Helianthemum*, except that in this

position the foliage has developed a persistent mould – perhaps because there is insufficient air circulation.

In the food garden

Raspberry canes can be lifted and divided now, to just three or four canes. Cut them back, trim the roots and replant in well manured rows.

Rhubarb should be lifted every few years, before it gets large and clumpy.

Chop off a lot of the woody yellow root material and replant in a bed which has been enriched with well rotted cow manure.



Rock roses and Scabious in the Commonwealth Bank garden on Emu Bay Road. Photo supplied

Westbury computer connections

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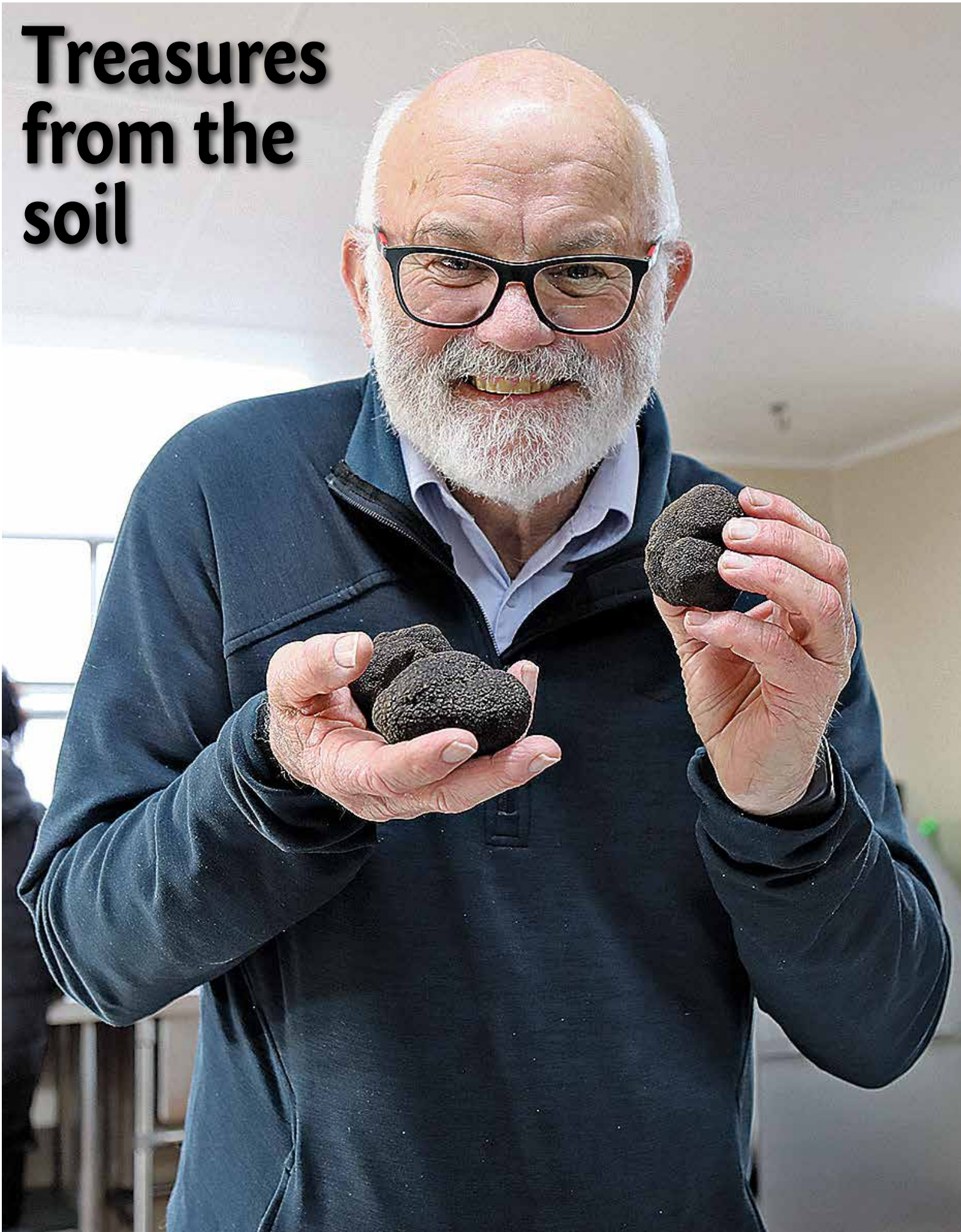
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Treasures from the soil



Len Mackenzie and his 'black gold' – truffles harvested at Needles in the Meander Valley.

Photo by Mike Moores

By Wai Lin Coultas

TRUFFLES OF Tasmania at Needles is Australia's second largest truffle farm with 22,000 oak trees spread over 50 hectares.

Winter truffle season runs from late May until mid to late August, when fresh truffles are available. Year-round, the shop offers aromatic snap-frozen truffles, freeze dried granules, truffle powder, and their very own truffle peppercorn salt.

Culinary inspiration is found in *The Truffle Cookbook* by Rodney Dunn of The Agrarian Kitchen in New Norfolk, who includes the truffles on his menu.

There is an on-site tasting room and a shop that stocks everything from Italian-made stainless steel truffle slicers, clothing emblazoned with Truffles of Tasmania's logo and truffle puppy soft toys.

Len Mackenzie, the farm's owner, says 'If you have come for a tour of the farm, we can take you out, meet the dogs and watch them work, and find a couple of truffles in the ground.' During summer, demonstrations are organized by hiding harvested truffles or other objects for the dogs to sniff out.

Larger groups that book truffle hunts and tours in advance get a big food platter of seasonal local produce including truffle cheeses, venison, 41° South salmon, honeys and fresh raspberries.

There has been a constant flow of visitors to the farm, locals and overseas.

Launceston TAFE cooking school have brought students to the farm to learn about truffle growing and their culinary uses. 'We offer this as a *pro bono* to experience, learn and taste what some students would be financially challenged to achieve in their own right now,' added Len.

Tasting sessions and farm tours can be booked by calling 0400 067 093. You can drop by to shop or to pick up an order placed on trufflesoftasmania.com.au.

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Authorised by Mark Shelton MP, 10A Marlborough Street, LONGFORD 7301

Steady development in the Meander Valley

By Wai Lin Coultas

EVER WONDERED how building and development is getting on in the valley? Some research into Meander Valley Council building approvals from 2017 to April this year, shows there is a steady rate of approved building works.

As of April, MVC issued a total of 71 building approvals, comprising 37 building permits and 34 notifiable building works, of which 17 were for urban and 54 for regional development.

This compares favourably with the first four months of 2017 and 2018 – a total of

64 and 78 building approvals issued respectively.

In total, there were 244 building approvals in 2017 and 235 in 2018, so similar numbers could be anticipated this year.

Building permits so far this year were valued at \$10,315,018. Most were for new dwellings, units, additions and alterations to existing dwellings. Only four were for commercial buildings.

Of the 132 building permits issued in 2018, 49 were for urban and 83 for regional works, valued at \$46,945,782 in total. The permits were for 52 new dwellings, 21 units,

23 additions and alterations, 3 farm buildings, 3 offices/factories, 12 commercial buildings and 17 outbuildings.

For 2017, a total of 145 building permits were issued, for 53 urban and 92 regional works, valued at \$30,297,701. This was for 44 new dwellings, 30 units, 23 additions and alterations, 3 farm buildings, 6 commercial buildings and 30 outbuildings.

Of course, building development is only one element of local prosperity, but by this standard, it would seem that the Meander Valley is on the right track.



Mary Gill, of Westbury Lions, with a pallet of Lions' bagged sheep poo, outside Westbury Rural. Photo supplied

Lions roaring ahead

THE LIONS Club of Westbury is celebrating its twenty five year anniversary and still going strong, according to President Chris Viney.

Over the years Westbury Lions have been involved in numerous community projects, including renovating the clock at Holy Trinity Church in Westbury, Westbury Skate Park, the gates of St Mary's Church at Hagley, the Westbury Showground gates and barbecue areas at both Carrick and Bracknell.

'This year, our total contribution to the community has been over \$15,000. That's a pretty good effort for a club of our size,' said Mr Viney.

Ongoing projects include collecting used spectacles for recycling in under-developed countries and collecting used stamps to raise money for the Lions Child Mobility Fund.

Lions also sponsor the UTAS Adrian Geard Memorial Nursing Scholarship, assisting a local person to pursue tertiary study and a career in a field vital to the community

Manning the Agfest gates and assisting at the Mountain Cattlemen's annual get together are other regular fund-raising activities.

Selling sheep 'poo' is another money making venture for Westbury Lions. Working bees are held to bag the poo,

which is sold at Westbury Rural Services, with all proceeds going directly to Lions.

'We really appreciate the ongoing support of Westbury Rural Services,' said Mr Viney.

Membership has ebbed and flowed over the years but Mr Viney said there was always room for more. Of the original members, six are still active, twenty five years later.

The club is keen to attract more members, regardless of age or gender, and is a great way to serve the community.

'We really need to get younger men and women on board so that the good work of Lions can continue,' said Mr Viney.

Prospective members can get more information about Lions from Club Secretary Paul Kilroy on 0414 891 793.

Kicking AFL goals in Tasmania

THE INQUIRY into the establishment of AFL in Tasmania is currently underway, and an extension of time has been granted.

Those interested in taking part have until close of business on Thursday 25 July 2019.

The terms of reference for the inquiry include the likely benefits to the Tasmanian economy and community by having a Tasmanian team in the AFL.

For further information, contact the Hon. Ivan Dean

MLC, Inquiry Chair, on 0417 364 375.

In the meantime, the Meander Valley community can keep the flags flying for local NTFA teams Deloraine, Meander Valley Suns and Bracknell.

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Chocolate poetry

THE CHOCOLATE Poetry competition is free to enter and open to all permanent residents of Tasmania.

Entries open on Sunday 7 July and close at midnight on Sunday 4 August 2019. There is no age restriction.

The names of the ten short-listed poets will be announced at the Launceston heat of the Australian Poetry Slam on Tuesday, 6 August 2019.

The short-listed poets will be invited to read their poems and receive their certificates at the Latrobe heat of the Poetry Slam on Sunday 11 August, from 1pm.

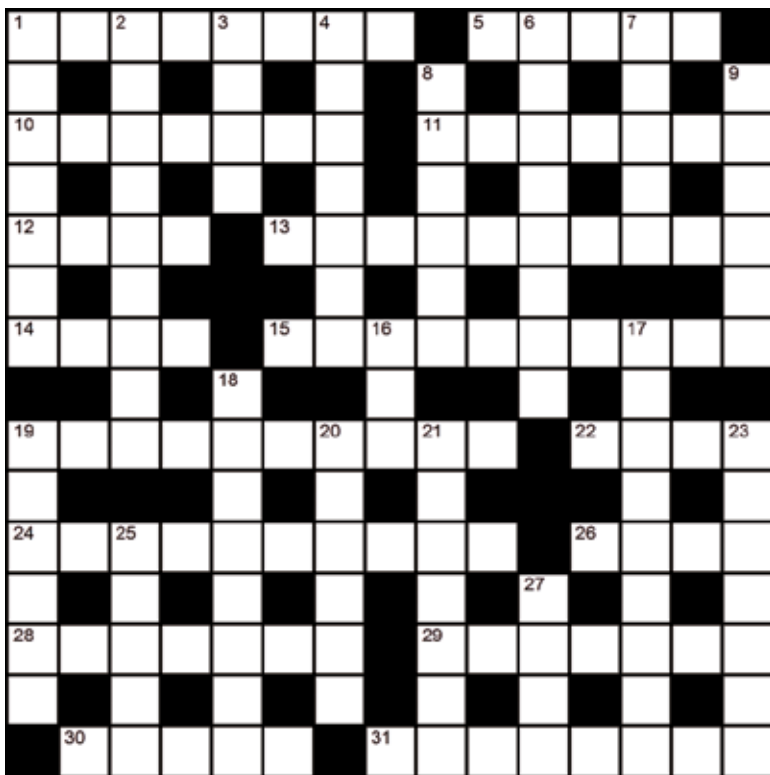
The winner will be chosen from the ten finalists and will be announced at Chocolate Winterfest during the Latrobe heat of the Australian Poetry Slam.

The winner will receive a certificate, a silver cup and a hamper of chocolate goodies.

Young poets must put their age on their entry to be eligible to win the 'Young Poet' awards as all the finalists will receive certificates and chocolate prizes.

For further information, including rules, contact Yvonne Gluyas on 0413 321 834, or email Tasmanianpoetryslam@gmail.com.

Crossword



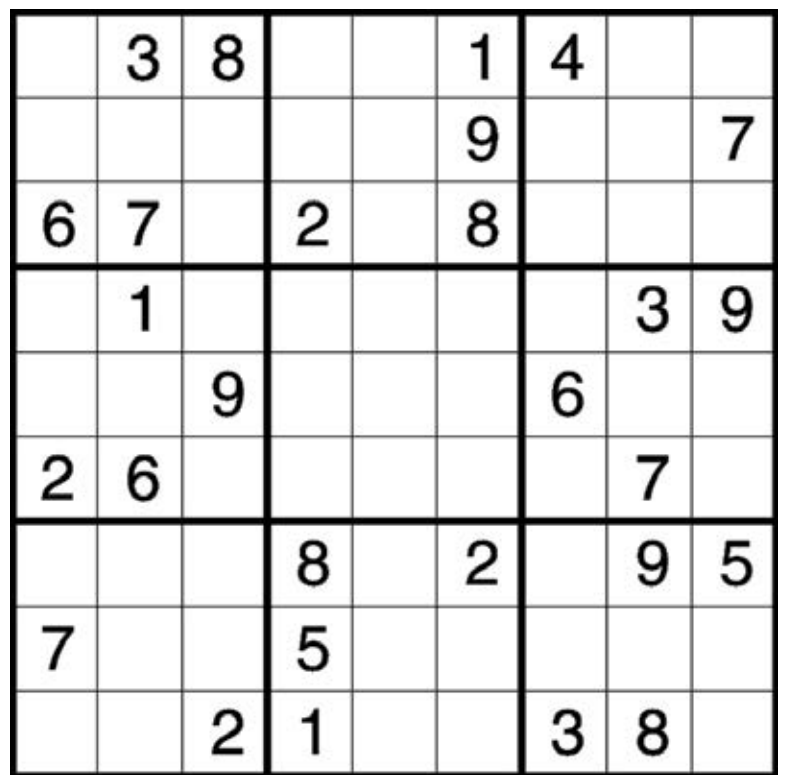
Across

- 1 No-show (8)
- 5 Ring fighter (5)
- 10 Seed providing milk and meat (7)
- 11 Anthropoid (3-4)
- 12 Performs (4)
- 13 Limited (10)
- 14 Island in central Hawaii (4)
- 15 Area of South London (10)
- 19 Senior mail official (10)
- 22 Passport endorsement (4)
- 24 Large city (10)
- 26 Fruit a.k.a the Chinese gooseberry (4)
- 28 Hearing distance (7)
- 29 Employ excessively (7)
- 30 Stench (5)
- 31 Signal to arise (8)

Down

- 1 Praise vociferously (7)
- 2 Pruning shears (9)
- 3 Not one (4)
- 4 Radical (7)
- 6 Biddable (8)
- 7 Survive (5)
- 8 Chicken of very small size (6)
- 9 Lethal (6)
- 16 Furrow (3)
- 17 Religious (9)
- 18 Flatten out (8)
- 19 Treat with excessive indulgence (6)
- 20 Grunts (6)
- 21 Incident (7)
- 23 City in central Texas (7)
- 25 Fortune-telling cards (5)
- 27 Lake or pond (4)

Sudoku



©2019 Syndicated Puzzles

How To Play: Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 x 3 boxes must contain the numbers 1 to 9. Best of luck!

Crossword - July 2019 Solution



Sudoku - July 2019 Solution



Events Diary

Planning an event? Then make sure everyone knows about it. Email the details to editor@meandervalleygazette.com. Remember to plan in advance so you don't miss out!

Date and time	Event	Details
Every day June–November	Overload 2019 – <i>Blood is Life</i> Art Exhibition	Deloraine Hospital Gallery, 17 East Barrack St Sheila Stevenson Ph 0428 576 795
Every Mon, Tues & Wed 9am–4pm	Deloraine Community Shed	Alveston Drv, Deloraine For men & women to enjoy woodworking Fully equipped workshop Ph 6362 4522
Every Tuesday 10.30am–2pm	Emergency Financial Help	Deloraine House, 112 Emu Bay Rd, Deloraine Ph 6362 2678 to book appointment
Every Tuesday & Saturday	Computer Games	Deloraine Online Access Centre From 4–6pm, ages 8–15 rated G From 6pm, ages 16+ Ph 6362 3537
Every Wednesday 9am	Laughter Yoga	Deloraine House, 112 Emu Bay Rd, Deloraine Free event All ages welcome Ph 0477 772 739
Every Wednesday in winter 10am	Community Garden	Deloraine Community Garden, Pultney St, Deloraine Soup for volunteers while you work – bring bowl or mug
Every Wednesday 1.30pm–3pm	Memoir Writing Group	Deloraine House, 112 Emu Bay Rd, Deloraine Ph 6362 2678 Bookings essential
Every Wednesday 6pm–7.30pm	Yoga with Kristina	Deloraine Day Centre, Lansdowne Place, Deloraine \$15 Casual More info 0497 025 308 (Kristina)
Every Thursday 9am & 10am	Tai Chi & Qigong	Western Tiers Community Club, Parsonage St, Deloraine \$12 suitable all ages To book 0409 477 828 (Judy Harker)
Every Friday 10am–11.30am	Yoga with Brigitte	Westbury Town Hall Supper Room, Lyall St, Westbury \$15 Casual More info 0414 948 760 (Brigitte)
9 and 23 July, 10am–3pm	Deloraine Spinners Group	Deloraine House, 112 Emu Bay Rd, Deloraine New spinners welcome Ineka 63973640
1st Thursday of each month	Tiers Tryers – Deloraine (run by Carers Tasmania)	A support group for anyone caring for another person Gerald Richards 6368 1188 or Julie 1800 242 636
Saturday 6 July 9am–1pm	Deloraine Showground Market	Deloraine Showgrounds, 14795 Highland Lakes Rd, Deloraine Info 03 6369 5321
Saturday 6 July 6.30pm NEW TIME	Mole Creek Movies – <i>First Man</i>	Mole Creek Memorial Hall, Caveside Rd \$5, \$20 Family M rated BYO chair & munchies Ken 0419 242 285
Saturday 6 July 6.30pm	Adam Page Rock & Roll Show	Parkham Community Hall, Bradys Plain Rd, Parkham Dancing, BBQ spit More info Kaylene 0499 554 316
Sunday 7 July 11am	Deloraine Dramatic Society working bee	Little Theatre, 2 Meander Valley Rd, Deloraine painting, furnishing etc Kaylene 0433 249 760 if you can help
Wednesday 10 July 11am–1pm	NAIDOC Celebration	Deloraine Cenotaph & Riverbank
Saturday 13 July 7.30pm sharp	Western Tiers Film Society – <i>The Guilty</i>	Little Theatre, 2 Meander Valley Rd, Deloraine M Drama/thriller/crime Denmark 88m More info 0418 389 868
Saturday 20 July 9am–1pm	Mole Creek Market	Mole Creek Memorial Hall, cnr Pioneer Drv & Caveside Rd Contact Ross Quick 0413 681 252
Saturday 20 July 8am–1pm	Westbury Market	Anglican Hall, 11 Lonsdale Prom, Westbury Hot food, vegetables, plants & much more More info 0417 931 619
Saturday 27 July 7pm	Deloraine Space Western Ball	Western Tiers Community Club, 33a Parsonage St, Deloraine Tickets \$5–\$30 no eftpos More info 6302 3372
Saturday 27 July 11am–12pm	Let's Dance (perfect for 2–8 years old)	Little Theatre, 2 Meander Valley Rd, Deloraine 8 weeks \$199 per child incl tutu and fairy wings Ph 0413 395 372
Saturday 3rd August 12noon	Anglican Parish – Silent Auction/soup & sandwiches	Westbury RSL, 7 Lonsdale Prom Soup & Sandwiches \$10 Bidding 12–2pm Rosalie 0427006842
Saturday 3rd August 9am–1pm	Deloraine Showground Market	Deloraine Showgrounds, 14795 Highland Lakes Rd Deloraine More info 03 6369 5321
Saturday 10 August 9am–2pm	Community Market Day & Car Boot Sale	Parkham Community Hall, Bradys Plain Rd, Parkham More info & stall bookings Kaylene 0499 554 316
Saturday 10 August 7.30pm sharp	Western Tiers Film Society – <i>C'est la Vie</i>	Little Theatre, 2 Meander Valley Rd, Deloraine M Drama/Comedy/Romance, France 115m More info 0418 389 868
Saturday 17 August 9am–1pm	Mole Creek Market	Mole Creek Memorial Hall, cnr Pioneer Drv and Caveside Rd Contact Ross Quick 0413 681 252
Saturday 17 August 8am–1pm	Westbury Market	Anglican Hall, 11 Lonsdale Prom, Westbury Hot food, vegetables, plants & much more More info 0417 931 619



Winterfire precautions!

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Photo by Mike Moores

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It is important to get the influenza vaccine each year to be protected, because immunity decreases over time and flu strains also change.

The best time for a flu shot is early autumn before the flu season (June to September) starts.

The vaccine is available for anyone from 6 months of age. You may need a prescription or else be eligible for a free flu shot.

For more information on the flu vaccine, go to the Australian Government website <https://beta.health.gov.au/health-topics/immunisation/about-immunisation>

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Kim Brundle-Lawrence of Carrick Photo by Mike Moores

A life of giving to others

By David Claridge

HELPING THE community is something that has come naturally for Carrick lady Kim Brundle-Lawrence.

Ever since learning first aid from the Red Cross in grade 4 at school, Kim started on a path of volunteering which has resulted in 54 years with the Red Cross, 45 years with the Tasmanian Bands League (the majority of that time with the City of Launceston RSL Band) and nearly 30 years with the Tasmania Fire Service to name a few.

Kim is also President of Lifelink Samaritans.

Her roles have ranged from door knocking for the Red Cross March Appeal to helping with disaster relief in Tasmania and on the mainland.

In the Queen's Birthday Honours, Kim was recognised for her many years of services to the community with the Order of Australia Medal.

'People ask me how I prioritise ... I ask myself who needs me more. Once I took my Red Cross bag in the back of a fire truck due to a town potentially being evacuated,' she said.

'It's getting out there and helping people. I don't have many ties at home now, so it keeps me busy.'

'While the award is really nice for me and I'm stoked about it, I see it as recognition of not only me doing work but for all volunteers doing work. It's an acknowledgement to all of us.'

'I wouldn't be able to do this without the support from the families I have across the various groups.'

Kim was awarded Honorary Life Member of the Red Cross in December 2018, which sits with the many other accolades she has collected over the years.

Kim Brundle-Lawrence has received the Order of Australia Medal in the Queen's Birthday Honours for her many years of services to the community.

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Meander Valley Gazette

SPORT

One week at a time



FRIENDS, FAMILIES, supporters and past players gathered together on Saturday 22 June, to celebrate Deloraine Football Club's 125 years in the game.

The Senior Kangaroos team battled Bracknell, wearing replicas of their 1979 football jumpers.

The jumpers pay tribute to the last time that the Deloraine seniors claimed the premiership with an unexpected victory over Perth, in the Esk Football Association Grand Final.

Now part of the Northern Tasmanian Football Association, members of the 1979 winning side gathered in Deloraine for the club's 40th and 125th anniversaries.

Despite the loss on the day, the Senior Kangaroos remain hopeful about winning their next grand final before too long.

In the meantime they continue to hold their place in the community as a strong team with a proud tradition.

Playing in his 312th game, Kangaroo's Captain Brad Crowden looks on as Bracknell and Deloraine players reach for the ball.

Photo by Mike Moores

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Wearing the modern jumpers, the Roos Reserves struggle for the ball.

Photo by Mike Moores